

Pentecost 5
July 14, 2019

Announcements

WELCOME VISITORS! Zion's Lay Ministry/Evangelism Board says a special welcome to you this morning and may you be fed spiritually during this time of worship.

OUR THANKS TO WORSHIP ASSISTANTS

8:30 Ushers: Glen Peters, Yvonne Pederson, Millie Reiersen, Dan Bartsch

Greeters: Dave & Mary Morken

Musician: Laura Rude

Reader: Russell Rhen

OUR SYMPATHY to Aaron & Ashley Holtan & family on the death of their infant daughter, Laney Theodora Ricki Holtan. Her funeral will was held at Zion, Tuesday, July 9th.

BROADCASTS TODAY are sponsored in memory of Vernon & Lillian Kees by Vivian Knutson and Family

ZION'S WEBSITE for July is sponsored by Dick & Jan Haugen in memory of Loved Ones.

REMINDER to those hospitalized to please notify Zion as the hospital does not inform us.

BUSY BAGS for preschoolers are available from an usher at the back of the sanctuary.

LISTENING DEVICES & LARGE PRINT worship folders & bulletins are available from an usher.

PREVIOUS SUNDAY BULLETINS are available outside the church office and Sunday announcements are also posted on our website.

SUNDAY SERVICE RIDES Call/text Sarah Villanueva at 701-212-2637.

THE HERALD is available online at Zion's site or by mail. Please contact the church office if you would like to receive it by mail. Extra copies are available on tables in the narthex or by the church office.

ZION WORSHIP SERVICE ONLINE Sunday mornings you can listen to the 8:30AM service online. Go to: www.ziontrf.org. in the black banner click Listen Online, Click on the RED link to KTRF.

PLEASE REMEMBER our staff and congregational leaders in your prayers.

Ministers: Every Member of the Congregation

Office Phone: 681-3296 *Fax:* 681-3048

John Golv, *Senior Pastor* 683-5181 jcgolv@mncable.net

Alemayehu Tulu, *Associate Pastor* 681-1866 alezion@mncable.net

Linda Hamrick, *Office Manager* ziontrf@mncable.net

Sandy Knutson, *Parish Nurse*

Tiffany Sterry & David Lee, *Custodians*

JOIN THE STAFF -Tuesdays at 10:30 AM & Fridays at 9:30 AM for coffee fellowship.

PATIO FOUNTAIN— Coins that are tossed into the fountain will be collected for Zion youth.

PARISH NURSE HOURS Mondays 3:30—4:30 PM

Focus on wellness: Our bodies are a gift from God and we should be good stewards. As a family, make healthy meals and get active together by taking a walk, biking or just working in the yard or garden. Say a prayer of thanks when eating and also when you are playing. Pray anytime, anywhere, softly or loudly.

An Onsite Defibrillator (AED) for use on someone with Sudden Cardiac Arrest continues to be available if needed/ It is located in the elevator alcove on the wall in the narthex. There is signage visible in the hall. Please take note of the location.

LWR QUILTING Please come and join us for our Lutheran World Relief Workshop the 1st, 3rd, and 5th Thursdays of the month from 1- 4pm. Sewing quilts for Lutheran World Relief is our mission. Come when you can, choose what you do and leave when you must. For more info call Sharon Bergerson 681-5445, or Carol Waswick 681-5907. **Quilting will continue thru the summer**

PRAYER SHAWL MINISTRY meets on Thursday mornings at 10:00 in the Fellowship Hall. If you don't know how to knit or crochet, we will help you learn! For more information call Deb Holtan at 449-4645.



PATHWAYS DAY CAMP will be held August 5-8 at Redeemer. Online registration is now available on the Zion Facebook page or Redeemer's website <https://redeemertrf.org/>

STEWARDSHIP

Attendance Sunday, July 7: 79

Weekly offering/Simply Giving for week of July 1-July 7: \$5,373.

Envelope/Simply Giving Income from January 1– July 7: \$181,432.

2019 Budget \$456,635. /\$8,781.needed per week to meet expenses

JAN-JUNE average is \$6,595. per week

Direct Thrivent Choice Dollars® Eligible Thrivent Financial members: Show your appreciation for Zion Lutheran Church by directing Choice Dollars. The individual recommendations you make through Choice Dollars directions can make a profound impact.

BROADCAST SPONSORSHIP sign up is located on the wall next to the office door. Cost is \$100 *for entire broadcast*; \$50 *for half*.

