

NINTH SUNDAY AFTER PENTECOST

July 22, 2018

Announcements

WELCOME VISITORS! Zion's Lay Ministry/Evangelism Board says a special welcome to you this morning and may you be fed spiritually during this time of worship.

OUR THANKS to worship assistants:

8:30 Ushers: Millie Reiersen, Ginny Armstrong, Dan Bartsch, Sarah Villanueva

Greeters: Dave & Mary Morken

Reader: Russell Rhen

Pianist: Phyllis Dalager

Wednesday, July 25 6:15 PM

Ushers: Dave & Mary Morken

River Brew:

OUR SYMPATHY to the family & friends of Neil Hanson whose funeral was held Saturday.

BROADCASTS are sponsored in memory of Vernon & Lillian Kees by Vivian Knutson & families

ZION'S WEBSITE SPONSOR for July is Wally Sparby, in memory of Ione Sparby.

REMINDER to those hospitalized to please notify Zion as the hospital does not inform us.

BUSY BAGS for preschoolers are available from an usher at the back of the sanctuary.

LISTENING DEVICES & LARGE PRINT worship folders & bulletins are available from an usher.

PREVIOUS SUNDAY BULLETINS are available outside the church office and Sunday announcements are also posted on our website.

SUNDAY SERVICE RIDES Call/text Sarah Villanueva at 701-212-2637.

THE HERALD is available online at Zion's site or by mail. Please contact the church office if you would like to receive it by mail. Extra copies are available on tables in the narthex or by the church office.

ZION WORSHIP SERVICE ONLINE Sunday mornings you can listen to the 8:30AM service online. Go to: www.ziontrf.org. in the black banner click Listen Online, Click on the RED link to KTRF.

PLEASE REMEMBER our staff and congregational leaders in your prayers.

Ministers: Every Member of the Congregation

Office Phone: 681-3296 *Fax:* 681-3048

John Golv, *Senior Pastor* 683-5181 jcgolv@mncable.net

Alemayehu Tulu, *Associate Pastor* 681-1866 alezion@mncable.net

Linda Hamrick, *Office Manager* ziontrf@mncable.net

Sandy Knutson, *Parish Nurse* parishnurse21@hotmail.com

JOIN THE STAFF -Tuesdays at 10:30 AM & Fridays at 9:30 AM for coffee fellowship.

PLEASE TURN OFF YOUR CELL PHONE DURING SERVICES—THANK YOU!

PARISH NURSE HOURS Mondays 3:30—5 PM

In today's culture, we often pride ourselves in our ability to function on little amounts of sleep. The truth is that sleep is essential to our health. Insufficient sleep is associated with the development of high blood pressure, obesity, diabetes, and cardiovascular disease. Sleep restores our body, allowing us to function optimally.

PRAYER SHAWL MINISTRY meets on Thursday mornings at 10:00 in the Fellowship Hall. We are always looking for more crocheters and knitters! If you don't know how to knit or crochet, we will help you learn! For more information call Deb Holtan at 449-4645.

WATER TO THRIVE As a congregation we would like to support the building of a well in Ethiopia as a Mission project. The cost of a well is \$5,000. **Donations are currently at \$6,790.26** If you would like to contribute to this mission project, checks can be made out to "Zion Lutheran Church." Please designate funds for "Water to Thrive" on the memo line. Brochures are available in the narthex for more information on Water to Thrive. Donations are still accepted. Funding for the 1st well will be sent this summer.

MOWING VOLUNTEERS NEEDED Properties Board is looking to assemble a group to start a rotation schedule. If you are interested call the office or Joel @ 689-4153 .

WEDNESDAY SUMMER WORSHIP - a light supper served at 5:30 followed by Contemporary worship at 6:15. Homily "The Lord's Prayer."

JULY BOARDS/PPC— CHANGE OF DATE/TIME— The PPC and Boards will meet on Tuesday, July 24th at 6PM. This is a change from the dates printed on the church calendar. Please make note of the change.

LSS CAREGIVERS DISCUSSION GROUP meets at Zion on the 2nd Tuesday of each month at 10AM in the lounge. This is open to all types of caregivers. Next meeting is August 9th. For more information contact Julie at 218-686-6228.

POWERFUL TOOLS FOR CAREGIVERS a class for caregivers, will be held at Redeemer Lutheran Church Wednesdays, August 8th—September 12th, from 6PM to 7:30PM. Cost of class is \$30 (for the book). Registration forms are available in the church office. Limited scholarships available. For more information call Julie at 218-686-6228.

YOUTH NEWS

Vacation Bible School—VBX will be held July 30—August 3 at Redeemer Lutheran Church. Registration information is on Zion's Facebook pages.

Paper registration forms are available on the table by the church office. Also: *Health Forms are available to pick up and fill out. Each child must bring a completed health form to Redeemer on or before the first day of VBS.*

MINISTRY NEEDS

Attendance Sunday, July 15: 76 Wed: 23

Weekly offering/Simply Giving for week of July 9-15: \$3,802.

Envelope/Simply Giving Income from January 1– July 15: \$178,151.

2018 Budget \$422,168. (\$8,118 needed per week to meet expenses)



GiveHub Kiosk is available in the narthex for credit/debit card contributions. You can set up an account with a log-in or choose a one-time donation without creating an account.

