

ZION LUTHERAN CHURCH, ELCA

Thief River Falls, MN

Season of Lent

March 6, 2022



PRELUDE

ANNOUNCEMENTS

CALL TO WORSHIP “We Are the Church” Sunday School

***CONFESSION AND FORGIVENESS**

In the name of the Father, and of the + Son, and of the Holy Spirit. **Amen.**

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Jesus Christ our Lord. **Amen.**

Let us confess our sin in the presence of God and of one another.

Most merciful God,

we confess that we are captive to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name. Amen.

In the mercy of almighty God, Jesus Christ was given to die for you, and for his sake God forgives you all your sins. To those who believe in Jesus Christ he gives the power to become the children of God and bestows on them the Holy Spirit. **Amen.**

***GATHERING SONG** “Angels From the Realms of Glory” ELW #275

***GREETING**

The grace of our Lord Jesus Christ, the love of God,
and the communion of the Holy Spirit be with you all.
And also with you.

***KYRIE** (p. 203) *Have mercy on us, Lord, and hear our solemn prayer...*
(*Please stand as you are able.)

***CANTICLE OF PRAISE** (p. 204)

Glory be to God in heaven; peace, goodwill to all the earth...

***PRAYER OF THE DAY**

Let us pray.

Merciful God, the fountain of living water, you quench our thirst and wash away our sin. Give us this water always. Bring us to drink from the well that flows with the beauty of your truth through Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen.**

FIRST READING: Deuteronomy 26:1-11

¹When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, ²you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. ³You shall go to the priest who is in office at that time, and say to him, "Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us." ⁴When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, ⁵you shall make this response before the LORD your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. ⁶When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, ⁷we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. ⁸The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; ⁹and he brought us into this place and gave us this land, a land flowing with milk and honey. ¹⁰So now I bring the first of the fruit of the ground that you, O LORD, have given me." You shall set it down before the LORD your God and bow down before the LORD your God. ¹¹Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house. *The word of the Lord... Thanks be to God.*

PSALM: Psalm 91:1-2, 9-16

¹You who dwell in the shelter of ¹the Most High,
who abide in the shadow of ¹the Almighty—

²**you will say to the LORD, "My refuge ¹and my stronghold,
my God in whom I ¹put my trust."**

⁹Because you have made the ¹LORD your refuge,
and the Most High your ¹habitation,

¹⁰**no evil ¹will befall you,
nor shall affliction come ¹near your dwelling.**

¹¹For God will give the angels charge ¹over you,
to guard you in ¹all your ways.

¹²**Upon their hands they will | bear you up,
lest you strike your foot a- | gainst a stone.**

¹³You will tread upon the lion | cub and viper;
you will trample down the lion | and the serpent.

¹⁴**I will deliver those who | cling to me;
I will uphold them, because they | know my name.**

¹⁵They will call me, and I will | answer them;
I will be with them in trouble; I will rescue and | honor them.

¹⁶**With long life will I | satisfy them,
and show them | my salvation.**

SECOND READING: Romans 10:8b-13

^{8b}“The word is near you, on your lips and in your heart” (that is, the word of faith that we proclaim); ⁹because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. ¹⁰For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. ¹¹The scripture says, “No one who believes in him will be put to shame.” ¹²For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. ¹³For, “Everyone who calls on the name of the Lord shall be saved.” *The word of the Lord... Thanks be to God.*

***GOSPEL ACCLAMATION FOR LENT (p. 142)**

Return to the Lord , your God, for he is gracious and merciful,
Slow to anger, and abounding in steadfast love,
And abounding in steadfast love.

***GOSPEL: Luke 4:1-13**

After being filled with the Holy Spirit at his baptism, Jesus is led in the wilderness. Through his responses to the temptations of the devil, he defines what it means to be called “the Son of God.”

P: The holy Gospel...

C: **Glory to you O Lord.**

¹Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, ²where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. ³The devil said to him, “If you are the Son of God, command this stone to become a loaf of bread.” ⁴Jesus answered him, “It is written, ‘One does not live by bread alone.’”

⁵Then the devil led him up and showed him in an instant all the kingdoms of the world. ⁶And the devil said to him, “To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. ⁷If you, then, will worship me, it will all be yours.”

⁸Jesus answered him, “It is written,

‘Worship the Lord your God,
and serve only him.’”

⁹Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, “If you are the Son of God, throw yourself down from here, ¹⁰for it is written,

‘He will command his angels concerning you, to protect you,’

¹¹and ‘On their hands they will bear you up,
so that you will not dash your foot against a stone.’”

¹²Jesus answered him, “It is said, ‘Do not put the Lord your God to the test.’” ¹³When the devil had finished every test, he departed from him until an opportune time.

