

# SEVENTEENETH SUNDAY AFTER PENTECOST

September 16, 2018

Announcements

**WELCOME VISITORS!** Zion's Lay Ministry/Evangelism Board says a special welcome to you this morning and may you be fed spiritually during this time of worship.

**OUR THANKS** to worship assistants:

**8:30 Ushers:**

*Greeters:*

*Reader:* Sharon Wagner

*Organist/Pianist:* Phyllis Dalager

*Acolytes:* Matt Kolden, Madelyn Dakken

*Communion Assistants:* Zander Salentiny, Madelynn Dakken, Isaac Dakken

*Tech Director:* Matt Kolden *Smoothie Counter:* Jerica Turner

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**BROADCASTS TODAY** are sponsored by Carol Narverud Family in loving memory of Don Narverud on the anniversary of his birthday, September 15th.

**ZION'S WEBSITE** for September is sponsored by Ginny Armstrong in memory of Joe Armstrong.

**REMINDER** to those hospitalized to please notify Zion as the hospital does not inform us.

**BUSY BAGS** for preschoolers are available from an usher at the back of the sanctuary.

**LISTENING DEVICES & LARGE PRINT** worship folders & bulletins are available from an usher.

**PREVIOUS SUNDAY BULLETINS** are available outside the church office and Sunday announcements are also posted on our website.

**SUNDAY SERVICE RIDES** Call/text Sarah Villanueva at 701-212-2637.

**THE HERALD** is available online at Zion's site or by mail. Please contact the church office if you would like to receive it by mail. Extra copies are available on tables in the narthex or by the church office.

**ZION WORSHIP SERVICE ONLINE** Sunday mornings you can listen to the 8:30AM service online. Go to: [www.ziontrf.org](http://www.ziontrf.org). in the black banner click Listen Online, Click on the RED link to KTRF.

**PLEASE REMEMBER** our staff and congregational leaders in your prayers.

*Ministers:* Every Member of the Congregation

*Office Phone:* 681-3296 *Fax:* 681-3048

John Golv, *Senior Pastor* 683-5181 [jcgolv@mncable.net](mailto:jcgolv@mncable.net)

Alemayehu Tulu, *Associate Pastor* 681-1866 [alezion@mncable.net](mailto:alezion@mncable.net)

Linda Hamrick, *Office Manager* [ziontrf@mncable.net](mailto:ziontrf@mncable.net)

Sandy Knutson, *Parish Nurse* [parishnurse21@hotmail.com](mailto:parishnurse21@hotmail.com)

**JOIN THE STAFF** -Tuesdays at 10:30 AM & Fridays at 9:30 AM for coffee fellowship.

**PLEASE TURN OFF YOUR CELL PHONE DURING SERVICES—THANK YOU!**

### **PARISH NURSE HOURS Mondays 3:30—5 PM**

The sound of music can be used to gain physical and emotional healing as well as wellness. Research is beginning to discover that music works well to heal both the body and mind. Music has therapeutic benefits such as reducing your heart rate and blood pressure along with increasing your ability to think, learn, reason and remember.

**NEW MEMBER SUNDAY** is October 7th. Please contact the church office if you are interested in joining at this time. 681-3296 or [ziontrf@mncable.net](mailto:ziontrf@mncable.net) New member orientation meeting will be held Thursday, October 4th at 7PM in the lounge.

**WATER TO THRIVE** As a congregation we would like to support the building of a well in Ethiopia as a Mission project. The cost of a well is \$5,000. Funding for the 1st well was sent in August.

**Donations are currently at \$1,820.26** toward a 2nd well. If you would like to contribute to this mission project, checks can be made out to "Zion Lutheran Church." Please designate funds for "Water to Thrive" on the memo line. Brochures are available in the narthex for more information on Water to Thrive.

**SHARING SERVANTS BOOKLET UPDATES** The Parish Fellowship Board will be updating the Sharing Servants Booklet for 2019-2021. All Zion members are assigned to one month during the year to assist with ushering, greeting, and serving at funerals. If you wish to change your month of service, please contact Linda at the church office, 681-3296, or Glenice Johnson, 681-4472

**THE EVANGELISM /LAY MINISTRY BOARD** is looking for volunteers to take home communion to shut ins on Communion Sundays. This is a very simple yet wonderful way to serve our fellow members of our congregation. Please contact the church office or Marijo Nabben at 686-4277 if interested. If you are in need or know someone in need of or would like home communion, please contact the church office.

**PRAYER SHAWL MINISTRY** meets on Thursday mornings at 10:00 in the Fellowship Hall. We are always looking for more crocheters and knitters! If you don't know how to knit or crochet, we will help you learn! For more information call Deb Holtan at 449-4645.

**LWR QUILTING AND KIT WORKSHOP** Please come and join us for our Lutheran World Relief Workshop the 1st, 3rd, and 5th (if there is one) Thursdays of the month. We meet from 1 - 4pm.

