

# First Sunday in Lent

## March 1, 2020

## Announcements

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**WELCOME VISITORS!** Zion's Lay Ministry/Evangelism Board says a special welcome to you this morning and may you be fed spiritually during this time of worship.

**OUR THANKS TO TODAY'S WORSHIP ASSISTANTS**

**8:30 Ushers:** Al Aaseby, Judy Melby, Bill & Corie Oliver

**Greeters:** Jessica Hegland, Sharon Bergerson

**Acolytes:** Wyatt Johnson, Evan Bregier

**Musician:** Laura Rude

**Reader:** Sharon Wagner

**Communion assistants:** Dick Haugen, Millie Reiersen

**10:30 Ushers:** Barbra Arett, Edward & Elizabeth      **Tech director:** Jace Erickson

**Communion assistants:** Kaylee Lilja, Austin Tabatt, Kendal Rantanen      **Smoothies:** Layla Forsberg

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**BROADCASTS** today are sponsored by Zion memorials.

**ZION'S WEBSITE** for March sponsored by Dick & Jan Haugen in memory of Loved Ones.

**REMINDER** to those hospitalized to please notify Zion as the hospital does not inform us.

**BUSY BAGS** for preschoolers are available from an usher at the back of the sanctuary.

**LISTENING DEVICES & LARGE PRINT** worship folders & bulletins are available from an usher.

**PLEASE SIGN & PASS THE RED FRIENDSHIP PADS.** Please introduce yourself to people you do not know.

**SUNDAY SERVICE RIDES** Call/text Sarah Villanueva at 701-212-2637.

**THE HERALD** is available online at Zion's site or by mail. Please contact the church office if you would like to receive it by mail. Extra copies are available on tables in the narthex or by the church office.

**ZION WORSHIP SERVICE ONLINE** Sunday mornings you can listen to the 8:30AM service online. Go to: [www.ziontrf.org](http://www.ziontrf.org). in the black banner click Listen Online, Click on the RED link to KTRF.

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### —————→      **Input Needed - Electronic Sign**      ←————

The Council needs your feedback on whether Zion should pursue putting up an electronic sign on church grounds.

Currently we have no signage indicating service times, activities, special events etc.

The cost of the sign is approximately \$37,000. Currently we have \$3,160 in donations and \$5,100 in pledges.

Before the council commits one way or the other, we would like your opinions. Please reach out to a council member, the pastors, or call Laura Rude - 684-1072, Mike Spears - 689-7837, or Tim Numedahl - 689-3471.

We would love to hear from you. Thank you for your commitment to Zion.

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**Ministers:** Every Member of the Congregation

**Office Phone:** 681-3296      **Fax:** 681-3048

John Golv, *Senior Pastor* 683-5181 [jcgolv@mncable.net](mailto:jcgolv@mncable.net)

Alemayehu Tulu, *Associate Pastor* 681-1866 [alezion@mncable.net](mailto:alezion@mncable.net)

Linda Hamrick, *Office Manager* [ziontrf@mncable.net](mailto:ziontrf@mncable.net); Tiffany Sterry & David Lee, *Custodial*

Madison Crane, *Youth & Family Ministries* [rzyouthfam@gmail.com](mailto:rzyouthfam@gmail.com); Sandy Knutson, *Parish Nurse*

-Join the Staff on Tuesdays at 10:30 AM & Fridays at 9:30 AM for coffee fellowship.

### PARISH NURSE HOURS Mondays 3:30—4:30 PM

- ⇒ During this flu season, please refrain from handshaking. Share the peace with a smile, fist bump or elbow bump.
- ⇒ Parish Health Nursing is not only concerned with the members of the church individually but also the church as a whole. We all go through changes in our lives and we know that it is not always easy. Sometimes in the middle of a change it can look and feel like real chaos. Most importantly remember who is always with us! May God give us all strength, patience, and understanding, while working together for a healthy congregation. Take time to enjoy all the great ideas brought forth and do not forget to let your ideas be known.
- ⇒ An Onsite Defibrillator (AED) for use on someone with Sudden Cardiac Arrest continues to be available if needed/ It is located in the elevator alcove on the wall in the narthex. There is signage visible in the hall.