P: The Gospel of our Lord

C: Praise to you, O Christ.

SERMON “That’s the Way Life Really Is” PASTOR MARK HELGELAND

HYMN OF THE DAY “Day By Day” ELW # 790

***NICENE CREED**

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

***PRAYERS OF INTERCESSION**

Congregational response: **receive our prayer.**

OFFERING & OFFERTORY *Offering plates are available in the narthex. Ushers will bring the plates forward at this time.*

***OFFERING CANTICLE** “Let the Vineyards Be Fruitful” # 182

Let the vineyards be fruitful, Lord, and fill to the brim our cup of blessing...

***OFFERING PRAYER**

A Let us pray.

C Merciful God, as grains of wheat scattered upon the hills were gathered together to become one bread, so let your church be gathered together from the ends of the earth into your kingdom, for yours is the glory through Jesus Christ, now and forever. Amen.

***WORDS OF INSTITUTION**

Congregation: We share this food together, rememb'ring Christ;
we share a common treasure and know the price;
we share it without measure, a gift of love;
we share our life forever, with God above.

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***LORD'S PRAYER**

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

COMMUNION DISTRIBUTION (*Ushers will guide you forward at this time*)

***SONG AFTER COMMUNION** "Thankful Hearts and Voices Raise" # 204

***PRAYER AFTER COMMUNION** Response: **Amen.**

SENDING SONG "A Mighty Fortress" ELW # 504

***BLESSING** Response: **Amen.**

† †

FROM PARISH HEALTH: Good news! Covid cases in our area are finally heading in the right direction. We need to be aware that it is not at the level of positivity in our area where we can relax completely, according to Intercounty Nursing. We need to use proper precautions appropriately, staying home when we are sick, washing hands frequently, covering your cough, and maintaining space/wearing masks when appropriate or required. This is such good progress and we want to continue this moving forward to keep our schools and businesses open, and our healthcare facilities at a capacity to be able to meet the needs of our community. Stay safe wrapped in Gods Love!

Direct Thrivent Choice Dollars® Eligible Thrivent Financial members: Show your appreciation for Zion Lutheran Church by directing Choice Dollars. The individual recommendations you make through Choice Dollars directions can make a profound impact.

LSS RESPITE CARE - Thursdays, **NEW TIME** - 12Noon to 4:00 PM in the Lounge. For more info and to sign up please contact Julie Praska Moser at 218-686-6229

LSS CAREGIVERS SUPPORT GROUP will meet on Thursday, March 10th from 10-11:00 AM at Zion. All caregivers are welcome, you do not need to register. Please spread the word to those who can benefit from this group. More info Julie Praska Moser 218-686-6228

BEREAVED PARENTS/GRANDPARENTS SUPPORT GROUP: Our next meeting will be **Tuesday, March 15th, at 10:30 am** in the Lounge at Zion. Pastor Mark will be leading us. If you have questions, please call Marcia S. @ 681-6242.

Ministers: Every Member of the Congregation
Mark Helgeland, *Interim Pastor*
Tiffany Sterry, David Lee 686-0733, *Custodians*

Office Phone: 681-3296 *Fax:* 681-3048
Linda Hamrick, *Office Manager* ziontrf@mncable.net;

SCHEDULE FOR THE WEEK:

Today - Sunday, March 6:

9:00 Zion Holy Communion Worship/Sunday School sings/Broadcast ch. 3; KTRF;
10 Blood Pressure Screening in Lounge
10:00 Sunday School
10 Coffee fellowship
10:00 Book discussion in Patio room
10:30 Silver Creek worship
12:00 Zion broadcast on cable ch. 37

Monday, March 7:

9 SAIL
6 Cub Scouts
7 Troop 59

Tuesday, March 8:

9 WELCA Ex Board
10 WELCA meeting
12 noon Pastors text study
6:30 Parish Fellowship mtg

Wednesday, March 9:

5:30 Lenten supper served by Anna circle
6:30 Lenten Worship
7:15 Senior Choir

Thursday, March 10:

9 SAIL
10 LSS Caregiver's Group
12-4 LSS Respite Care in lounge

Friday, March 11:

7 Men's Breakfast at Biff's

Saturday, March 12:

Synod Event in Detroit Lakes
Daylight Savings begins tonight—turn clock ahead

Next Sunday, March 13:

9:00 Zion Worship/Baptism/Broadcast ch. 3; KTRF;
10:00 Sunday School
10 Coffee fellowship
10:00 Book discussion in Patio room
10:30 Silver Creek worship
12:00 Zion broadcast on cable ch. 37
1:00 Hotdish Cookoff
4:00 Lenten Bingo



YOUTH NEWS

THANK YOU to the Sunday School for singing today!