Thanks to lots of generous donors, we have an abundant supply of fabric and projects. Sewing quilts and preparing many different types of kits to send to the Lutheran World Relief is our main objective. Please come and join us on **Thursday, September 6th from 1-4**. Come when you can, choose what you do and leave when you must. We have fun!, it's not all work. For details, you can call Sharon Bergerson, 681-5445, or Carol Waswick, 681-5907 about quilts and Sharon Jorde, 681-4739 or Sharon Wagner, 681-2473 about kits.

**DORCAS** Circle will meet Tues., Sept. 25th at 9:30 in the church lounge, Della Burstad hostess.

**LYDIA** Circle will meet Tues., Sept 25th at 2PM in the church lounge.

**REBECAH** Circle will meet Sept 27, 9:00 a.m. in the church lounge

**Women of the ELCA Conference 2 Fall Gathering Oct. 6** All women are invited to the Fall Gathering on Saturday, Oct. 6 at Redeemer Lutheran Church, Thief River Falls. Registration and coffee at 8:30, followed by program, music and lunch. Briana Ingraham, Red Lake Falls, will share her story of moving from Baltimore, MD, to a rural community. LaVonne Forsberg will discuss the stained glass windows she designed at Redeemer. Music provided by the Sing & Ring Bell Choir and Terri & Chris Cuppett. Cost is \$10. Zion WELCA will serve the morning coffee and refreshments; each circle is asked to provide two loaves of quick bread and one kitchen helper.

## MINISTRY NEEDS

Attendance Sunday, September 9: 181

Weekly offering/Simply Giving for week of Sept 3– Sept. 9: \$7,174.

Envelope/Simply Giving Income from January 1– Sept. 9: \$228,830.

2018 Budget \$422,168. (\$8,118 needed per week to meet expenses)



**GiveHub Kiosk** is available in the narthex for credit/debit card contributions. You can set up an account with a log-in or choose a one-time donation without creating an account. A receipt will be emailed to you, if you provide an address. Giving through the kiosk is recorded on your annual giving statement.

### **ELECTRONIC SIGN Current donations/Pledges: \$6,190.**

The approximate cost is \$37,000. The properties board and the PPC will proceed with the sign if 80% of the cost is raised before the project is started. Donations or pledges toward this project are appreciated. Any questions, contact Joel Rude at [joelrude@mncable.net](mailto:joelrude@mncable.net) or Tim Numedahl at [numedahl@mncable.net](mailto:numedahl@mncable.net). **Pledge cards** for the electronic sign are available on the desk outside the church office.

**VANCO** electronic withdrawal forms are available in the church office and on the desk outside the office, for those interested in automated giving. SIGN UP IS ALSO AVAILABLE THRU THE LINK ON ZION'S WEBSITE.

**OFFERING ENVELOPES** can be picked up on the table outside the church office.

**Worship Cards** are available in the pews. Please use as needed to let the pastors or office know of any items/ concerns on the back. These may be placed in the offering plate or the office drop box.

**BROADCAST SPONSORSHIP** sign up is located on the wall next to the office door. Cost is \$100 *for entire broadcast*; \$50 *for half*.

### **Direct Thrivent Choice Dollars®.**

Eligible Thrivent Financial members: Show your appreciation for Zion Lutheran Church by directing Choice Dollars. The individual recommendations you make through Choice Dollars directions can make a profound impact.

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## YOUTH NEWS

### Sunday School News

September 16th at the 8:30 service the Prayer

Shawl Ministry will present the Pre-K kids with Prayer Pillows

September 23 - Teacher Installation at the 8:30am Service

**PLEASE SEE THE SUNDAY SCHOOL BULLETIN BOARD FOR  
CURRENT INFORMATION AND ANNOUNCEMENTS**

**Confirmation Kick-off meetings on Wednesday, Sept. 26th for 8th,9th,10th  
graders and parents. Mailings were sent.**

**The Zion youth who attended the 2018 National Youth Gathering  
will be sharing about the event with the  
congregation September 23rd between services.**



Chaperones: Roberta Kalsnes, Noah Peters

Rebeka Alemayehu

Joshua Berzinski

Dayle Dahlen

Madelynn Dakken

Tristan Hanson

Logan Hintz

Zachary Hintz

Jonah Kalsnes

Trista Spears

Jerica Turner

The Christian Education Board is in need of members to help plan and carry out our youth ministries. This board meets monthly, usually the 1st Tuesday of each month. If you have an interest or feel called to help with our youth programing, please call the church office or talk with Pastor Ale or Pastor John.

Confirmation Class Assistants are also needed. Please talk with Pastor Ale or Pastor John for more information. Confirmation classes meet Wednesdays at 6PM.

## COMMUNITY/AREA EVENTS

**POWERFUL TOOLS FOR CAREGIVERS** a class for caregivers will be held at Redeemer Lutheran Church Tuesdays, September 25th through November 13 from 6PM to 7:30PM. Cost of class is \$30. Respite care is available. Registration forms are available by the church office. For more information call Julie at 218-686-6228.

