

SEVENTH SUNDAY AFTER EPIPHANY

February 19, 2017

Announcements

WELCOME VISITORS! Zion's Lay Ministry/Evangelism Board says a special welcome to you this morning and may you be fed spiritually during this time of worship.

OUR THANKS to worship assistants:

Ushers: 8:30: Kendall & Renae Jensen, Ken & Sharon Wagner

10:30: Josh & Angie Jensen

Greeters: Sheryl Melin, Trudy Wold

Communion Assistants: Chet & Bonnie Camp

Reader: Russell Rhen

Organist/Pianist: Phyllis Dalager, Laura Rude

Acolytes: Tristan Hanson, Rebeka Alemayehu

Nursery: Available, but not staffed

Tech Director: Alex Nomeland *Smoothies:* ; *Communion Assistants:* Andrew Selvig, Brandon Bruggeman

BROADCASTS TODAY are given in memory of Bill Mathieu by Lorraine Mathieu & family.

OUR PRAYERS to Lois Amundgaard who is recovering at TRCC.

Zion's Website Sponsor for February is Wally Sparby, given in memory of Ione Sparby.

REMINDER to those hospitalized to please notify Zion as the hospital does not inform us.

BUSY BAGS for preschoolers are available from an usher at the back of the sanctuary.

LISTENING DEVICES & LARGE PRINT worship folders & bulletins are available from an usher.

PREVIOUS SUNDAY BULLETINS are available outside the church office and Sunday announcements are also posted on our website.

PLEASE REMEMBER our staff and congregational leaders in your prayers.

Ministers: Every Member of the Congregation

Office Phone: 681-3296 *Fax:* 681-3048

John Golv, *Senior Pastor* 683-5181 jcgolv@mncable.net

Alemayehu Tulu, *Associate Pastor* 681-1866 alezion@mncable.net

Kelsey McGowan, *Youth Director* ziontrfy@gmail.com

Linda Hamrick, *Office Manager* ziontrf@mncable.net

Sandy Knutson, *Parish Nurse* parishnurse21@hotmail.com

Griffin Newland, *Custodian*

JOIN THE STAFF -Tuesdays at 10:30 AM & Fridays at 9:30 AM for coffee fellowship.

THE HERALD is available online at Zion's site or by mail. Please contact the church office if you would like to receive it by mail. Extra copies are available on tables in the narthex or by the church office.

ZION WORSHIP SERVICE ONLINE—Sunday mornings you can listen to the 8:30AM service online. Go to: www.ziontrf.org. in the black banner click Listen Online, Click on the RED link to KTRF.

PARISH NURSE: *Parish Nurse hours are Mondays from 3-4:30 PM.*

Check on the safety of friends and neighbors that may be at risk in their homes with insufficient or not heat.

Flu season is definitely here as some people know only too well. What can we do to decrease the spread of flu to family & friends. Individually, remember to get your flu shot. Again we will **not be sharing peace with handshaking**. Do share God's peace with a smile and genuine love, or even an elbow bump. We will resume handshaking in April when our flu bugs have lessened. Thank you for doing your part to decrease the spread of the flu and also to keep safe some members that have compromised immune systems for any number of reasons. God's Peace and a smile to all.

ZION'S LWR QUILTING WORKSHOP meets on the 1st and 3rd Thursday of each month from 1-4PM. Please consider joining us. We work on quilting and /or preparing the various kits to send overseas. You don't need to know how to sew, there's plenty more to do. If anyone would be interested in sewing tops at home, let us know as we have lots of fabric to share. We pause for coffee of course. Questions? Call Carol at 681-5907 or Sharon Bergerson at 681-5445.

PRAYER SHAWL MINISTRY meets on Thursday mornings at 10:00 in the Fellowship Hall. We are always looking for more crocheters and knitters! If you don't know how to knit or crochet, we will help you learn! For more information call Deb Holtan at 449-4645.

CIRCLES

ELIZABETH will meet Wed., Feb. 22nd at 9:30 AM at Greenleaf. Claudette Forsberg hostess.

ANNA will meet Wed., Feb. 22nd at 9:30 AM at Thief River Care Center

REBEKAH will meet Thurs., Feb. 23 at home of Gladys Hallstrom. Pot luck at 9:00AM

LYDIA will meet Tues., Feb. 28th at 2 PM at Delores Laliberte's home.

ANCIENT OILS On February 19th at 1:00 we will be offering an informational class on the Oils of the Ancient Scripture from Young Living Essential Oils at Zion. These oils come from the most significant plants, botanicals, materials and resins in the Bible. We will also discuss the basic oils and their health benefits. If you have any questions, please contact Jeri Nomeland (218)689-1808 or Darla Boen (218)686-4753.

