

SECOND SUNDAY AFTER PENTECOST

June 7, 2015

Announcements

WELCOME VISITORS! Zion's Lay Ministry/Evangelism Board says a special welcome to you this morning and may you be fed spiritually during this time of worship.

OUR THANKS to those assisting at worship this morning:

Greeters: Della Burstad, Jeanne Williams 8:30

Ushers: Margo & Gordy Peterson, Lois Bergland, LeeAnn Nelson 8:30

Organist/Pianist: Laura Rude 8:30

Acolytes: 8:30

Communion Assistants: June Swanson, Renae Franke

Lay Reader: David Lee 8:30

Nursery: Available, but not staffed

BROADCASTS TODAY are given by Della Burstad in memory of loved ones.

OUR PRAYERS TO: Kyle Joppru hospitalized in Grand Forks, Wayne Bjerken hospitalized at Sanford TRF, and Judith Loeffler hospitalized in Rochester.

REMINDER to those hospitalized to please notify Zion as the hospital does not alert us.

BUSY BAGS for preschoolers are available from an usher at the back of the sanctuary.

LISTENING DEVICES & LARGE PRINT worship folders & bulletins are available from an usher.

PREVIOUS SUNDAY BULLETINS are available outside the church office and Sunday announcements are also posted on our website.

***www.ziontrf.org** sponsor for June is given in loving memory of Leo Nelson by Vernice Nelson.*

PLEASE REMEMBER our staff and congregational leaders in your prayers.

Ministers: Every Member of the Congregation

Office Phone: 681-3296 *Fax:* 681-3048

John Golv, *Senior Pastor* 683-5181 jcgolv@mncable.net

Alemayehu Tulu, *Associate Pastor* 681-1866 alezion@mncable.net

Jay Krogstad, *Youth Director* ziontrfy@mncable.net text: 218-280-6713

Linda Hamrick, *Office Manager* ziontrf@mncable.net

Sandy Knutson, *Parish Nurse* parishnurse21@hotmail.com

Griffin Newland, *Custodian*

JOIN THE STAFF -Tuesdays, 10:30 AM & Fridays, 9:30 AM for coffee fellowship.

THE HERALD is available online at Zion's site or by mail. Please contact the church office if you would like to receive it by mail. Extra copies are available on tables in the narthex or by the church office.

ZION WORSHIP SERVICE ONLINE—Sunday mornings you can listen to the 8:30AM

service online. The link has been updated for easier access. 1. Go to: www.ziontrf.org. 2. In the black banner click Listen Online. 3. Click on the RED link to KTRF.

PARISH NURSE: *Parish Nurse hours are Mondays from 3-4:30 PM.*

Ten minutes of sunshine per day will help maintain a good vitamin D level. This means 10 minutes without sunscreen — the only time you should be without sunscreen.

Businesses that support Zion Lutheran Church - the **Passionate Planners** are looking for your business card so we can share with the congregation and new members. Drop your card off at the church office so it can be included in the Sunday bulletin and on the church website.

ROCK GARDEN UPKEEP Property board is looking for someone to do weeding and upkeep in the Rock Garden areas around the church. If interested, please contact Joel Rude 689-4153.

SUMMER WORSHIP SCHEDULE begins today with one service at 8:30 AM at Zion. Silver Creek will worship at 10:00 AM.

WEDNESDAY NEW TRADITIONS worship will begin at Zion on June 10th with a supper at 5:30 and worship at 6:15. All are welcome.

125TH ANNIVERSARY 2015 is Zion's 125th Anniversary. There will be a meeting to form a committee today at 9:30 AM in the lounge. Anyone interested in helping plan the celebration is welcome.

ZLCW EVENTS

- The women of Zion Executive Board will meet Tuesday, June 9, 2015 at 9:00AM in the lounge to plan menu for August Bible Study.
- All women interested in discussing Syttende Mai supper will meet at 10:00 AM on Tuesday, June 9th in the lounge.
- June Bible Study will be at Trinity Lutheran Church, Wednesday, June 10th at 9:30AM for brunch and Bible Study
- July Bible Study will be at Redeemer Lutheran Church July 20th, 2015 at 6:00PM for supper.
- August Bible Study will be at Zion August 11, 2015, at 12 noon for lunch.
- September 11&12 (Friday and Saturday) NW MN. Synodical Women's Convention-- Trinity Lutheran Church, Moorhead, MN.

WEDDING COORDINATORS NEEDED Two new Wedding Coordinators will be needed in 2016. We currently have three coordinators, two cannot continue in 2016. If interested, you could become familiar with the role this summer and see if it's for you. For details call Sharon Jorde 681-4739. There is some income attached to this role, time involved varies with each wedding.