**SPAGHETTI BENEFIT DINNER** for Hospice of RRV. Monday, October 1st 5-7PM at Redeemer Lutheran Church. Free-will offering.

**GRIEF DURING THE HOLIDAYS** Managing grief in times of celebration can be overwhelming. Suffering the loss of a loved one is difficult any time of the year, but the holiday season can intensify feelings of loss. This presentation will enable attendees to identify and learn how to manage the mixed and painful emotions that can surface when grieving during the holidays. Participants will also learn important self-care strategies. This class is free and open to the public; *no registration required for this class.* **Thief River Falls, Minn.** Wednesday, Nov. 14 from 10 a.m.-noon. Thief River Falls Public Library, 102 1st St. E., Thief River Falls

**HOSPICE OF THE RED RIVER VALLEY** welcomes individuals to join its volunteer team as companionship volunteers. Hospice provides a flexible schedule. To apply, go to [www.hrrv.org/volunteer](http://www.hrrv.org/volunteer) or contact Nikki Dukart at 701-740-0370 or [ndukart@hrrv.org](mailto:ndukart@hrrv.org).

**GROCERIES TO GO** **Do you need help getting your groceries?** Call RSVP at 218-281-8288 or 800-862-6466 to discuss your needs or to volunteer to help people with this need.

**RSVP HANDY MAN SERVICE** Trained volunteers enable seniors to maintain their independence and safety by providing minor home maintenance repairs such as replace batteries, lightbulbs, install grab bars or smoke detectors, weatherization projects, etc. with no charge. Materials or supplies are paid for by the client, scholarships are available for those in need. Call RSVP at 218-281-8288.

**STAY ACTIVE AND INDEPENDENT FOR LIFE (SAIL)** Offered by the Retired and Senior Volunteer Program (RSVP) This is a FREE class for seniors. You will improve balance, feel stronger, remain independent, & have more energy. This is a 1 hour class 2x per week. You can stand or sit, weights are provided at no cost. Registration is required. Contact Tammy or Jennifer at RSVP or the RRV at 218-281-8289 to sign up.

**HERITAGE COMMUNITY CENTER** first Monday of the Month fundraiser supper, 5-6 PM. Minimum donation \$7; proceeds to running the Center. Open to all ages.

**TAB COLLECTION** Leave tabs for the Ronald McDonald House in Fargo on the table outside the church office. Thank you for sharing.

### **SUPPORT GROUPS IN THIEF RIVER FALLS**

**Brain Injury:** Third Thursday, 7 PM at United Methodist.

**Cancer:** First Wednesday, 5:30-6:30 PM at Sanford Medical. Alicia at 683-4380 FMI.

**Caregiver:** Second Thursday, 10 AM at Zion. Julie at 218-686-6228 FMI.

**Dementia/Alzheimer's:** Third Monday, 6:30PM at GrandStay Hotel meeting room. Kari 686-4487 FMI.

**Gamblers Anonymous:** Mary at 218-684-0813 FMI.

**Grief:** First Tuesday, 1-2:30 PM, Hospice of the RRV. Jennifer at 888-237-4629 FMI.

**Overeater's Anonymous:** Mondays, 6:30 PM at United Methodist.

## Opportunities for the Week

### **Sunday, September 16:**

8:30 Zion Holy Communion Worship/Cable  
3 Broadcasts  
9:30 Education Hour; Coffee fellowship  
10 Silver Creek Worship  
10:30 New Traditions Worship  
4PM Fair Hills Pastors Retreat

### **Monday, September 17:**

9 AM SAIL Exercise Group  
3:30-4:30 Parish Nurse Hours

### **Tuesday, September 18:**

9:30 Staff meeting  
10:30 Coffee with Staff  
Noon Pastors Text study  
2:30 Greenleaf communion  
5:30 Parish Planning Council/Patio room  
5:30 Girl Scouts in SS room  
5:30-8PM Cub Scouts in fellowship hall

### **Wednesday, September 19:**

9 AM SAIL exercise  
6-6:30 God's Joy Choir  
6:45 Senior Choir

### **Thursday, September 20:**

#### **NEWSLETTER DEADLINE**

9 AM SAIL exercise  
10 Prayer Shawl ministry  
1 Quilting/LWR Workshop  
2 TRCC  
3 Greenleaf

### **Friday, September 21:**

7 Men's Breakfast /Biff's  
9 AM SAIL exercise  
9:30 Coffee with Staff  
5:00 Wedding Rehearsal

### **Saturday, September 22:**

Wedding of Taylor O'Bryan & Shay Engelstad

### **Sunday, September 23:**

8:30 Zion Worship/Cable 3 Broadcasts  
9:30 Education Hour; Coffee fellowship;  
**Presentation by NYG attendees**  
10 Silver Creek Worship  
10:30 New Traditions Worship  
1PM 11th Grade Confirmation Retreat at Silver Creek

## Upcoming Events

- National Youth Gathering attendees will share about the event on September 23rd between services
- **Confirmation Kick-Off Wed. Sept 26th**
- New Member Sunday—October 7th