5th Grade First Communion classes will be held **March 27 & April 3**.
Shawna Spears and Denny Minks will lead the classes.

NOISY OFFERING will be collected on the 2nd, 4th, and 5th Sundays of each month.

Thank you to our student families who are providing treats for coffee fellowship!

PATHWAYS BIBLE CAMP SUNDAY is **April 3rd**.

information is now available on their website pathwaysbiblecamp.org. Printed brochure copies and camp schedules available on the youth bulletin board.

FOOD AND FELLOWSHIP - March 20th in the Fellowship Hall. Food and Fellowship will happen the 3rd Sunday of each month. Donations will go towards new furniture for our Sunday school classrooms.

8-10TH GRADE WEDNESDAY CONFIRMATION

Confirmation Classes resume following Lent

Attendance is required at Wednesday Lenten Services.



LENTEN BINGO next Sunday, **March 14th 4-6 PM** for **Grades 5-7**. Bring a friend! Bingo, Snacks, prizes.

Lent Service Meal Clean-Up Help

Every year we ask students to help with the clean-up after the Lenten meals. Here is the schedule with the corresponding grades for each night. All students are asked to help.

Please be at church by 5:30 on your clean-up night.

*Parental help is needed for elementary nights

March 9	7th and 9th Grade
March 16	10th Grade
March 23	5th and 6th Grade
March 30	3th-4th Grade and 11th Grade
April 6	K-2nd and 12th Grade
April 14th- Seder Meal- 8th grade	

Lenten Series on Job

Pastor Mark Helgeland

1st Wednesday of Lent– March 9

5:30 Supper– Anna Circle Clean Up-Grades 7 & 9

6:30 Worship - Sermon “**Calamity**” Job 1:1-22 *Why do bad things happen to good people?*

2nd Wednesday of Lent – March 16

5:30 Supper– WELCA; Clean Up-Grade 10

6:30 Worship - Sermon “**Three Friends**” *Contemporary wisdom, Book of Proverbs*

3rd Wednesday of Lent – March 23

5:30 Supper – Senior Choir; Clean Up-Grades 5 & 6

6:30 Worship - **Sermon “Job Responds”** *God is a criminal, God is absent, The world has no meaning*

4th Wednesday of Lent – March 30

5:30 Supper - Men’s Breakfast; Clean Up-Grades 3,4, & 11

6:30 Worship- **Sermon “God Appears, First Speech”** *Divine Order*

5th Wednesday of Lent – April 6

5:30 Supper – Zion Council: Chili; Clean Up-Grade K-2, & 12

6:30 Worship- **Sermon “God Appears, Second Speech”** *Behemoth and Leviathan*

Maundy Thursday - April 14

6:00 Seder Meal for First Communicants & Families; Clean Up-Grade 8

7:30 Worship & Holy Communion

Good Friday - April 19

12 Noon Prayer Vigil begins

6:30 Worship



This Lenten season we are using the Holden Evening Prayer worship service.
Please join us to share a meal and worship together during this Lenten season.

(Free-Will donation for the Lenten Suppers) ZLCW supper proceeds go to support youth campers

GOSPEL MESSAGE

March 6, 2022

FIRST SUNDAY IN LENT

You Are Not Alone

When Jesus was in the wilderness for forty days, he may not have had the company of friends and family surrounding him, but he was not alone. Every word he spoke to address the temptations of the devil came from Deuteronomy. Through these familiar words, Jesus was able to summon up the presence of his ancestors and the voice of God that spoke to them, recorded in Holy Scripture.

Memorization is an old art, rarely valued or taught in schools anymore. And yet, in times of distress, familiar words find their way back into our minds: a fragment of a poem, a song lyric, a Bible verse learned in childhood. People with advanced dementia are often still able to join in praying the Lord's Prayer, the words coming from a deep place within.

What words are written on your heart? In times of crisis, what words find their way through the ages to bring you strength? The coronavirus pandemic brought great loneliness and isolation as so many of our familiar connections and gathering rituals were no longer available. Yet spiritual connection with those unseen is a big part of what it means to be united in the mystical body of Christ. Even when we are unable to gather at the same physical table, familiar refrains from the liturgy continue to hold us together.

In the season of Lent, we are invited with Jesus into the wilderness—into times of quiet reflection, commitment to spiritual practices, the acceptance of limits. In the quiet, may we savor the subtle ways that God shows up, moments of connection that go unnoticed in noisier times. In the loneliness of dry seasons, may we find courage and hope and assurance that in the trials of life, we are not alone.

From sundaysandseasons.com.

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