SIMPLY GIVING If you would like a convenient way to make regular offerings, we encourage you to check out our electronic giving options. As the pace of life speeds up, you may find electronic giving is the way to go. It takes just a few minutes to setup a recurring giving plan. Visit the church website, www.ziontrf.org and locate the donation link or complete a paper authorization form & return it to the church office.

Donate from your smart phone! Zion Lutheran Church now offers a mobile version of our online giving page to make it easy for you to give anytime from your smart phone. Simply scan the image you see here using your phone's Quick Response (QR) code reader!



MINISTRY NEEDS

Attendance Sunday, May 31: 112

Weekly offering/including Simply Giving \$ 4,593.

Budgeted Income received through May 24: \$ 153,597.

Budgeted Income needed through May 24: \$ 179,410. (\$8,155./week)

2015 Budget: \$424,069.

BROADCAST SPONSORSHIP SIGN UP LIST FOR 2015 is located in the hallway on the kiosk. Cost is \$100 *for entire broadcast*; \$50 *for half*.

SUNDAY SERVICE RIDES Call/text Sarah Villanueva at 701-212-2367.

TAB COLLECTION Leave tabs for the Ronald McDonald House in Fargo on the table outside the church office. Thank you for sharing.

YOUTH NEWS

VBS is August 2-6th from 9 AM—3PM. Open to kids grades K-5. Cost is free to all Zion youth if you have your registration in by June 30th. After July 1st the fee will be \$40 per student. You will receive registration in the mail at the end of May. Last day to register is July 24th.

YOUTH—Check out online newsletter for details.

SUMMER YOUTH EVENTS We will have youth events during the summer as well. Check the website, newsletter, and facebook page for updates. Jay will send out reminder texts as well. Thanks for a great school year & stay safe this summer.

COMMUNITY/AREA EVENTS

“Morning Out” LSS Caregiver Support/ Day Respite Program at Trinity Lutheran Church. This program will be held every 1st and 3rd Monday from 10:00 AM to 2:00 PM. This service provides a safe enjoyable environment for your loved one (age 60+) so you are able to rest, shop, take care of health needs, or run errands. Participants will enjoy activities and socialization in a safe surrounding. For eligibility information contact Loretta Drevlow at 218-681-7454. Please bring a sack lunch, cold or microwavable. Coffee and water will be provided.

RSVP Groceries to Go and Handy Man Volunteers Needed—these services are vital for seniors 60+ wishing to remain independently in their own homes. G2G Volunteers shop for and deliver groceries, or assist with shopping, 2-4 times per month. HM volunteers are called upon as needed and take care of simple home maintenance jobs. Volunteering has been shown to have multiple health benefits, including lower incidence of depression, heart disease and other illness. To make a difference in the life of someone in need, please call or email Tammy at RSVP. 218-281-8289 or tsykes@umn.edu.

HOSPICE OF THE RED RIVER VALLEY is seeking individuals to join its volunteer team as companionship volunteers. Hospice provides a flexible schedule. To apply, go to www.hrrv.org/volunteer or contact Nikki Dukart at 701-740-0370 or ndukart@hrrv.org.

HERITAGE COMMUNITY CENTER first Monday of the Month fundraiser supper, 5-6 PM. Minimum donation \$7; proceeds to running the Center. This is open to all ages.

LSS RESPITE SERVICES is for families caring for individuals 60+ with chronic health conditions. They provide a volunteer to come into the home to assist a loved one while the Caregiver can run errands, attend appointments or just get some needed time away. Call coordinator Brandi Halland at 218-280-3773 for more info.

SUPPORT GROUPS IN THIEF RIVER FALLS

Brain Injury: Third Thursday, 7 PM at United Methodist.

Cancer: First Wednesday, 5:30-6:30 PM at Sanford Medical. Alicia at 683-4380 FMI.

Caregiver: Second Thursday, 10 AM at Heritage Center. Lori at 218-945-6808 FMI.

Gamblers Anonymous: Tuesdays, 7 PM. Mary at 218-684-0813 FMI.

Grief: First Tuesday, 1-2:30 PM, Hospice of the RRV. Jennifer at 888-237-4629 FMI.

Overeater's Anonymous: Mondays, 6:30 PM at United Methodist.

