

Anyone who receives a prophet in the name of a prophet shall receive a prophet's reward.

Matthew 10:41

Dear friends in Christ,

Since our church issued a call to Pastor John Golv to come and be our senior pastor, we have been anxiously waiting for his arrival. Well, the waiting is over now and this coming Sunday he will be here with his wife Cathy to begin his ministry among us. So let us come and give them a big welcome.

It is very common to be anxious when one moves into a new community wondering how they will be accepted. I can imagine Pastor John Golv and Cathy having such a feeling. But they don't need to worry about that. Zion has been very good in welcoming their pastors and families and making them feel at home.

We sure are very fortunate to have Pastor Golv as our new senior pastor. He has served many congregations at many places with integrity and faithfulness. He comes to us with many talents and gifts to share and what a blessing that is for us.

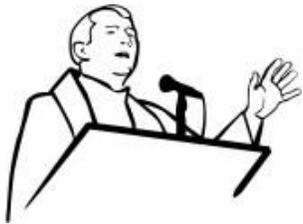
Pastor John Golv, welcome to Zion! We are very happy to have you and your wife Cathy with us, and we are ready to follow your leadership and work with you for the Lord. May God bless your ministry among us for now and for years to come.

Amen.

Your associate pastor,

Ale Tulu

Welcome, Pastor Golv



Pastor John Golv's first Sunday at Zion will be October 3. His installation will be held Sunday, November 7, at the 8:30 and 10:30 services. Pastor Laurie Natwick from the NW Minnesota Synod office will be the guest speaker.

A congregational potluck dinner will be held after the second service. We invite all members to come and welcome Pastor John and his wife, Cathy. To help the Golv's learn our names, we are asking that each Sunday in October everyone wear a nametag; tags will be available at the table in the narthex.





Zion Lutheran Church Parish Planning Council Minutes September 21, 2010

The meeting was called to order by President Connie Hamre at 7:00 P.M. Attending: Pastor John Wollenzien, Ginny Armstrong, Sarah Harper, Kristi Rood, Deb Holtan, Amber Holtan, Deb Howe, Tim Numedahl, Bonnie Yost, Penny Nelson, Chris Ueland, Connie Hamre and Karen Thygeson.

Devotions were led by Ginny Armstrong.

Secretary's Report: Bonnie Yost moved to accept the minutes of the August 17th meeting; seconded and carried.

Treasurer's Report: Ginny gave the treasurer's report. Kristi Rood moved to put the Mission Investment Fund money back in for an additional year; seconded and carried. After review and discussion of the budget, it was filed for audit.

Silver Creek: Penny Nelson reminded us of their Fall dinner at the Eagles in Thief River Falls on October 17th.

Worship Board: Kristi Rood stated they are still two board members short. Zion is now back to two services on Sunday mornings; being 8:30 A.M. and 10:30 A.M.

Fellowship Board: Bonnie Yost reported we will host a training session for stewardship on October 10th.

Properties Board: Lyle Paulson stated two new mikes are in use in the front of the church. After discussion for the need and the bids of, Ginny Armstrong moved to purchase four new couches from Popplers Furniture for the lounge; seconded and carried. The sound system will be discussed at the next Parish Meeting.

Lay Ministry/Evangelism Board: Deb Holtan reported the next Prayer Vigil will be held on October 30th. Discussion on giving a perpetual calendar to couples that are married at Zion. Helpers are needed to administer home communion.



Christian Education/Youth Board: Amber Holtan reported on Rally Sunday. Great attendance and participation. Sunday school teacher positions are filled. December 12th will be the Sunday School Christmas Program.

Youth Director: Sarah Harper stated she is pleased with the response in attendance at the youth activities they have had and looks forward to even more joining them as the year progresses. They have already served their first Flapjacks for Faith and encourages people to attend to support the youth activities. Confirmation classes have begun with 21 8th graders and 15 9th graders. She reminded us that they have calendars for sale. The local churches are sponsoring a Junior High dance after the Homecoming game. This event will be held at the Franklin Middle School.

Public Relations Board: Deb Howe discussed the web-site will be updated and kept current. The committee is looking at different options for making a new church directory. Zion's last directory was created in 2006.

Call Committee Board: Chris Ueland reports that a public announcement will be put in local newspaper to welcome our new Pastor upon his arrival. Pastor Golv will be installed at both services on November 7th followed by a potluck dinner after the second service. Members will be using name tags beginning at the October 3rd service to help our new Pastor get acquainted with us.

President Hamre thanked Pastor John Wollenzien for the time he spent with us at Zion; he in return stated he had enjoyed working with us.

Ginny Armstrong moved to adjourn the meeting at 8:00 P.M.

Meeting closed with the Lord's Prayer. The next Parish Council Meeting will be October 19th with Chris Ueland giving devotions.

Respectfully submitted: Karen Thygeson, Secretary

Home Communion



If you are not able to attend Sunday worship services and would like home communion, please contact Jim Dalager - 681-8850
Lay Ministry Board



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## Guess the Number

We had a "Guess the Number of Pieces of Candy in the Jar" for our game at the Public Relations Board table for the Rally Sunday Carnival today. There were 87 pieces of candy in the jar. Pastor Ale had the closest guess with 86. He will win the jar of candy as well as a \$5 gift certificate to Dairy Queen.

**Congratulations, Pastor Ale**

# Thank You

August 25, 2010

Dear Members of Zion:

First, I would like to express how happy I was to learn that we have a new senior pastor coming to our church. I pray that he will be well received and enjoy serving at Zion.

Secondly, I would like to thank Pastor Ale for mentoring me this past year and also all of you in the congregation for allowing me the opportunity to gain experience by assisting with worship. Thank you also to the foundation, along with the congregation, for the financial support with my seminary tuition. It is greatly appreciated.

