January 7, 2018

Announcements

WELCOME VISITORS! Zion's Lay Ministry/Evangelism Board says a special welcome to you this morning and may you be fed spiritually during this time of worship.

OUR THANKS to worship assistants:

8:30 Ushers: Lynell & Bob Wayne, Erica & Jon Hruby; 10:30 Winton & Claudette Forsberg

Greeters: Norman & Darlene Blackstad

Reader: Laura Stengrim Organist: Phyllis Dalager

Communion assistants: Kami & Shawna Spears Acolytes: Alex Nomeland, Madelynn Dakken

10:30 Tech Director: Zander Salentiney Smoothie Counter: Madison Bregier, 10:30 Communion Assistants: Mason Iverson, Janae Erickson, Mattea Erickson

Nursery: Available, but not staffed

OUR SYMPATHY to the friends and families of Connie Hamre whose funeral was held Thursday.

BROADCASTS TODAY are given by Alvina Hanson & family in memory of Alfred Hanson.

Zion's Website Sponsor for January is Gladys Hallstrom, given in honor of her great-grandchildren, Evan, Annaleigh, Charlotte, Lilly, Elyse, Ellsa, Tyler, Alex & Harald.

REMINDER to those hospitalized to please notify Zion as the hospital does not inform us.

BUSY BAGS for preschoolers are available from an usher at the back of the sanctuary.

LISTENING DEVICES & LARGE PRINT worship folders & bulletins are available from an usher.

PREVIOUS SUNDAY BULLETINS are available outside the church office and Sunday announcements are also posted on our website.

SUNDAY SERVICE RIDES Call/text Sarah Villanueva at 701-212-2637.

THE HERALD is available online at Zion's site or by mail. Please contact the church office if you would like to receive it by mail. Extra copies are available on tables in the narthex or by the church office.

ZION WORSHIP SERVICE ONLINE Sunday mornings you can listen to the 8:30AM service online. Go to: www.ziontrf.org. in the black banner click Listen Online, Click on the RED link to KTRF.

PLEASE REMEMBER our staff and congregational leaders in your prayers.

Ministers: Every Member of the Congregation

Office Phone: 681-3296 Fax: 681-3048

John Golv, Senior Pastor 683-5181 jcgolv@mncable.net

Alemayehu Tulu, Associate Pastor 681-1866 alezion@mncable.net

Linda Hamrick, Office Manager ziontrf@mncable.net

Sandy Knutson, Parish Nurse parishnurse21@hotmail.com

Griffin Newland, Custodian

JOIN THE STAFF - Tuesdays at 10:30 AM & Fridays at 9:30 AM for coffee fellowship.

PLEASE TURN OFF YOUR CELL PHONE DURING SERVICES—THANK YOU!

PARISH NURSE: Parish Nurse hours are Mondays from 3-4:30 PM.

- You often hear of Irritable Bowel Syndrome IBS. What is this? People who have IBS have digestive tracts that react abnormally to certain substances or to stress. This leads to symptoms like cramps, gas, bloating, pain, constipation and diarrhea. Sometimes called "spastic colon", IBS is a common condition. Managing symptoms is the goal. Two of the most important lifestyle changes to decrease symptoms are changing your diet and managing stress and anxiety.
- **Flu Season** is upon us. Due to this we will not be sharing peace by handshaking during this time. Please share God's peace with a smile and genuine love, or an elbow bump. We will resume handshaking in April when the flu has lessened. Thank you for doing your part to decrease the spread of the flu and also keep members with compromised immune systems safe. God's Peace and Smiles to all.

MEALS-ON-WHEELS Volunteers are needed to deliver January 15-19, 2018. If you are available and willing to help, please call Koni Johnson at 681-1344 (evenings)

2018 Zion Women's booklets are available to pick up at the back of the church.

PRAYER SHAWL MINISTRY will resume January 11th. **QUILTING & LWR WORKSHOP** will meet January 18th.

2018 SIGN-UP SHEET For Broadcast sponsorship is on the wall by the church office.

Broadcast sponsorship is \$100 per worship service.

