

Fourth Sunday After Epiphany

February 3, 2019

Announcements

WELCOME VISITORS! Zion's Lay Ministry/Evangelism Board says a special welcome to you this morning and may you be fed spiritually during this time of worship.

OUR THANKS TO WORSHIP ASSISTANTS

8:30 Ushers: Ray & Kathy Wagner, Ken & Sharon Wagner

Greeters: Rick & Trudy Wold

Acolytes: Isabella Ek, Noel Thorpe

Organist/Pianist: Laura Rude

Reader: Cathy Golv

Communion Assistants: Millie Reiersen, Cathy Golv

10:30 Ushers: Paul & Marilyn Adams

Smoothie Counter: Madison Bregier

Tech Director: Chesnie Wojciechowski

Communion Assistants: Kaylee Lilja, Ben Nelson, Dylan Hahn

OUR SYMPATHY TO: the family of Edna Mossestad who passed away January 24th. Her funeral will be held Saturday, Feb. 9th, 2PM at Zion. Visitation at 1PM

OUR PRAYERS TO Sherman Johnson who is recovering at Thief River Care Center

BROADCASTS TODAY are sponsored by Zion memorials.

ZION'S WEBSITE for February is sponsored by Zion memorials.

REMINDER to those hospitalized to please notify Zion as the hospital does not inform us.

BUSY BAGS for preschoolers are available from an usher at the back of the sanctuary.

LISTENING DEVICES & LARGE PRINT worship folders & bulletins are available from an usher.

PREVIOUS SUNDAY BULLETINS are available outside the church office and Sunday announcements are also posted on our website.

SUNDAY SERVICE RIDES Call/text Sarah Villanueva at 701-212-2637.

THE HERALD is available online at Zion's site or by mail. Please contact the church office if you would like to receive it by mail. Extra copies are available on tables in the narthex or by the church office.

ZION WORSHIP SERVICE ONLINE Sunday mornings you can listen to the 8:30AM service online. Go to: www.ziontrf.org. in the black banner click Listen Online, Click on the RED link to KTRF.

PLEASE REMEMBER our staff and congregational leaders in your prayers.

Ministers: Every Member of the Congregation

Office Phone: 681-3296 *Fax:* 681-3048

John Golv, *Senior Pastor* 683-5181 jcgolv@mncable.net

Alemayehu Tulu, *Associate Pastor* 681-1866 alezion@mncable.net

Linda Hamrick, *Office Manager* ziontrf@mncable.net

Sandy Knutson, *Parish Nurse* parishnurse21@hotmail.com

Tiffany Sterry & David Lee, *Custodians*

JOIN THE STAFF -Tuesdays at 10:30 AM & Fridays at 9:30 AM for coffee fellowship.

PLEASE TURN OFF YOUR CELL PHONE DURING SERVICES—THANK YOU!

PARISH NURSE HOURS Mondays 3:30—4:30 PM

Are you wanting to improve your health? Start with one simple change such as walking or eating more vegetables and it may turn into a lifestyle you can sustain. Begin by walking 10 minutes a day for one week. Walk slowly for a few minutes to warm up and then walk briskly for a few minutes to get your heart pumping. Walk slowly again for a cool-down. Your ultimate goal will be 150 minutes of brisk walking per week, if tolerated.

NO HANDSHAKING during the flu season. Elbows only! This will continue thru the winter season.

THE EVANGELISM /LAY MINISTRY BOARD is seeking volunteers to bring home communion to shut-ins on Communion Sundays. This is a very simple yet wonderful way to serve our fellow members of our congregation. Please contact the church office or Marijo Nabben at 686-4277 if interested. If you are in need or know someone in need of, or would like home communion, please contact the church office.

LWR QUILTING AND KIT WORKSHOP Please come and join us for our Lutheran World Relief Workshop the 1st, 3rd, and 5th (if there is one) Thursdays of the month. We meet from 1- 4pm. Sewing quilts and preparing many different types of kits to send to the Lutheran World Relief is our mission. Come when you can, choose what you do and leave when you must. We have fun! its not all work. For more info call Sharon Bergerson 681-5445, or Carol Waswick 681-5907 about quilts; and Sharon Jorde 681-4739 or Sharon Wagner 681-2473 about kits.

PRAYER SHAWL MINISTRY meets on Thursday mornings at 10:00 in the Fellowship Hall. We are always looking for more crocheters and knitters! If you don't know how to knit or crochet, we will help you learn! For more information call Deb Holtan at 449-4645.

BROADCAST SPONSORSHIP sign up is located on the wall next to the office door. Cost is \$100 *for entire broadcast*; \$50 *for half*. Many sponsor opportunities are still available for the coming year.

MINISTRY NEEDS

Attendance Sunday, Jan. 27: 126

Weekly offering/Simply Giving for week of Jan. 21-27: \$5,724.

Envelope/Simply Giving Income from January 1-31: \$28,723.



2019 Budget \$456,635. (\$8,781.needed per week to meet expenses)

The Alternative Budget was approved at the Annual Meeting on January 27, 2019.



GIVEHUB KIOSK IS LOCATED BY THE STAIRS TO THE CHOIR LOFT -

For debit/credit card donations to Zion.

OUTDOOR ELECTRONIC SIGN Current donations/Pledges: \$6,190.

The approximate cost is \$37,000. The properties board and the PPC will proceed with the sign if 80% of the cost is raised before the project is started. Donations or pledges toward this project are appreciated. Any questions, contact Joel Rude at joelrude@mncable.net or Tim Numedahl at numedahl@mncable.net. **Pledge cards** for the electronic sign are available on the desk outside the church office.