Finally, I would like to say that my summer Greek class went very well. I have already made some great friends at Luther Seminary and am looking forward to beginning my studies this fall. Some of you have expressed an interest in writing to me when I am at seminary. If you would like to write me, my address is:

John Mickelson  
Luther Seminary  
PO Box 416  
2481 Como Ave.  
St. Paul, MN 55108  
Or email me at: [jmickelson001@luthersem.edu](mailto:jmickelson001@luthersem.edu)

Thanks again for your support as I begin seminary, and God bless you.

In Christ,

John Mickelson



## **President's Corner:**

**Connie Hamre**

*"The Lord is my shepherd."*

Giving our lives up to the Lord, is not always simple. He gave us free will, so that we could choose. And yet temptations are many and magnetic. In prayer, do we tell God what to do, or do we leave our needs and troubles for him to solve? And to solve in his way, and in his time. I find myself, impatient to make things better, and yet I know that the trial of the problem, makes us strong and full of grace.

There continues to be a need for more people on our boards. At the present we are 6 short of the people to fill those boards. Are you able to help one evening a month, to give to our church, and all the things that we do here? There are some terrific people, on these boards, and I hope you get the chance to work with them, as I have been blessed in the opportunity.

Soon we will start with the pledge process for our church, and it's coming budget, for the new year. As one of the boards that need members, we ask for your help with getting this going. It is a big project, and any assistance would be appreciated!!

We are starting to look at putting a new church directory together. With all the changes in our church and its people, I am looking forward to seeing it. It is truly a good and beautiful reference for our congregation. There are several companies that are available, and we are planning to have one lined up, to have pictures taken, in the Spring.

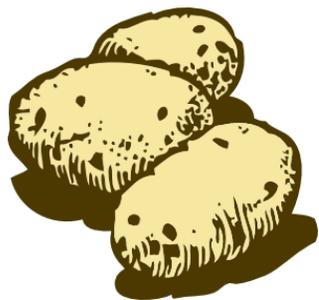
The property board has taken up the project of spiffing up the Lounge. They are looking at the furniture now, and will be checking on light fixtures and carpet. This room is a fantastic gathering room, and a facelift will most certainly make it more comfortable.

As you know, Pastor John Golv, will be moving here on October 1, and will be having his first sermon with us on October 3. The plan is to have his installation, in our church on November 7. The installation will be conducted, at both services, with a member from the synod conducting the installation. The plan is have a congregation potluck after the second service. So please do come and say "hi" to our new Senior pastor and his wife, Cathy.

Courage in Christ,  
Connie Hamre President

## Cook's Corner

### Make Ahead **Mashed** Potatoes



#### **INGREDIENTS**

5 lbs potatoes, pared and quartered (9 large)  
2 (3 oz) pkg. cream cheese- low fat  
1 c dairy sour cream -low fat  
2 tsp onion salt  
1 tsp salt  
1/2 tsp pepper  
2 TBS butter or margarine

#### **DIRECTIONS**

Cook potatoes in boiling salted water until tender. Drain well. Mash until smooth with potato masher. Add other ingredients. Beat with a whisk or potato masher until smooth and fluffy. Place in refrigerator container. Cool and cover.

To Serve, place desired amount of potatoes in greased casserole. Dot with butter and bake in 350 degree oven 30 minutes or until heated through. Note: you can heat the potatoes in your crock pot instead of the oven! Makes 8 cups.



## From the Desk of the Parish Nurse

Sandy Knutson

Minnesota Departments of Health and Education collaborate to reach out to pregnant women and new mothers.

### Text4baby

Across the country, pregnant women and new moms are signing up for free text messages from **text4baby** - a new free mobile information service providing timely health information to pregnant women and new moms from pregnancy through a baby's first year. The Minnesota Departments of Health and Education have announced they are outreach partners for text4baby and are actively promoting this free service throughout the state. Women sign up for the service by texting BABY to 511411 (or BEBE for Spanish) and receive three free text messages each week timed to their due date or baby's date of birth.

The messages focus on a variety of evidence-based best practices in topics critical to maternal and child health, including birth defects prevention, immunization, nutrition, seasonal flu, mental health, oral health and safe sleep. Text4baby messages also connect women to early prenatal and infant care services and other resources that promote healthy birth outcomes.

The content of the text messages was reviewed and tested by the National Healthy Mothers Healthy Babies Coalition in collaboration with the U.S. Department of Health and Human Services (HHS), the Centers for Disease Control and Prevention (CDC), the National Institute of Child Health and Human Development (NICHD), the Health Resources and Services Administration (HRSA) and physicians and nurses. "We need to provide new and innovative ways for pregnant women to access information about their health and their baby's development," said Minnesota Commissioner of Health Dr. Sanne Magnan. "Text4baby is an excellent opportunity to reach pregnant women and new moms in Minnesota searching for trustworthy information."



### History of Halloween ---- (Christian Perspective)

Many of the customs we now associate with Halloween are derived from ancient celebrations.

For example, the current custom of going door-to-door to collect treats actually started in Ireland hundreds of years ago.

Groups of farmers would go door-to-door collecting food and materials for a village feast and bonfire. Those who gave were promised prosperity; those who did not received threats of bad luck. When an influx of Irish Catholic immigrants came to the United States in the 1800s, the custom of trick-or-treating came with them.

Does your family carve a pumpkin to place on your porch for Halloween? If so, then you can once again thank the Irish for the tradition. Actually, the custom began with a turnip. People would hollow out the turnips and place lighted candles inside to scare off the evil spirits. When the Irish came to America, they discovered the pumpkin as a larger substitute for the turnip. And so, we now carve pumpkins instead of turnips for Halloween.