SILVER CREEK ANNUAL MEETING Sunday, January 21st after worship.

ZION ANNUAL MEETING Sunday, January 28th between services at 9:30 AM. Please have reports turned in to the office (ready for printing) by January 11, 2018.

OUR ELCA MONTHLY GATHERING is Tuesday, Jan. 8, 10:00 a.m. All ladies are invited for the bible study and refreshments. Duties for this month are as follows: Program - Sarah, Hostess - Lydia, Hospitality - Dorcas, and Visitation - Elizabeth at TRF Care Center. Executive board meets at 9 a.m.

MINISTRY NEEDS

Attendance Sunday, Dec. 31: 53
Weekly offering/Simply Giving for week of Dec 25— Dec 31: \$11,499.
Envelope/Simply Giving Income from 12/1/2017— 12/31/2017: \$89,734.
Total giving Jan.1—Dec 31, 2017: \$433,832. or 96% of \$450,956 annual budget.



Give thanks. Direct Thrivent Choice Dollars[®].

Thrivent Choice[®] can have a tremendous impact on an organization. Eligible Thrivent Financial members: Show your appreciation for Zion Lutheran Church by directing Choice Dollars. The individual recommendations you make through Choice Dollars directions can make a profound impact.

2018 ENVELOPES— are available to pick up in the narthex area. A couple reminders: All current contributors will have a new giving number in 2018. Those who give electronically through Vanco will not receive boxed envelopes unless they ask for them. Pew envelopes are available for special offerings and additional giving and are available for anyone to use at any time. Please mark or write your designation on the envelope. **NOTE:** Please do not use numbered envelopes *from a non-current year*

ELECTRONIC SIGN for Zion—Several members have expressed interest in donating towards an outdoor electronic sign for the church. The sign would be programmable so events, announcements and schedules could be displayed. The approximate cost is \$37,000. The properties board and the PPC decided to go ahead with the sign if 80% of the cost is raised before the project is started. Donations or pledges toward this project are appreciated. Any questions, contact Joel Rude at joelrude@mncable.net or Tim Numedahl at numedahl@mncable.net. **Current donations/Pledges: \$6,000.**

Pledge cards for the electronic sign are available on the desk outside the church office. If you choose to make a pledge toward this project, you can fill out a card and leave it in the office or in the drop box on the wall.

GIVEHub Kiosk is now available in the narthex for credit or debit card donations. You can choose to set up an account with a log-in or choose a one-time donation. You are given the option to have a receipt emailed to you.

VANCO electronic withdrawal forms are available in the church office and on the desk outside the office, for those interested in automated giving.

YOUTH NEWS



January Noisy Offering: Little Brother/Little Sister

Calendar Sales!

K-5 Event Saturday, January 20th at Falls Cinema. Movie "A Dog's Life" Please see the Sunday School Facebook page for details. Or contact Becky or Davina.

Casserole Auction Sunday, January 21 at 9:30 Where: Fellowship Hall

This will be a fundraiser for the youth going to the National Youth Gathering this summer. We are asking the youth that are attending the NYG, and members of the congregation to bring a casserole or hot dish that is oven ready to be auctioned off between services. The proceeds from the auction will help defray the cost of the NYG. Please have your oven ready casserole or hot dish at the church no later than 9:30

Flap Jacks For Faith January 21st @ 9:30. A great way to support the youth going to National Youth Gathering!



The Zion Youth now have beautiful Calendars, note-pads, and cards for sale! The youth will be selling before & after church services. You can also purchase these items during the day, please see Linda. When you purchase on Sunday's the proceeds will go to the youth selling that morning, and if you stop in and purchase during the week, please specify if you would like the proceeds to go to a particular youth, if you don't designate a particular youth it will go towards the chaperone fund.

The following youth of Zion will be attending the 2018 National Youth Gathering!

