

7th Sunday of Easter

June 2, 2019

Announcements

WELCOME VISITORS! Zion's Lay Ministry/Evangelism Board says a special welcome to you this morning and may you be fed spiritually during this time of worship.

OUR THANKS TO WORSHIP ASSISTANTS

8:30 Ushers: Della Burstad, LeAnn Nelson, Don Sollom

Greeters: Glenice Johnson

Acolytes:

Pianist: Laura Rude

Reader: Sarah Villanueva

Communion assistants: Kami & Shawna Spears

BROADCASTS TODAY are sponsored by Zion memorials

ZION'S WEBSITE for May is sponsored by Zion memorials

REMINDER to those hospitalized to please notify Zion as the hospital does not inform us.

BUSY BAGS for preschoolers are available from an usher at the back of the sanctuary.

LISTENING DEVICES & LARGE PRINT worship folders & bulletins are available from an usher.

PREVIOUS SUNDAY BULLETINS are available outside the church office and Sunday announcements are also posted on our website.

SUNDAY SERVICE RIDES Call/text Sarah Villanueva at 701-212-2637.

THE HERALD is available online at Zion's site or by mail. Please contact the church office if you would like to receive it by mail. Extra copies are available on tables in the narthex or by the church office.

ZION WORSHIP SERVICE ONLINE Sunday mornings you can listen to the 8:30AM service online. Go to: www.ziontrf.org. in the black banner click Listen Online, Click on the RED link to KTRF.

PLEASE REMEMBER our staff and congregational leaders in your prayers.

Ministers: Every Member of the Congregation

Office Phone: 681-3296 *Fax:* 681-3048

John Golv, *Senior Pastor* 683-5181 jcgolv@mncable.net

Alemayehu Tulu, *Associate Pastor* 681-1866 alezion@mncable.net

Linda Hamrick, *Office Manager* ziontrf@mncable.net

Sandy Knutson, *Parish Nurse*

Tiffany Sterry & David Lee, *Custodians*

JOIN THE STAFF -Tuesdays at 10:30 AM & Fridays at 9:30 AM for coffee fellowship.

PLEASE TURN OFF YOUR CELL PHONE DURING SERVICES—THANK YOU!

PARISH NURSE HOURS Mondays 3:30—4:30 PM

It is time to be concentrating on sunscreen. Remember to make it a part of your routine when working outside, relaxing, or participating in outdoor activities. Use SPF of at least 30, broad spectrum and water resistant. SPF under 30 may protect somewhat against sunburn, but not against skin cancer or skin aging, according to the American Cancer Society. Every Sunscreen should protect you from both UVA and UVB rays. UVB radiation is responsible for surface damage to skin (sunburn) while UVA rays penetrate deeper into the epidermis where most cases of skin cancer develop. "Broad Spectrum" label indicates coverage for both UVA and UVB radiation.

An Onsite Defibrillator (AED) for use on someone with Sudden Cardiac Arrest continues to be available if needed/ It is located in the elevator alcove on the wall in the narthex. There is signage visible in the hall. Look for the sign in case you get asked to run for it. It is much like a fire extinguisher, you hope you do not need to use it but it is ready if needed.

LWR QUILTING Please come and join us for our Lutheran World Relief Workshop the 1st, 3rd, and 5th Thursdays of the month from 1- 4pm. Sewing quilts for Lutheran World Relief is our mission. Come when you can, choose what you do and leave when you must. For more info call Sharon Bergerson 681-5445, or Carol Waswick 681-5907. **Quilting will continue thru the summer**

PRAYER SHAWL MINISTRY meets on Thursday mornings at 10:00 in the Fellowship Hall. If you don't know how to knit or crochet, we will help you learn! For more information call Deb Holtan at 449-4645.

Koni Johnson would like to send a **BIG "Thank You"** to our Falls Meals drivers that help deliver meals on May 27th through the 31st: Ron Ostby, Ale Tulu, Carol Narverud, Elizabeth Erickson. If interested in being a driver please contact Koni to place your name on a list. We deliver meals 1 week in January and 1 week in May. Home phone # 681-1344 or cell # 689-7746.

Wednesday Summer Worship Series "The Fruit of the Spirit" begins this week.

STEWARDSHIP

Attendance Sunday, May 26: 91

Weekly offering/Simply Giving for week of May 14—May 26: \$5,048.

Envelope/Simply Giving Income from January 1– May 26: \$152,242.

2019 Budget \$456,635. /\$8,781.needed per week to meet expenses

JAN-APR average is **\$6,645.** per week

Direct Thrivent Choice Dollars® Eligible Thrivent Financial members: Show your appreciation for Zion Lutheran Church by directing Choice Dollars. The individual recommendations you make through Choice Dollars directions can make a profound impact.

BROADCAST SPONSORSHIP sign up is located on the wall next to the office door. Cost is \$100 *for entire broadcast*; \$50 *for half*.

Opportunities for the Week

Sunday, June 2:

8:30 Holy Communion Worship Cable 3
Broadcasts;
9:30 Coffee Fellowship
10:00 Silver Creek

Monday, June 3:

9 SAIL Exercise Group
3-4 Parish Nurse Hours

Tuesday, June 4:

9:30 Staff meeting
10:30 Coffee with Staff
Noon Pastors Text Study

Wednesday, June 5:

9 SAIL Exercise Group
5:30 Supper
6:15 New Traditions Worship

Thursday, June 6:

9 AM SAIL Exercise Group
10 Prayer Shawl ministry
1 Quilting

Friday, June 7:

7 Men's Breakfast/Biff's
9 SAIL Exercise
9:30 Coffee with Staff

Sunday, June 9:

8:30 Holy Communion Worship Cable 3
Broadcasts;
9:30 Coffee Fellowship
10:00 Silver Creek