**LWR QUILTING** & Lutheran World Relief Workshop the 1st, 3rd, and 5th Thursdays of the month 1- 4pm. Questions? call Sharon Bergerson 681-5445, or Renee Henney 964-5816

**COMMUNION SET-UP Volunteers are needed** to help with set up of communion. Contact Sharon Jorde at 681-4737 or 689-0373 if you can help.

**ASSISTANCE NEEDED:** During our Lenten season we will again be collecting items for the **Personal Care Kits**. The items needed are a **bath towel, adult-sized toothbrush, nail clipper, sturdy comb, and 2 bath-sized bars of soap**. The kits are sent to Lutheran World Relief. Last spring, the confirmands & several ladies assembled them and we shipped 135 Personal Care Kits along with 25 Baby Care Kits, & quilts.

Also needed are **adult t-shirts**, at least a size large or more, colored or white, preferably cotton, logo or some printing okay. These are made into diapers for the **Baby Care Kits**. This kit requires a **hand towel** so that would also be appreciated. *The towels for either kit new or gently used.*

A container will be available for you to deposit your items. For more information, please contact Sharon Jorde at 681-4739 or Sharon Wagner at 681-2473. **Thank you** very much for your assistance in these projects!

**ATTENTION:** Beginning Today, March 1st during the coffee hour at 9:30. "Effective Parenting in a Defective World" This is for parents, grandparents, aunts, uncles—any one involved with today's young people. Raising kids is tough.....but God has a plan! Come and join us you won't be disappointed!!

## **STEWARDSHIP**

Attendance: Sunday, February 23: 130

Weekly offering/Simply Giving for week of Feb 17– Feb 23: \$6,866.

Envelope/Simply Giving Income from January 1– Feb. 23: \$54,790.

February Noisy Offering (8:30) for Faith Fund: \$199.05

**2020 Budget \$389,621.** /\$7,493.needed per week to meet expenses

**Direct Thrivent Choice Dollars®** Eligible Thrivent Financial members: Show your appreciation for Zion Lutheran Church by directing Choice Dollars. The individual recommendations you make through Choice Dollars directions can make a profound impact.

**BROADCAST SPONSORSHIP** sign up is located on the wall next to the office door. Cost is \$100 *for entire broadcast*; \$50 *for half*.

**GIVEHUB KIOSK IS LOCATED BY THE STAIRS TO THE CHOIR LOFT** For debit/credit card donations.

**VANCO** electronic funds transfer forms are available in the church office and on the desk outside the office, automated giving. SIGN UP IS ALSO AVAILABLE ON ZION'S WEBSITE.

**ADDRESS/PHONE UPDATES** We are seeking to **update addresses, phone numbers and email** of members. If you have recently changed address or disconnected a land line phone, please let us know. If you update this information in the red pew pads please mark as new address, phone, or email. You may also email updates to the church office at [ziontrf@mncable.net](mailto:ziontrf@mncable.net)

## **Can You Help?**

We are updating member information. If you know or have information about the following members, please call the church office at 681-3296 or email – [ziontrf@mncable.net](mailto:ziontrf@mncable.net). We will be adding member names each Sunday.

Michael Noreen, Stephanie Noreen, Angie Olson, Barbara Olson, Cole Olson, Jason Olson, Randy Olson, Ricky Olson, Ryan Olson, Sara Ose, Bennett Pagnac, Grace Pagnac, Darren Panek, Michael Payne, Annaliese Pederson, Jessica Pedersen, Roylene Peterson, April Peterson, Eric Peterson, Daniel Piche, David Pierson, Debra Pierson, Tom Pittman, Christopher Plante, Elizabeth Plante, Joshua Plante, Ryan Poissant, Lisa Poole, Katie Pribula, Michael Puetz, Wendy Resop, Kassi Ringstad, Ryan Rude, Whitney Rupprecht, David Rux, Brittany Sather

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### **Noisy Offering for March: VIP—Violence Intervention Project**

Looking for enamel mugs to replace the (breakable) glass mason jars used for Noisy offering. Please contact Madison Crane if you have any to donate!