A receipt will be emailed to you, if you provide an address. Giving through the kiosk is recorded on your annual giving statement.

ELECTRONIC SIGN Current donations/Pledges: \$6,190.

The approximate cost is \$37,000. The properties board and the PPC will proceed with the sign if 80% of the cost is raised before the project is started. Donations or pledges toward this project are appreciated. Any questions, contact Joel Rude at joelrude@mncable.net or Tim Numedahl at numedahl@mncable.net. **Pledge cards** for the electronic sign are available on the desk outside the church office.

VANCO electronic withdrawal forms are available in the church office and on the desk outside the office, for those interested in automated giving. SIGN UP IS ALSO AVAILABLE THRU THE LINK ON ZION'S WEBSITE.

OFFERING ENVELOPES can be picked up on the table outside the church office.

Worship Cards are available in the pews. Please use as needed to let the pastors or office know of any items/ concerns on the back. These may be placed in the offering plate or the office drop box.

BROADCAST SPONSORSHIP sign up is located on the wall next to the office door. Cost is \$100 *for entire broadcast*; \$50 *for half*.

Direct Thrivent Choice Dollars®.

Eligible Thrivent Financial members: Show your appreciation for Zion Lutheran Church by directing Choice Dollars. The individual recommendations you make through Choice Dollars directions can make a profound impact.

COMMUNITY/AREA EVENTS

LSS CareGivers Discussion Group is now meeting at Zion on the 2nd Tuesday of each month at 10AM. Next meeting is August 9th. This is open to all types of caregivers. For more information contact Julie at 218-686-6228.

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VALLEY HOME WELCOMES VOLUNTEERS of all ages. There are many opportunities to contribute such as: playing an instrument, singing, quilting, sewing, knitting, crocheting, gardening, reading, playing games, cards, pool, exercise, baking, visiting. If interested in volunteering, please contact Mary Klockmann at 681-3286.

HOSPICE OF THE RED RIVER VALLEY welcomes individuals to join its volunteer team as companionship volunteers. Hospice provides a flexible schedule. To apply, go to www.hrrv.org/volunteer or contact Nikki Dukart at 701-740-0370 or ndukart@hrrv.org.

GROCERIES TO GO Do you need help getting your groceries? Call RSVP at 218-281-8288 or 800-862-6466 to discuss your needs or to volunteer to help people with this need.

RSVP HANDY MAN SERVICE Trained volunteers enable seniors to maintain their independence and safety by providing minor home maintenance repairs such as replace batteries, lightbulbs, install grab bars or smoke detectors, weatherization projects, etc. with no charge. Materials or supplies are paid for by the client, scholarships are available for those in need. Call RSVP at 218-281-8288.

STAY ACTIVE AND INDEPENDENT FOR LIFE (SAIL) Offered by the Retired and Senior Volunteer Program (RSVP) This is a FREE class for seniors. You will improve balance, feel stronger, remain independent, & have more energy. This is a 1 hour class 2x per week. You can stand or sit, weights are provided at no cost. Registration is required. Contact Tammy or Jennifer at RSVP or the RRV at 218-281-8289 to sign up.

HERITAGE COMMUNITY CENTER first Monday of the Month fundraiser supper, 5-6 PM. Minimum donation \$7; proceeds to running the Center. Open to all ages.

TAB COLLECTION Leave tabs for the Ronald McDonald House in Fargo on the table outside the church office. Thank you for sharing.

SUPPORT GROUPS IN THIEF RIVER FALLS

Brain Injury: Third Thursday, 7 PM at United Methodist.

Cancer: First Wednesday, 5:30-6:30 PM at Sanford Medical. Alicia at 683-4380 FMI.

Caregiver: Second Thursday, 10 AM at Zion. Julie at 218-686-6228 FMI.

Dementia/Alzheimer's: Third Monday, 6:30PM at GrandStay Hotel meeting room. Kari 686-4487 FMI.

Gamblers Anonymous: Mary at 218-684-0813 FMI.

Grief: First Tuesday, 1-2:30 PM, Hospice of the RRV. Jennifer at 888-237-4629 FMI.

Overeater's Anonymous: Mondays, 6:30 PM at United Methodist.

Opportunities for the Week

Sunday, July 22:

8:30 Zion Worship/Cable 3 Broadcasts
9:30 Coffee fellowship
10 Silver Creek Worship/Baptism

Monday, July 23:

9 AM SAIL exercise
3-4:30 Parish Nurse Hours

Tuesday, July 24:

9:30 Staff meeting
10:30 Coffee with Staff
Noon Pastors Text study at Zion
6PM Boards Orientation and PPC

Wednesday, July 25:

9 AM SAIL exercise
5:30 Supper
6:15 Wednesday Worship

Thursday, July 26:

9 AM SAIL exercise
10 Prayer Shawl ministry

Friday, July 27:

9 AM SAIL exercise
9:30 Coffee with Staff

Sunday, July 29:

8:30 Zion Worship/Cable 3 Broadcasts
9:30 Coffee fellowship
10 Silver Creek Worship

FOOD, FAITH, FAMILY, FRIENDS

Wednesday Summer Worship

June 6-August 15

5:30 PM Light Supper served by David Lee

6:15 PM Worship in the Patio (weather permitting)