

FOURTH SUNDAY AFTER EPIPHANY

January 28, 2018

Announcements

WELCOME VISITORS! Zion's Lay Ministry/Evangelism Board says a special welcome to you this morning and may you be fed spiritually during this time of worship.

OUR THANKS to worship assistants:

8:30 *Ushers*: Ginny Armstrong, Bob Nelson, Vivian Knutson; *Greeters*: Darlene & Norman Blackstad; 10:30 Bob Nelson, Jan Breiland

Reader: Charles Lundgren

Organist: Laura Rude; *Acolytes*: Ethan Larson, Kaylee Lilja

10:30 *Tech Director*: Madison Bregier, *Smoothie Counter*: Rebeka Alemayehu

10:30 *Communion Assistants*: Matt Kolden, Ethan Larson, Abby Flaagan

Nursery: Available, but not staffed

BROADCASTS TODAY are given by Dorothy Jury.

Zion's Website Sponsor for January is Gladys Hallstrom, given in honor of her great-grandchildren, Evan, Annaleigh, Charlotte, Lilly, Elyse, Ellsa, Tyler, Alex & Harald.

REMINDER to those hospitalized to please notify Zion as the hospital does not inform us.

BUSY BAGS for preschoolers are available from an usher at the back of the sanctuary.

LISTENING DEVICES & LARGE PRINT worship folders & bulletins are available from an usher.

PREVIOUS SUNDAY BULLETINS are available outside the church office and Sunday announcements are also posted on our website.

SUNDAY SERVICE RIDES Call/text Sarah Villanueva at 701-212-2637.

THE HERALD is available online at Zion's site or by mail. Please contact the church office if you would like to receive it by mail. Extra copies are available on tables in the narthex or by the church office.

ZION WORSHIP SERVICE ONLINE Sunday mornings you can listen to the 8:30AM service online. Go to: www.ziontrf.org. in the black banner click Listen Online, Click on the RED link to KTRF.

PLEASE REMEMBER our staff and congregational leaders in your prayers.

Ministers: Every Member of the Congregation

Office Phone: 681-3296 *Fax*: 681-3048

John Golv, *Senior Pastor* 683-5181 jcgolv@mncable.net

Alemayehu Tulu, *Associate Pastor* 681-1866 alezion@mncable.net

Linda Hamrick, *Office Manager* ziontrf@mncable.net

Sandy Knutson, *Parish Nurse* parishnurse21@hotmail.com

Griffin Newland, *Custodian*

JOIN THE STAFF -Tuesdays at 10:30 AM & Fridays at 9:30 AM for coffee fellowship.

PLEASE TURN OFF YOUR CELL PHONE DURING SERVICES—THANK YOU!

PARISH NURSE: *Parish Nurse hours are Mondays from 3-4:30 PM.*

- **Relaxation is invaluable** for maintaining your health and repairing the toll that stress takes on your mind and body. Many relaxation techniques and practices such as meditation, deep breathing, yoga, visualization, progressive muscle relaxation and mindfulness, help you to slow down, refocus your attention and increase your sense of well-being.
- **Flu Season** is upon us. Due to this we will not be sharing peace by handshaking during this time. Please share God's peace with a smile and genuine love, or an elbow bump. We will resume handshaking in April when the flu has lessened. Thank you for doing your part to decrease the spread of the flu and also keep members with compromised immune systems safe. God's Peace and Smiles to all.

PRAYER SHAWL MINISTRY meets on Thursday mornings at 10:00 in the Fellowship Hall. We are always looking for more crocheters and knitters! If you don't know how to knit or crochet, we will help you learn! For more information call Deb Holtan at 449-4645.

LWR WORKDAY meet on the 1st, 3rd and 5th Thursdays from 1-4 PM. Anyone interested in lending a hand is welcome. We work on Quilts, School Kits, Personal Care Kits, and Baby Care Kits. Shipments are in November and May. Everyone is welcome and no special talent is required. For more info, call Carol Waswick 681-5907 or Sharon Bergerson, 681-5445.

2018 SIGN-UP SHEET For Broadcast sponsorship is on the wall by the church office.

Broadcast sponsorship is \$100 per worship service.

THANK YOU TO ALL that supported the youth going to the National Youth Gathering! The 1st annual Casserole Auction brought in \$1,205 to help defray the cost of NYG!!!

