

Zion Lutheran Church
Thief River Falls, MN

New Traditions Worship
Time After Pentecost

9:00 AM Worship
October 9, 2022

Pre-service Music
Welcome & Announcements

Gathering

Confession and Forgiveness

Blessed be the holy Trinity, † one God,
who is eager to forgive
and who loves us beyond our days.

Amen.

Dear friends, together let us acknowledge
our failure to love this world as Jesus does.
Silence is kept for reflection.

God of mercy and forgiveness,
we confess that sin still has a hold on us.
We have harmed your good creation.
We have failed to do justice,
love kindness,
and walk humbly with you.
Turn us in a new direction.
Show us the path that leads to life.
Be our refuge and strength on the journey,
through Jesus Christ, our redeemer and friend.
Amen.

Beloved of God:
your sins are forgiven and you are made whole.
God points the way to new life in Christ,
who meets us on the road.
Journey now in God's abiding love
through the power of the Holy Spirit.
Amen.

Gathering Song "Come, Now Is the Time to Worship" on back

Reception of New Members

Andy & Brittany Hart, Connor, Danika, Ella & Farrah



Greeting

From the one who is and who was and who is to come,
and from Jesus Christ, the first fruits of the resurrection,
grace and peace be with you all.

And also with you.

Prayer of the Day

Almighty and most merciful God, your bountiful goodness fills all creation. Keep us safe from all that may hurt us, that, whole and well in body and spirit, we may with grateful hearts accomplish all that you would have us do, through Jesus Christ, our Savior and Lord. **Amen.**

Word

Children's Sermon - Shawna Spears

Noisy Offering—Operation Christmas Child

FIRST READING: 2 Kings 5:1-3, 7-15c

¹Naaman, commander of the army of the king of Aram, was a great man and in high favor with his master, because by him the LORD had given victory to Aram. The man, though a mighty warrior, suffered from leprosy. ²Now the Arameans on one of their raids had taken a young girl captive from the land of Israel, and she served Naaman's wife. ³She said to her mistress, "If only my lord were with the prophet who is in Samaria! He would cure him of his leprosy." ⁷When the king of Israel read the letter, he tore his clothes and said, "Am I God, to give death or life, that this man sends word to me to cure a man of his leprosy? Just look and see how he is trying to pick a quarrel with me."

⁸But when Elisha the man of God heard that the king of Israel had torn his clothes, he sent a message to the king, "Why have you torn your clothes? Let him come to me, that he may learn that there is a prophet in Israel." ⁹So Naaman came with his horses and chariots, and halted at the entrance of Elisha's house. ¹⁰Elisha sent a messenger to him, saying, "Go, wash in the Jordan seven times, and your flesh shall be restored and you shall be clean." ¹¹But Naaman became angry and went away, saying, "I thought that for me he would surely come out, and stand and call on the name of the LORD his God, and would wave his hand over the spot, and cure the leprosy! ¹²Are not Abana and Pharpar, the rivers of Damascus, better than all the waters of Israel? Could I not wash in them, and be clean?" He turned and went away in a rage. ¹³But his servants approached and said to him, "Father, if the prophet had commanded you to do something difficult, would you not have done it? How much more, when all he said to you was, 'Wash, and be clean'?" ¹⁴So he went down and immersed himself seven times in the Jordan, according to the word of the man of God; his flesh was restored like the flesh of a young boy, and he was clean.

^{15a-c}Then he returned to the man of God, he and all his company; he came and stood before him and said, "Now I know that there is no God in all the earth except in Israel."

Word of God, word of life...Thanks be to God.

PSALM: Psalm 111

¹Hallelujah! I will give thanks to the LORD with ¹ my whole heart,
in the assembly of the upright, in the ¹ congregation.

²**Great are your ¹ works, O LORD,
pondered by all who delight in them.**

³Majesty and splendor ¹ mark your deeds,
and your righteousness endures forever.

⁴**You cause your wonders to ¹ be remembered;
you are gracious and full ¹ of compassion.**

⁵You give food to ¹ those who fear you,
remembering forever your covenant.

⁶**You have shown your people the power ¹ of your works
in giving them the lands ¹ of the nations.**

⁷The works of your hands are faithful- ¹ness and justice;
all of your precepts are sure.

⁸**They stand fast forever and ever,
because they are done in ¹ truth and equity.**

⁹You sent redemption to your people and commanded your covenant forever;
holy and awesome ¹ is your name.