MINISTRY NEEDS

Attendance Sunday, Feb 12: 142
Weekly offering/including Simply Giving Feb 12: \$ 4,339.
Envelope/Simply Giving Income thru Feb 12: \$ 42,793.

Budgeted income needed for 1st Quarter (Jan-March) 2017: \$112,739. (\$8,672./week)

SIMPLY GIVING If you would like a convenient way to make regular offerings, we encourage you to check out our electronic giving options. As the pace of life speeds up, you may find electronic giving is the way to go. It takes just a few minutes to setup a recurring giving plan. Visit the church website, www.ziontrf.org and locate the donation link or complete a paper authorization form & return it to the church office. NOTE: If you choose to set up Simply Giving through the website, please know that your **Member ID number** needs to be **your offering envelope number**, for proper recording on giving statements.



Donate from your smart phone! Zion Lutheran Church now offers a mobile version of our online giving page to make it easy for you to give anytime from your smart phone. Simply scan the image you see here using your phone's Quick Response (QR) code reader!



SUNDAY SERVICE RIDES Call/text Sarah Villanueva at 701-212-2637.

TAB COLLECTION Leave tabs for the Ronald McDonald House in Fargo on the table outside the church office. Thank you for sharing.

BROADCAST SPONSORSHIP SIGN UP LIST FOR 2017 IS LOCATED ON THE WALL BY THE OFFICE DOOR. Cost is \$100 for entire broadcast; \$50 for half.

**PLEASE PICK UP YOUR 2017 OFFERING ENVELOPES
IN THE NARTHEX TODAY. Thank You!**

YOUTH NEWS

Thank You to our Muffin Makers: February 19: Kyle Walseth, Lee & Kimberly Hamre, Lee & Kristi Lilja, Lindsay Henrickson **February 26:** Lora Rantanen, Laren & Lisa Pittman, Lynsey Forsberg, Marty & Deanna Peterson **March 5:** Matt & Jana Erickson, Matt & Jonelle DeFrang, Matthew & Amy Petrovich, Meghan Semrud

French Toast for Faith: Sunday, February 19th! Nomeland family and David Lee will be in the kitchen hosting French toast for faith! Its one not to miss! Interested in hosting flapjacks/French toast for faith??? Email Kelsey at ziontrfy@gmail.com OR maybe you would like to get involved by dropping off donations? We are always looking for sugar free syrup, sausages, orange juice/apple juice, or even pancake mix! Donations can be dropped off at the front office or youth office. Thank you for your contributions! **Next Flapjack for faith** will be help on Sunday, March 19th. We are looking for a host family for this event. This event contributes to your students IFA.

Confirmation Meals for February: 2/22: Chili & cheese biscuits All meals \$3.00 and soda .50 cents. Second helping \$1.00 Thank you Kami for making these delicious meals for the youth!

Youth Group: Wednesdays 7:30-9:00 pm 2/22: Day 2 "Play with Fire"

Lent clean up: 3/1: 5th & 6th grade 3/8: 3rd & 4th grade
3/15: K-2nd grade 3/22: 7th grade
3/29: 10th-12th grade 4/5: 9th grade
4/13: 8th grade service event

FAMILY EVENT- March event will be **BOWLING** on the 19th at 3:00 pm. Cost per bowler is \$3.75 per game and \$3.50 for shoes.

6th-12th grade Northern Air Trip: Trampoline Dodgeball We will be leaving Saturday, March 11th at Northern Air to play trampoline dodgeball and later Pizza Ranch. Cost for this event, 1.5 hour of dodgeball is \$17, buffet at Pizza Ranch is \$10.76 with drink. Parents go on and sign waivers for Northern Air at <http://northernairffc.com/>. Waivers must be signed to go on this event. We will leave the Zion parking lot at 1:00 pm and should arrive back at Zion 6:00 pm. **Please sign up for this event on the Youth Activity Board.**

ELCA National Youth Gathering will be happening June 23rd thru July 2nd 2018 in Houston, Texas. Youth that are eligible to attend are in 8th—12th grade at the time of registration. See or contact Kelsey at ziontrfy@gmail.com if you are interested in going. Fundraising is a big help with this event.

IFA The youth will be getting ready for the ELCA National Youth Gathering Trip that will be taken place in Houston, TX June 27th-July 1st. A great way to insure to go on the trip is to build up an IFA...

What is an IFA? Its an Individual fundraising account set up with the church to help off set the costs of church activities.

Who has one? All kids that are little lambs through 12th grade.