ZION ANNUAL MEETING TODAY, January 28th
between services at 9:30 AM.

MINISTRY NEEDS

Attendance Sunday, January 21: 185

Weekly offering/Simply Giving for week of January 15-21: \$7,461.

Envelope/Simply Giving Income from January 1-21, 2018: \$19,712.



Total giving Jan.1—**Dec 31**, 2017: **\$439,465**. or **97%** of \$450,956 annual budget.

Give thanks. Direct Thrivent Choice Dollars®.

Thrivent Choice® can have a tremendous impact on an organization.

Eligible Thrivent Financial members: Show your appreciation for Zion Lutheran Church by directing Choice Dollars. The individual recommendations you make through Choice Dollars directions can make a profound impact.

2018 ENVELOPES— are available to pick up in the narthex area. All current contributors have a new giving number in 2018. Those who give electronically through Vanco will not receive boxed envelopes unless they ask for them. Pew envelopes are available for special offerings and additional giving and are available for anyone to use at any time. Please mark or write your designation on the envelope. **NOTE:** Please do not use numbered envelopes from a non-current year

ELECTRONIC SIGN for Zion—Several members have expressed interest in donating towards an outdoor electronic sign for the church. The sign would be programmable so events, announcements and schedules could be displayed. The approximate cost is \$37,000. The properties board and the PPC decided to go ahead with the sign if 80% of the cost is raised before the project is started. Donations or pledges toward this project are appreciated. Any questions, contact Joel Rude at joelrude@mncable.net or Tim Numedahl at numedahl@mncable.net. **Current donations/Pledges: \$6,000.**

Pledge cards for the electronic sign are available on the desk outside the church office. If you choose to make a pledge toward this project, you can fill out a card and leave it in the office or in the drop box on the wall.

GIVEHub Kiosk is now available in the narthex for credit or debit card donations. You can choose to set up an account with a log-in or choose a one-time donation. You are given the option to have a receipt emailed to you.

VANCO electronic withdrawal forms are available in the church office and on the desk outside the office, for those interested in automated giving.



YOUTH NEWS

January Noisy Offering:
 Little Brother/Little Sister
February Noisy Offering:
 Pathways Bible Camp

WE WOULD LIKE TO THANK the members of the congregation that donate to the Noisy Offering at the 10:30 services and summer worship services each week! Here is a list of the organizations and dollar amounts that were donated to in 2017

- January:* Little Brother Little Sister- \$184.01
 - February:* Pathways - \$124.63
 - March:* TRF Food Shelf - \$176.59
 - April:* Meals on Wheels - \$125.43
 - May:* Relay For Life - \$128.00
 - June:* Pathways - \$80.42
 - July:* VBS Day Camp - \$113.75
 - August:* VBS Day Camp - \$151.95
 - September:* Red Cross - \$70.40
 - October:* Operation Christmas Child - \$169.84
 - November:* Christmas for Penn. Co - \$148.51
 - December:* TRF Food Shelf - \$102.30
- Totaling \$1,575.83 in loose change collected!**

Buena Vista Ski Trip for Gr.6-12, with Redeemer & Trinity, February 16-17. Details can be found on the Youth bulletin board, in the Newsletter or talk to Kami or Amber. Must be registered by Feb.1st

YOUTH GROUP

ALL 6th-12th GRADERS are welcome to join Kami for Youth Group every Wednesday during Lent...starting Ash Wednesday at 7:30 for a featured movie and snacks!

CONFIRMATION/LENT

Wednesday February 7th
 Confirmation Supper 5:30 @ 5:30
 Class @ 6:00

Wednesday February 14th
 Ash Wednesday Service 6:30
 Supper at 5:30 - 5th & 6th grade clean up
 6-12th grade youth group 7:30

The following youth of Zion will be attending the 2018 National Youth Gathering!

Rebeka Alemayehu	Logan Hintz
Joshua Berzinski	Zachary Hintz
Dayle Dahlen	Jonah Kalsnes
Madelynn Dakken	Trista Spears
Tristan Hanson	Jerica Turner



Chaperones: Roberta Kalsnes, Noah Peters

Hugo's Coupon Books

Our National Youth Gathering youth will be selling Hugo Coupon books for \$10. If you are not familiar with the coupon book, it pays for itself in just 3 coupons (\$5 off \$50 purchase, & two \$2.50 off \$25 purchase) plus many more deals!