Parkinsons: Second Thursday 4PM at Zion. Joannie at 681-2914 or Judy 681-6631. FMI

Opportunities for the Week

Sunday, June 7:

8:30 AM Holy Communion;
Cable3/KTRF BC
9:30 AM Coffee Fellowship
9:30 125th Anniversary meeting in lounge
10:00 AM Silver Creek Worship
Noon - Grades 4-7 campers leave for Emmaus
3-5 Baby Shower

Monday, June 8:

9 AM Bone Builders
3-4:30 Parish Nurse Hours
6:30 Boy Scouts

Tuesday, June 9:

9:30 AM Staff Meeting
10:30 AM Coffee Time w/Staff
Noon Text Study at Zion

Wednesday, June 10:

9 AM Bone Builders exercise
9:30 ZLCW Brunch at Trinity
5:30 Supper
6:15 New Traditions Worship

Thursday, June 11:

9 AM Bone Builders
4 PM Parkinson's meeting

Friday, June 12:

9 AM Bone Builders
9:30 AM Coffee w/ Staff
4:30 PM Campers Return

Sunday, June 14:

8:30 AM Worship; Cable3/KTRF BC
9:30 AM Coffee Fellowship
9:30 AM July Servants in lounge
10:00 AM Silver Creek HC Worship; SC Council following worship

Food - Faith - Family

Summer Worship on Wednesday Nights
Zion Lutheran Church
505 N. Main Ave - TRF

June 10 – August 19

5:30 – Light supper catered by David Lee
(Free will donation for the meal)

6:15 – New Traditions Worship Service in Sanctuary

Three Special Family Nights – 7:00 – After Worship Service

June 24 – Family Fun Night

July 22 – Reach-Out Night

August 5 – Pathways Night

ALL ARE WELCOME - BRING A FRIEND

Wednesday Night Light Supper Menus

June 10th through August 19th, 2015

Supper-5:30/New Traditions Service - 6:15

Suggested donation towards light supper is \$5.00

David Lee prepares and serves each meal / our Youth assist with clean-up

- June 10 Taco Night
- June 17 BBQs, Potato Salad, and Chips
- June 24 Family Fun Night-Hamburgers and Hotdogs
- July 1 Pasta Night
- July 8 Pulled Pork Sandwiches and Salads
- July 15 Hot Ham and Cheese Sandwiches and Pasta Salad
- July 22 Reaching Out Night-French Toast and Sausages
- July 29 Chicken Salad Croissant and Fruit Salad
- August 5 Pathways Night-Hamburgers, Brats, Baked Beans, Salad and S'mores
- August 12 Chicken Wild Rice Casserole and meat & cheese on buns
- August 19 Meat Lasagna and Vegetable Lasagna

*We will also have hotdogs available every evening, upon request

Come and enjoy the opportunity to have supper before the New Traditions Wednesday evening service.

Ice cream will also be served in the River Brew Area after each service.

New Traditions Committee, Muriel Olin, Chair

Suggested Prayers & Scripture for the week of June 7, 2015

Daily Lectionary

Monday	Psalm 68:1-10, 19-20	Genesis 22:1-14	Galatians 2:1-10
Tuesday	Psalm 68:1-10, 19-20	Judges 11:29-40	Galatians 2:11-14
Wednesday	Psalm 68:1-10, 19-20	Jeremiah 8:14-22	Luke 8:40-56
Thursday	Psalm 30	II Samuel 14:1-11	Acts 22:6-21
Friday	Psalm 30	II Samuel 14:12-24	Acts 26: 1-11
Saturday	Psalm 30	II Samuel 14:25-33	Matthew 9:2-8
Next Sunday	<i>Ezekiel 17:22-24</i>	<i>Psalm 92:1-4 12-15</i>	<i>II Corinthians 5:6-17,</i> <i>Mark 4:26-34</i>

Most Holy God, you are Lord of the nations. Praise and glory belong to you alone. In Jesus Christ you have turned death into life and defeat into victory.

Lord God, hear my voice! You are my life. You are my salvation. Help me always to see your brother, or sister, or mother in the people I meet every day.

I pray for healing for Kyle Joppru, Judy Loeffler, and all those in need of your healing and your tender care.

I pray for those in rehab and all those in care centers. I pray for those to whom death draws near.

I pray for those affected by tragedy, that they may find their true strength in you.

Most Holy God, help me always to receive with joy and gratitude everything you give to me in trust. Your gifts in my hands will be used faithfully to do your will. All your gifts, with the increase you provide, I offer to you in worship and in service.

Most Holy God, keep me faithful today through the temptations and trials of my life. Put before me your ways of living well, and living for others. Let me always find my true joy in you. Help me today to follow the narrow way that leads to life. Amen.

**** Please take this insert home with you to use during the week ****