**Pre-K-5 Event :** March 29th, 3-5 PM Painting or Coloring to relax @ Redeemer  
**Sunday School Sings in Church March 1st.**

**FLAPJACKS FOR FAITH—March 15th—** Sign up sheet on Madison's door for upcoming months. Funds raised for youth IFA's. Parents/ adults are needed to help prepare food with their youth who sign up to work these events.

**IFA** -(Individual Family Accounts) students of any age can start adding funds to their account. These funds can be used for church sponsored events.

**Confirmation Students: 9th grade & parents are scheduled for Lenten supper clean-up this week.**  
**Wednesday Lenten Services at 6:30 PM**

**ALL MIDDLE SCHOOL STUDENTS-** You are invited to join us every Sunday up in the Youth Room at 9:30 am. We will have a fun time of fellowship as we grow in our love and learn about Jesus!

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### **Youth of Zion & Redeemer**



- ➔ **PICK UP PATHWAYS SUMMER BIBLE CAMP BROCHURES BY MADISON'S OFFICE.** Early Bird Registration for Zion Youth to attend Pathways Bible camp is March 21st!
  - ➔ **6th-12th Graders:** Bowling @ Family Bowl on Sunday, March 8th from 1-3PM. Space is limited. Sign up on green sheet by Madison's office
  - ➔ March 29th **WITNESSES** Theatre Event at Zion 7:00 PM
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**Zion Lutheran Church Foundation Scholarship Applications** are available on the youth bulletin board. This scholarship is open to high school seniors who plan to attend or those currently attending an ELCA college. Deadline for application is April 1st.

**Madison Crane**, Director of Children, Youth & Family Ministry  
Monday & Wednesday at Redeemer—Tuesday & Thursday at Zion  
Call Zion 681-3296 Redeemer 681-3390 or email: [ryouthfam@gmail.com](mailto:ryouthfam@gmail.com)

## COMMUNITY/AREA EVENTS

**CONCORDIA CHOIR (MOORHEAD, MINN) IN CONCERT** -- Hear one of the nation's finest college choirs perform Sunday, March 15 at 4:00 pm in Memorial Auditorium at Concordia College. René Clausen conducts the 73-voice a cappella choir on his final tour in several spirituals and hymns, along with stunning works by contemporary composers Shawn Kirchner, Jake Runestad, and René Clausen. You've seen their Emmy-winning Christmas concerts on television, now hear them live!

**“MORNING OUT” LSS CAREGIVER SUPPORT- DAY RESPITE** at Zion Lutheran Church. **Every Thursday from 9:00 AM to 1:00 PM.** This service provides a safe enjoyable environment for your loved one (age 60+) so you are able to rest, shop, take care of health needs, or run errands. Participants will enjoy activities in a safe surrounding. For more information or to enroll contact Julie Praska-Moser at 218-686-6228.

**LSS CAREGIVERS SUPPORT - DISCUSSION** is held at Zion the 2nd Thursday of each month at 10AM. Next meeting is March 12th. For more information contact Julie at 218-686-6228

**MAKE A DIFFERENCE!** RSVP (Retired and Senior Volunteer Program) is recruiting men and women, age 55 and older, to help older adults remain safe and independent in their own homes. Seeking helpers who are willing to help get groceries, or perform minor home maintenance/repairs. Supplemental Insurance, mileage reimbursement and recognition benefits! Contact Tammy Frohlich at 218-281-8289 or Jennifer Erdmann at 218-281-8288 to enroll or other questions.

**STAY ACTIVE AND INDEPENDENT FOR LIFE (SAIL)** Offered by the Retired and Senior Volunteer Program (RSVP) This is a FREE class for seniors. You will improve balance, feel stronger, remain independent, & have more energy. This is a 1 hour class 2x per week. You can stand or sit, weights are provided at no cost. Registration is required. Contact Tammy or Jennifer at RSVP or the RRV at 218-281-8289 to sign up.

**GROCERIES TO GO** **Do you need help getting your groceries?** Call RSVP at 218-281-8288 or 800-862-6466 to discuss your needs or to volunteer to help people with this need.