Flap Jacks For Faith

February 18th @ 9:30.

A great way to support the youth going to National Youth Gathering!



Wednesday February 21st

Lenten Services 6:30
 Supper at 5:30 - 3rd & 4th grade clean up
 6-12th grade youth group 7:30

Wednesday February 28th

Lenten Services 6:30
 Supper at 5:30 - K-2nd grade clean up
 6-12th grade youth group 7:30

COMMUNITY/AREA EVENTS

ST BERNARD'S LENTEN FISH FRY Every Friday from Feb. 16 thru March 23rd. \$13 for two fillets—\$11 for one. Serving from 5:30 to 7 PM. Carryout orders from 5-7PM. Delivery orders taken after 3PM. Call 681-3560. Menu includes: potato, gravy, vegetable, coleslaw and fresh bread.

REBOOT LIVE with Chris Stefanick April 18th at 7PM at St Bernard's Catholic Church. Christ is an acclaimed author and speaker who inspires people to live a bold and contagious faith. His focus will be on the Gospel of John. All ages from 10-110 are welcome. Contact St Bernards for tickets \$22 each. 681-3571.

RSVP HANDY MAN SERVICE Trained volunteers enable seniors to maintain their independence and safety by providing minor home maintenance repairs such as replace batteries, lightbulbs, install grab bars or smoke detectors, weatherization projects, etc. with no charge. Materials or supplies are paid for by the client, scholarships are available for those in need. Call RSVP at 218-281-8288.

STAY ACTIVE AND INDEPENDENT FOR LIFE (SAIL) Offered by the Retired and Senior Volunteer Program (RSVP) This is a FREE class for seniors. You will improve balance, feel stronger, remain independent, & have more energy. This is a 1 hour class 2x per week. You can stand or sit, weights are provided at no cost. Registration is required. Contact Tammy or Jennifer at RSVP or the RRV at 218-281-8289 to sign up.

HERITAGE COMMUNITY CENTER first Monday of the Month fundraiser supper, 5-6 PM. Minimum donation \$7; proceeds to running the Center. Open to all ages.

TAB COLLECTION Leave tabs for the Ronald McDonald House in Fargo on the table outside the church office. Thank you for sharing.

BROADCAST SPONSORSHIP sign up is located on the wall next to the office door. Cost is \$100 *for entire broadcast*; \$50 *for half*.

SUPPORT GROUPS IN THIEF RIVER FALLS

Brain Injury: Third Thursday, 7 PM at United Methodist.

Cancer: First Wednesday, 5:30-6:30 PM at Sanford Medical. Alicia at 683-4380 FMI.

Caregiver: Second Thursday, 10 AM at Heritage Center. Lori at 218-945-6808 FMI.

Dementia/Alzheimer's: Third Monday, 6:30PM at GrandStay Hotel meeting room. Kari 686-4487 FMI.

Gamblers Anonymous: Mary at 218-684-0813 FMI.

Grief: First Tuesday, 1-2:30 PM, Hospice of the RRV. Jennifer at 888-237-4629 FMI.

Overeater's Anonymous: Mondays, 6:30 PM at United Methodist.

Parkinsons: Second Thursday 4PM at Valley Home Board Room. Joannie at 681-2914 or Judy 681-6631.

Opportunities for the Week

Sunday, January 28:

8:30 Zion worship; Cable 3 Broadcasts
9:30 **ANNUAL MEETING**; Education
Hour; Coffee fellowship,
10 Silver Creek Worship
10:30 New Traditions Worship

Monday, January 29:

9 AM SAIL exercise
3-4:30 Parish Nurse Hours

Tuesday, January 30:

10:30 Coffee with the staff
11 Staff meeting
Noon Pastors text study /Zion

Wednesday, January 31:

9 AM SAIL exercise
5:30 Confirmation supper
6PM Confirmation classes
6 God's Joy Choir
6:45 Senior Choir

Thursday, February 1:

9 AM SAIL exercise
9:30 TRF Ministerial
10 Prayer Shawl ministry
1 LWR Workday

Friday, February 2:

7 Men's Breakfast/ Biff's
9 AM SAIL exercise
9:30 Coffee with Staff

Sunday, February 4:

8:30 Holy Communion worship; Cable 3
Broadcasts
9:30 Education Hour; Coffee fellowship,
Blood Pressure screening
10 Silver Creek Worship
10:30 New Traditions Worship