Rebeka Alemayehu
Joshua Berzinski
Dayle Dahlen
Madelynn Dakken
Tristan Hanson

Logan Hintz
Zachary Hintz
Jonah Kalsnes
Trista Spears
Jerica Turner

Chaperones: Roberta Kalsnes, Noah Peters

Hugo's Coupon Books

Our National Youth Gathering youth will be selling Hugo Coupon books for \$10. If you are not familiar with the coupon book, it pays for itself in just 3 coupons (\$5 off \$50 purchase, & two \$2.50 off \$25 purchase) plus many more deals!

COMMUNITY/AREA EVENTS

GROCERIES TO GO Do you need help getting your groceries? Call RSVP at 218-281-8288 or 800-862-6466 to discuss your needs or to volunteer to help people with this need.

RSVP HANDY MAN SERVICE Trained volunteers enable seniors to maintain their independence and safety by providing minor home maintenance repairs such as replace batteries, lightbulbs, install grab bars or smoke detectors, weatherization projects, etc. with no charge. Materials or supplies are paid for by the client, scholarships are available for those in need. Call RSVP at 218-281-8288.

STAY ACTIVE AND INDEPENDENT FOR LIFE (SAIL) Offered by the Retired and Senior Volunteer Program (RSVP) This is a FREE class for seniors. You will improve balance, feel stronger, remain independent, & have more energy. This is a 1 hour class 2x per week. You can stand or sit, weights are provided at no cost. Registration is required. Contact Tammy or Jennifer at RSVP or the RRV at 218-281-8289 to sign up.

HERITAGE COMMUNITY CENTER first Monday of the Month fundraiser supper, 5-6 PM. Minimum donation \$7; proceeds to running the Center. Open to all ages.

TAB COLLECTION Leave tabs for the Ronald McDonald House in Fargo on the table outside the church office. Thank you for sharing.

BROADCAST SPONSORSHIP sign up is located on the wall next to the office door. Cost is \$100 for entire broadcast; \$50 for half.

SUPPORT GROUPS IN THIEF RIVER FALLS

Brain Injury: Third Thursday, 7 PM at United Methodist.

Cancer: First Wednesday, 5:30-6:30 PM at Sanford Medical. Alicia at 683-4380 FMI. Caregiver: Second Thursday, 10 AM at Heritage Center. Lori at 218-945-6808 FMI. Dementia/Alzheimer's: Third Monday, 6:30PM at GrandStay Hotel meeting room. Kari 686-4487 FMI

Gamblers Anonymous: Mary at 218-684-0813 FMI.

Grief: First Tuesday, 1-2:30 PM, Hospice of the RRV. Jennifer at 888-237-4629 FMI.

Overeater's Anonymous: Mondays, 6:30 PM at United Methodist.

Parkinsons: Second Thursday 4PM at Valley Home Board Room. Joannie at 681-2914 or Judy 681-6631.

Opportunities for the Week

<u>Sunday, January 7:</u> 8:30 Zion Holy Communion worship; Cable 3 Broadcasts 9:30 Education Hour; Coffee fellowship 10 Silver Creek Worship 10:30 New Traditions Worship

Monday, January 8:

9 AM SAIL exercise 3-4:30 Parish Nurse Hours

Tuesday, January 9:

9 Executive Board 10 ZLCW Bible Study 10:30 Coffee with the staff 11 Staff meeting Noon Pastors text study /Zion

Wednesday, January 10:

9 AM SAIL exercise 5:30 Confirmation supper 6PM Confirmation classes 6 God's Joy Choir 6:45 Senior Choir

Thursday, January 11:

9 AM SAIL exercise 9:30 Pastors Conference 10 Prayer Shawl ministry 4 Parkinson's meeting at Valley Home 4:30 Falls Delivered Meals meeting

Friday, January 12:

7 Men's Breakfast/Biff's 9 AM SAIL exercise 9:30 Coffee with Staff

Sunday, January 14: 8:30 Zion worship; Cable 3 Broadcasts 9:30 Education Hour; Coffee fellowship 9:30 February Servants meet in lounge 10 Silver Creek Holy Communion Worship 10:30 New Traditions Worship