VANCO electronic funds transfer forms are available in the church office and on the desk outside the office, for those interested in automated giving.

SIGN UP IS ALSO AVAILABLE THRU THE LINK ON ZION'S WEBSITE.

WORSHIP CARDS are available in the pews. Use as needed to let the pastors or office know of any items/ concerns/ address /phone changes etc.. Please leave in the offering plate or the office drop box.

Direct Thrivent Choice Dollars® Eligible Thrivent Financial members: Show your appreciation for Zion Lutheran Church by directing Choice Dollars. The individual recommendations you make through Choice Dollars directions can make a profound impact.

YOUTH NEWS



- Noisy Offering for February: Pathways
- Please see Sunday School/Youth bulletin boards for current information
- Sunday School Sings in church February 10th at both 8:30 and 10:30 services
- Little Lambs—Grade 5 Event TODAY, Feb.3rd at the Water-Park, see bulletin board for details or contact Becky or Davina.

Chaperones needed.

- Confirmation Classes January 30; Menu: Lasagna
- Zion Youth are selling 2019 Calendars, pocket calendars, cards and note pads. Contact a youth or Kami Spears to purchase.

BUENA VISTA SKI TRIP - Grades 6-12

Trinity, Redeemer & Zion ski trip is scheduled for February 15-16

We will leave after school Friday and return between 6-7 on Saturday. The cost includes transportation, lodging, supper Friday and breakfast Saturday. Extra money will be needed for lunch Saturday and snacks.



- Lift ticket only \$70
- Lift ticket & ski rental \$80
- Lift ticket & snowboard rental \$100
- Tubing only \$65
- Adult lodging/meal with no lift ticket \$30

Registration Ends Feb 8. Parents are welcome to contact me directly to sign up their kids. Call/text 686-5401 or email tlsensation@yahoo.com



FLAPJACKS FOR FAITH

February 17

Contact Amber to sign-up to help

COMMUNITY/AREA EVENTS

LSS Caregivers Support Discussion is held at Zion the 2nd Thursday of each month at 10AM. Next meeting is Feb. 14th. For more information contact Julie at 218-686-6228

STAY ACTIVE AND INDEPENDENT FOR LIFE (SAIL) Offered by the Retired and Senior Volunteer Program (RSVP) This is a FREE class for seniors. You will improve balance, feel stronger, remain independent, & have more energy. This is a 1 hour class 2x per week. You can stand or sit, weights are provided at no cost. Registration is required. Contact Tammy or Jennifer at RSVP or the RRV at 218-281-8289 to sign up.

HOSPICE OF THE RED RIVER VALLEY welcomes individuals to join its volunteer team as companionship volunteers. Hospice provides a flexible schedule. To apply, go to www.hrrv.org/volunteer or contact Nikki Dukart at 701-740-0370 or ndukart@hrrv.org.

GROCERIES TO GO Do you need help getting your groceries? Call RSVP at 218-281-8288 or 800-862-6466 to discuss your needs or to volunteer to help people with this need.

RSVP HANDY MAN SERVICE Trained volunteers enable seniors to maintain their independence and safety by providing minor home maintenance repairs such as replace batteries, lightbulbs, install grab bars or smoke detectors, weatherization projects, etc. with no charge. Materials or supplies are paid for by the client, scholarships are available for those in need. Call RSVP at 218-281-8288.

HERITAGE COMMUNITY CENTER first Monday of the Month fundraiser supper, 5-6 PM. Minimum donation \$7; proceeds to running the Center. Open to all ages.

TAB COLLECTION Leave tabs for the Ronald McDonald House in Fargo on the table outside the church office. Thank you for sharing.

SUPPORT GROUPS IN THIEF RIVER FALLS

Caregiver: Second Thursday, 10 AM at Zion. Julie at 218-686-6228 FMI.

Opportunities for the Week

Sunday, February 3:

8:30 Zion Holy communion Worship, Cable
3 Broadcasts
9:30 Education hour/Coffee fellowship/
blood pressure screening
10:00 Silver Creek Worship
10:30 New Traditions Worship
1-4 PM LL-Gr 5 Waterpark Event
2-4 PM Girl Scouts in Fellowship hall

Monday, February 4:

9 SAIL exercise
3:30—4:30 Parish Nurse Hours

Tuesday, February 5:

9:30 Staff meeting
10:30 Coffee with Staff
Noon Pastors Text Study
4 Parish Health

BOARD MEETINGS

Wednesday, February 6:

9 SAIL Exercise Group
**7PM Conference Confirmation Event
at Zion “Witnesses” with Jonathan Swen-
son**

Thursday, February 7:

9 AM SAIL Exercise Group
9:30 TRF Ministerial meeting
10 Prayer Shawl ministry
1 Quilting /LWR workshop
1 Skylite
2 Riverside Terrace

Friday, February 8:

7 Men’s Breakfast/Biff’s
9 SAIL Exercise
9:30 Coffee with Staff

Saturday, February 9:

1PM visitation
2PM Edna Mossestad funeral

Sunday, February 10:

8:30 Zion Worship/ SS Sings, Cable 3
Broadcasts
9:30 Education hour/Coffee fellowship
9:30 March Sharing Servants in Lounge
10:00 Silver Creek Holy Communion
Worship
10:30 New Traditions Worship/ SS Sings