

ZION LUTHERAN CHURCH, ELCA
Thief River Falls, MN
TENTH SUNDAY OF PENTECOST
August 1, 2021
Holy Communion



Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry and whoever believes in me will never be thirsty.” John 6:35

PRELUDE ANNOUNCEMENTS

***CONFESSION AND FORGIVENESS**

In the name of the Father, and of the + Son, and of the Holy Spirit. **Amen.**

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Jesus Christ our Lord. **Amen.**

Let us confess our sin in the presence of God and of one another.

Most merciful God,

we confess that we are captive to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name. Amen.

In the mercy of almighty God, Jesus Christ was given to die for you, and for his sake God forgives you all your sins. To those who believe in Jesus Christ he gives the power to become the children of God and bestows on them the Holy Spirit. **Amen.**

***GATHERING SONG** “We Come to the Hungry Feast” ELW #479

***GREETING**

The grace of our Lord Jesus Christ, the love of God,
and the communion of the Holy Spirit be with you all.

And also with you.

***KYRIE** (p. 203)

Congregation: Have mercy on us, Lord, and hear our solemn prayer.

We come to hear your living word; it saves us from despair.

Have mercy on us, Christ, and wash away our sin.

Pour out your grace and make us whole that new life may begin.

Have mercy on us, Lord, make sin and shame depart.

Renew us with your saving pow'r; create in us new hearts!

(*Please stand as you are able.)

*CANTICLE OF PRAISE (p. 204)

Congregation: Glory be to God in heaven; peace, goodwill to all the earth.
Mighty God of all creation, Father of surpassing worth:
we exalt you, we adore you, we lift high our thanks and praise.
Saints and angels bow before you; here on earth our songs we raise.

Glory be to Christ forever, Lamb of God and Lord of love.
Son of God and gracious Savior, you have come from heav'n above;
on the cross you died to save us; now you reign at God's right hand.
Hear our prayer; restore, forgive us; in your promise firm we stand.

Holy One we now acclaim you; Lord alone, to you we call;
Holy One in faith we name you, God most high, yet near to all:
Jesus Christ, with God the Spirit, in the Father's splendor bright.
For the peace that we inherit, glory be to God on high!

*PRAYER OF THE DAY

Let us pray.

God of the covenant, in our baptism you call us to proclaim the coming of your kingdom. Give us the courage you gave the apostles, that we may faithfully witness to your love and peace in every circumstance of life, in the name of Jesus Christ, our Savior and Lord. **Amen.**

FIRST READING: Exodus 16:2-4, 9-15

²The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. ³The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

⁴Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not."

⁹Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining.'" ¹⁰And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. ¹¹The LORD spoke to Moses and said, ¹²"I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'"

¹³In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. ¹⁴When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. ¹⁵When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat." *The word of the Lord... Thanks be to God.*

PSALM: Psalm 78:23-29

²³So God commanded the | clouds above
and opened the | doors of heaven,
²⁴**raining down manna upon | them to eat
and giving them | grain from heaven.**
²⁵So mortals ate the | bread of angels;
God provided for them | food enough.
²⁶**The LORD caused the east wind to blow | in the heavens
and powerfully led out | the south wind,**
²⁷raining down flesh upon | them like dust
and flying birds like the sand | of the seas,
²⁸**letting them fall in the midst | of the camp
and round a- | bout the dwellings.**
²⁹So the people ate and | were well filled,
for God gave them | what they craved.

SECOND READING: Ephesians 4:1-16

¹I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, ²with all humility and gentleness, with patience, bearing with one another in love, ³making every effort to maintain the unity of the Spirit in the bond of peace. ⁴There is one body and one Spirit, just as you were called to the one hope of your calling, ⁵one Lord, one faith, one baptism, ⁶one God and Father of all, who is above all and through all and in all.

⁷But each of us was given grace according to the measure of Christ's gift. ⁸Therefore it is said,

“When he ascended on high he made captivity itself a captive;
he gave gifts to his people.”

⁹(When it says, “He ascended,” what does it mean but that he had also descended into the lower parts of the earth? ¹⁰He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) ¹¹The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, ¹²to equip the saints for the work of ministry, for building up the body of Christ, ¹³until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. ¹⁴We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. ¹⁵But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, ¹⁶from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

The word of the Lord... Thanks be to God.

***GOSPEL ACCLAMATION (p. 205)**

Alleluia! Lord and Savior: open now your saving word.
Let it burn like fire within us; speak until our hearts are stirred
Alleluia! Lord, we sing for the good news that you bring.

***GOSPEL: Mark 6:1-13**

Many of the five thousand people Jesus fed in the wilderness continued to follow him throughout the countryside. Jesus challenges them to consider the real nature of their quest.

P: The holy Gospel...

C: Glory to you O Lord.

²⁴When the crowd saw that neither Jesus nor his disciples were [beside the sea,] they themselves got into the boats and went to Capernaum looking for Jesus.