**RSVP HANDY MAN SERVICE** Trained volunteers enable seniors to maintain their independence and safety by providing minor home maintenance repairs such as replace batteries, lightbulbs, install grab bars or smoke detectors, weatherization projects, etc. with no charge. Materials or supplies are paid for by the client, scholarships are available for those in need. Call RSVP at 218-281-8288.

**HOSPICE OF THE RED RIVER VALLEY** welcomes individuals to join its volunteer team as companionship volunteers. Hospice provides a flexible schedule. To apply, go to [www.hrrv.org/volunteer](http://www.hrrv.org/volunteer) or contact Nikki Dukart at 701-740-0370 or [ndukart@hrrv.org](mailto:ndukart@hrrv.org).

**HERITAGE COMMUNITY CENTER** first Monday of the Month fundraiser supper, 5-6 PM. Minimum donation \$7; proceeds to running the Center. Open to all ages.



## Lent Worship Schedule for 2020

**Worship at Zion is at 6:30 PM Wednesdays  
Suppers served at 5:30 PM**

February 26:                      ASH WEDNESDAY                      Pastor John Golv

### **"Thy Will Be Done"**

"Not as I will, but as you will," Jesus prayed to his Father the night before he went to the cross for our salvation. And that is our prayer as well this Lent as we seek to do God's will in our lives, as we draw near to the observance of Christ's suffering, death and resurrection during Holy Week.

March 4:	<b>Jesus</b>	Pastor Gary Graff
March 11:	<b>Jonah</b>	Pastor Kristin Ostercamp
March 18:	<b>Mary</b>	Pastor Cathie Rhoades
March 25:	<b>Lydia</b>	Pastor Carl Hansen
April 1:	<b>David</b>	Pastor Jonathan Dodson

### **Lenten Suppers**

The schedule for our 2020 Lenten suppers is as follows:

**Mar. 4 - Scalloped potatoes (catered)/Grade 9 clean-up**

Mar. 11 - Chicken ala King/Dorcas Circle/Grade 7 clean-up

Mar. 18- Tater Tot hotdish/Elizabeth Circle/Grade 5&6 clean-up

Mar. 25 - Beef Stew/Rebekah Circle/Grade 3&4 clean-up

April 1 - Macaroni hamburger hotdish/Anna Circle /Grade K-2 clean-up

April 9 - Seder meal for confirmands/Lydia Circle & others/ Gr.8 clean-up

Thank you to the circles for providing meals and the students & parents for helping with the clean-up!

**Please join us for food and fellowship before each Lenten service on Wednesday evenings.**

## **Opportunities for the Week**

### **Today, Sunday. March 1:**

Sunday School sings—both services  
8:30 Zion Holy Communion worship /  
Cable 3 BC's/  
9:30 Ed Hour; Coffee Fellowship/  
Blood Pressure screening  
Effective Parenting class  
10:00 Silver Creek worship  
10:30 New Traditions worship

### **Monday, March 2:**

9 SAIL Exercise  
3:30- 4:30 Parish Nurse Hours

### **Tuesday, March 3:**

9:30 Staff meeting  
10:30 Coffee with Staff  
Noon—Pastors Text Study/Zion  
4 Parish Health  
BOARD MEETINGS

### **Wednesday, March 4:**

9 SAIL Exercise  
4:45 Handbell Choir  
**5:30 Lenten Supper**  
**6:30 Lenten Worship**  
7:30 Senior Choir

### **Thursday, March 5:**

9 SAIL Exercise  
9-1 Respite Care in lounge  
9:30 TRF Ministerial  
10 Prayer Shawl ministry  
1 Quilting/ LWR Workshop  
1 Skylite  
2 Riverside Terrace

### **Friday, March 6:**

7 Men's Breakfast  
9 SAIL Exercise  
9:30 Coffee with the Staff

### **Saturday, March 7:**

Reminder to turn clocks **ahead**  
one hour tonight!

### **Next Sunday, March 8:**

8:30 Zion worship /Gideon's/  
Cable 3 BC's/  
9:30 Ed Hour; Coffee Fellowship/  
Effective Parenting class  
April Sharing Servants meet in lounge  
10:00 Silver Creek Holy Communion  
worship/council  
10:30 New Traditions worship  
1-3 Bowling for 6th-12 grades