How can I contribute to my son or daughters IFA? Watch for the churches

bulletin and Newsletter for any up coming events to work. Good examples would be flapjacks for faith and rummage sale. Option two is fundraising, like how the youth were selling calendars earlier this year. We will be seeing more fundraising. There is option three which is to contribute money directly to the IFA.

Our 1st Annual Hot dish Tournament will be held Sunday, March 26th at 4:00 pm. There will be a traveling trophy for the winner made by the JR. High. Please sign up in the Northax if you would like to contribute a Hot dish for the tournament.

VBS/ Day Camp Dates: July 30th through August 3rd 9am-3pm. This is where Pathways comes to Zion.

COMMUNITY/AREA EVENTS

BACH'S "Ein feste Burg" and Music of Early Lutheran Masters will be presented by the National Lutheran Choir on Friday, March 17th at 7 PM at Trinity Lutheran Church, Moorhead, MN. Tickets available (218)236-1333. \$20 adults, \$10 students, 17 & under free. Ticket prices will increase at the door.

LSS RESPITE SERVICES is for families caring for individuals 60+ with chronic health conditions. They provide a volunteer to come into the home to assist a loved one while the Caregiver can run errands, attend appointments or just get some needed time away. Call coordinator Brandi Halland at 218-280-3773 for more info.

RSVP HANDYMAN SERVICE Trained volunteers enable seniors to maintain their independence and safety by providing minor home maintenance repairs such as replace batteries, lightbulbs, install grab bars or smoke detectors, weatherization projects, etc. with no charge. Materials or supplies are paid for by the client, scholarships are available for those in need. Call RSVP at 218-281-8288.

"MORNING OUT" LSS CAREGIVER SUPPORT/ DAY RESPITE PROGRAM at Trinity Lutheran Church. Every 1st and 3rd Monday from 10:00 AM to 2:00 PM. This service provides a safe enjoyable environment for your loved one (age 60+) so you are able to rest, shop, take care of health needs, or run errands. Participants will enjoy activities in a safe surrounding. For more information contact Loretta Drevlow at 218-681-7454. Please bring a sack lunch. Coffee and water provided.

GROCERIES TO GO Do you need help getting your groceries? Call RSVP at 218-281-8288 or 800-862-6466 to discuss your needs or to volunteer to help people with this need.

HERITAGE COMMUNITY CENTER first Monday of the Month fundraiser supper, 5-6 PM. Minimum donation \$7; proceeds to running the Center. Open to all ages.

SUPPORT GROUPS IN THIEF RIVER FALLS

Brain Injury: Third Thursday, 7 PM at United Methodist.

Cancer: First Wednesday, 5:30-6:30 PM at Sanford Medical. Alicia at 683-4380 FMI.

Caregiver: Second Thursday, 10 AM at Heritage Center. Lori at 218-945-6808 FMI.

Dementia/Alzheimer's: Third Monday, 6:30PM at GrandStay Hotel meeting room. Kari 686-4487 FMI.

Gamblers Anonymous: Mary at 218-684-0813 FMI.

Grief: First Tuesday, 1-2:30 PM, Hospice of the RRV. Jennifer at 888-237-4629 FMI.

Opportunities for the Week

Sunday, February 19:

8:30 Holy Communion Worship at Zion Cable 3 Broadcasts
9:30 Education Hour; Coffee Fellowship
9:30-10:20 French Toast for Faith
10 AM Silver Creek Worship
10:30 New Traditions Worship

Monday, February 20:

9 SAIL exercise
3-4:30 Parish Nurse Hours

Tuesday, February 21:

9:30 AM Staff Meeting
10:30 Coffee with Staff
Noon Pastors Text Study/Trinity
2:30 Greenleaf communion
5:30 PPC

Wednesday, February 22:

9 AM SAIL exercise
4:30 Jubilate Campana
5:30 Confirmation Supper
6-7:30 Confirmation classes
6 God's Joy Choir
6:45 Senior Choir
7:30 Sr High Youth Group

Thursday, February 23:

9 SAIL Exercise
10 Prayer Shawl ministry
2 Valley Home
3 Oakland Park

Friday, February 24:

7 Men's Breakfast at Biff's
9 SAIL exercise
9:30 Coffee with Staff
Wedding rehearsal

Saturday, February 25:

Wedding

Sunday, February 26:

8:30 Worship at Zion Cable 3 Broadcasts
9:30 Education Hour; Coffee Fellowship
10 AM Silver Creek Worship
10:30 New Traditions Worship
2 Pastors Conference at Holt
4 Blue & Gold Banquet at Zion