²⁵When they found him on the other side of the sea, they said to him, “Rabbi, when did you come here?” ²⁶Jesus answered them, “Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. ²⁷Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.” ²⁸Then they said to him, “What must we do to perform the works of God?” ²⁹Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” ³⁰So they said to him, “What sign are you going to give us then, so that we may see it and believe you? What work are you performing? ³¹Our ancestors ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’”

³²Then Jesus said to them, “Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. ³³For the bread of God is that which comes down from heaven and gives life to the world.” ³⁴They said to him, “Sir, give us this bread always.” ³⁵Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”

P: The Gospel of the Lord...

C: Praise to you, O Christ.

SERMON WHAT I WANT IS MORE Pastor Ale Tulu

HYMN OF THE DAY “All Who Hunger, Gather Gladly” ELW #461

***PRAYERS OF INTERCESSION**

Congregational response: **Your mercy is great.**

***NICENE CREED**

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshiped

and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

OFFERING *Offering plates are available at the entrance and exit*

***WORDS OF INSTITUTION**

***LORD'S PRAYER**

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

COMMUNION DISTRIBUTION *(Ushers will guide you forward at this time)*

***PRAYER AFTER COMMUNION** Response: **Amen.**

SENDING SONG "Come to Me All Pilgrims" ELW # 777

***BLESSING** Response: **Amen.**



WELCOME! ZION’S LAY MINISTRY/EVANGELISM BOARD SAYS A SPECIAL WELCOME TO YOU THIS MORNING AND MAY YOU BE FED SPIRITUALLY DURING THIS TIME OF WORSHIP.

OUR THANKS TO TODAY’S WORSHIP ASSISTANTS

Musician: Phyllis Dalager

Ushers:

Greeters:

Acolyte:

Communion assistants: Ruth Ostby & Sharon Jorde

Worship assistant: Millie Reiersen

Reader: Millie Reiersen

Tech assist:

CONGRATULATIONS to Dora Watson who celebrated her 100th birthday on July 25th.

BROADCASTS today are sponsored by Zion memorials

ZION’S WEBSITE for August is sponsored by David & Karen Kirkeby in memory of Cody Lundgren.

REMINDER to those hospitalized to please notify Zion as the hospital does not inform us.

ZION WORSHIP SERVICE ONLINE Sunday mornings you can listen to the 9:00AM service online. Go to: www.ziontrf.org. in the black banner click Listen Online, Click on the RED link to KTRF.

STEWARDSHIP (Envelopes/Vanco Electronic Giving/Silver Creek included in all totals)

July 19-25: income: \$6,235.

July 1-25 income: \$19,142.

Year to Date income Jan 1– July 25: \$186,432.

2021 budget \$353,032. / \$6,789. is needed per week to meet budgeted expenses.

Contributions may be made by scanning the **QR code** provided. This is processed by Vanco Services.

A credit/debit card kiosk is available in the narthex for contributions.



Direct Thrivent Choice Dollars® Eligible Thrivent Financial members: Show your appreciation for Zion Lutheran Church by directing Choice Dollars. The individual recommendations you make through Choice Dollars directions can make a profound impact.

LAY READERS : Lay readers are needed for Sunday services. If you are interested, please call the church office at 681-3296 or Carol Narverud at 681-4805. We’d love to have you.

All are invited to enjoy informal coffee fellowship in the lounge following the service.

WEDNESDAY WORSHIP Supper at 5:30 and Worship at 6:15. All are Welcome!

VACATION BIBLE SCHOOL - K thru 5, August 2nd-5th. From 5:30 to 7:30 PM at Redeemer.

SCHEDULE FOR THE WEEK:

Sunday, August 1:

9:00 Holy Communion worship at Zion; Broadcast ch. 3; KTRF;
10:30 Worship at Silver Creek
12 noon Zion broadcast on cable ch. 37
6:45 Middle school FIRE event at Redeemer

Monday, August 2:

Parish Nurse by Appt
Vacation Bible School 5:30—7:30 at Redeemer

Tuesday, August 3:

9:30 Staff meeting
10:30 Coffee with Staff
12 noon Pastors Text Study
4 Parish Health
Board Meetings
Vacation Bible School 5:30—7:30 at Redeemer

Wednesday, August 4:

Vacation Bible School 5:30—7:30 at Redeemer
5:30 Catered meal
6:15 New Traditions worship

Thurs., Aug. 5:

1:00 Quilting
Vacation Bible School 5:30—7:30 at Redeemer

Friday, Aug., 6:

7 Men's Breakfast at Biffs
9:30 Coffee with Staff

Saturday, Aug., 7

11:00 Bridal Shower at Zion

Sunday, Aug., 8:

9:00 worship at Zion; Broadcast ch. 3; KTRF;
10:30 Worship at Silver Creek
12 noon Zion broadcast on cable ch. 37

Ministers: Every Member of the Congregation

Office Phone: 681-3296 *Fax:* 681-3048

Alemayehu Tulu, *Associate Pastor* 681-1866 alezion@mncable.net

Linda Hamrick, *Office Manager* ziontrf@mncable.net; Tiffany Sterry & David Lee, *Custodial*

Madison Crane, *Youth & Family Ministries* 608-535-9151, rzyouthfam@gmail.com; Sandy Knutson, *Parish Nurse*

⇒ An Onsite Defibrillator (AED) for use on someone with Sudden Cardiac Arrest is located in the elevator alcove on the wall in the narthex.