GIVEHUB KIOSK IS LOCATED BY THE STAIRS TO THE CHOIR LOFT For debit/credit card donations

VANCO electronic funds transfer forms are available in the church office and on the desk outside the office, for those interested in automated giving. SIGN UP IS ALSO AVAILABLE THRU THE LINK ON ZION'S WEBSITE.

WORSHIP CARDS are available in the pews. Use as needed to let the pastors or office know of any items/ concerns/ address /phone changes etc.. Please leave in the offering plate or the office drop box.

COMMUNITY/AREA EVENTS

“MORNING OUT” LSS CAREGIVER SUPPORT- DAY RESPITE at Zion Lutheran Church. **Every Thursday from 9:00 AM to 1:00 PM.** This service provides a safe enjoyable environment for your loved one (age 60+) so you are able to rest, shop, take care of health needs, or run errands. Participants will enjoy activities in a safe surrounding. For more information or to enroll contact Julie Praska-Moser at 218-686-6228

LSS CAREGIVERS SUPPORT - DISCUSSION is held at Zion the 2nd Thursday of each month at 10AM. Next meeting is August 8. For more information contact Julie at 218-686-6228

STAY ACTIVE AND INDEPENDENT FOR LIFE (SAIL) Offered by the Retired and Senior Volunteer Program (RSVP) This is a FREE class for seniors. You will improve balance, feel stronger, remain independent, & have more energy. This is a 1 hour class 2x per week. You can stand or sit, weights are provided at no cost. Registration is required. Contact Tammy or Jennifer at RSVP or the RRV at 218-281-8289 to sign up.

HOSPICE OF THE RED RIVER VALLEY welcomes individuals to join its volunteer team as companionship volunteers. Hospice provides a flexible schedule. To apply, go to www.hrrv.org/volunteer or contact Nikki Dukart at 701-740-0370 or ndukart@hrrv.org.

GROCERIES TO GO Do you need help getting your groceries? Call RSVP at 218-281-8288 or 800-862-6466 to discuss your needs or to volunteer to help people with this need.

RSVP HANDY MAN SERVICE Trained volunteers enable seniors to maintain their independence and safety by providing minor home maintenance repairs such as replace batteries, lightbulbs, install grab bars or smoke detectors, weatherization projects, etc. with no charge. Materials or supplies are paid for by the client, scholarships are available for those in need. Call RSVP at 218-281-8288.

HERITAGE COMMUNITY CENTER first Monday of the Month fundraiser supper, 5-6 PM. Minimum donation \$7; proceeds to running the Center. Open to all ages.

TAB COLLECTION Leave tabs for the Ronald McDonald House in Fargo on the table outside the church office. Thank you for sharing.

TRF Area Community Fund Memorial Gift Cards—These cards are offered free of charge to anyone who would like to make a memorial gift. They are available at various churches, the Chamber, and other locations around TRF. You may also contact Jan Strandlie at (218) 686-7740. They are available on the table in the narthex.

Opportunities for the Week

Sunday, July 14:

8:30 Zion Worship Cable 3 Broadcasts;
9:30 Coffee Fellowship
August Sharing servants meeting
10:00 Silver Creek Holy Communion
worship & Council following

Monday, July 15:

9 SAIL Exercise Group
3-4 Parish Nurse Hours

Tuesday, July 16:

9:30 Staff meeting
10:30 Coffee with Staff
Noon Pastors Text study
2:30 Greenleaf communion
5:00 Shared Youth Director meeting
5:30 BOARD MEETINGS
6:30 PARISH PLANNING COUNCIL

Wednesday, July 17:

9 EXERCISE GROUP
5:30 SUPPER
6:15 WEDNESDAY WORSHIP

Thursday, July 18:

9-1 LSS Group Respite Care
10 Prayer Shawl ministry
1 Quilting

Friday, July 19:

9 SAIL Exercise Group
9:30 Coffee with Staff
2 Valley Home communion

Sunday, July 21:

8:30 Zion Holy Communion Worship Cable
3 Broadcasts;
9:30 Coffee Fellowship
10:00 Silver Creek worship

PLEASE NOTE DATE/TIME CHANGES:

BOARD MEETINGS FOR JULY
WILL BE HELD ON TUESDAY, JULY 16TH AT 5:30 PM

PARISH PLANNING COUNCIL MEETING
WILL FOLLOW AT 6:30 PM