¹⁰**The fear of the LORD is the beginning of wisdom;
all who practice this have a good understanding. God's praise endures forever.**

Second Reading: 2 Timothy 2:8-15

⁸Remember Jesus Christ, raised from the dead, a descendant of David—that is my gospel, ⁹for which I suffer hardship, even to the point of being chained like a criminal. But the word of God is not chained. ¹⁰Therefore I endure everything for the sake of the elect, so that they may also obtain the salvation that is in Christ Jesus, with eternal glory. ¹¹The saying is sure:

If we have died with him, we will also live with him;

¹²if we endure, we will also reign with him;

if we deny him, he will also deny us;

¹³if we are faithless, he remains faithful—

for he cannot deny himself.

¹⁴Remind them of this, and warn them before God that they are to avoid wrangling over words, which does no good but only ruins those who are listening. ¹⁵Do your best to present yourself to God as one approved by him, a worker who has no need to be ashamed, rightly explaining the word of truth. *Word of God, word of life...Thanks be to God.*

GOSPEL: Luke 17:11-19

¹¹On the way to Jerusalem Jesus was going through the region between Samaria and Galilee.

¹²As he entered a village, ten lepers approached him. Keeping their distance, ¹³they called out, saying, "Jesus, Master, have mercy on us!" ¹⁴When he saw them, he said to them, "Go and show yourselves to the priests." And as they went, they were made clean. ¹⁵Then one of them, when he saw that he was healed, turned back, praising God with a loud voice. ¹⁶He

prostrated himself at Jesus' feet and thanked him. And he was a Samaritan. ¹⁷Then Jesus asked, "Were not ten made clean? But the other nine, where are they?" ¹⁸Was none of them found to return and give praise to God except this foreigner?" ¹⁹Then he said to him, "Get up and go on your way; your faith has made you well."

Sermon "TRUE WORSHIP" PASTOR MARK HELGELAND

Hymn of the Day "10,000 Reasons" *printed on back*

Apostle's Creed

I believe in God, the Father almighty, creator of heaven and earth.

**I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit, born of the virgin Mary,
suffered under Pontius Pilate, was crucified, died, and was buried;
he descended to the dead.**

On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

**I believe in the Holy Spirit, the holy catholic church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and the life everlasting. Amen.**

Offering - *ushers bring offering forward*

Offertory "Sanctuary"

Lord prepare me to be a sanctuary, pure and holy, tried and true.

With thanksgiving, I'll be a living sanctuary for you. (CCLI Lic. # 11095451)

Prayers of Intercession *response: your mercy is great.*

Lord's Prayer

Our Father, in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Save us from the time of trial and deliver us from evil.

For the kingdom, the power, and the glory are yours, now and forever. Amen.

Sending

Blessing

God, who gives life to all things and frees us from despair,
bless you with truth and peace.

And may the holy Trinity, one God,
guide you always in faith, hope, and love.

Amen.

Sending Song "How Great is Our God" *printed on back*

Dismissal Go in peace, with Christ beside you. **Thanks be to God.**

Post-service Music

WELCOME! ZION'S LAY MINISTRY/EVANGELISM BOARD SAYS A SPECIAL WELCOME TO YOU THIS MORNING AND MAY YOU BE FED SPIRITUALLY DURING THIS TIME OF WORSHIP.

OUR THANKS TO TODAY'S WORSHIP LEADERS/ASSISTANTS

Pastor: Mark Helgeland, Interim *Pianist:* Laura Rude *Reader:* Beth Nelson

Ushers/Greeters: David & Karen Kirkeby, Charlie & Tami Lundgren

Greeters: Landon Larson, Bria Scheef *Acolyte:* Parker Lundgren

WELCOME to new members Andy & Brittany Hart and their children, Connor, Danika, Ella & Farrah

ZION WORSHIP SERVICE ONLINE Sunday mornings you can listen to the 9:00AM service online. Go to: www.ziontrf.org. in the black banner click Listen Online, Click on the RED link to KTRF.

BROADCASTS today are sponsored by Leon Johnson and Ken & Sharon Wagner in memory of Karen Johnson

ZION'S WEBSITE for October is sponsored by Chris & Nicky, Caitlynn & Brianne Ellison in memory of Joe & Ginny Armstrong.

LISTENING DEVICES & LARGE PRINT bulletins are available from an usher.

A SPECIAL CONGREGATIONAL MEETING WILL BE HELD OCT 23RD immediately following the 9:00 AM service to vote on calling a Pastoral Candidate to Zion.

WELCA Meets Tuesday, Oct. 11 All women of Zion are encouraged to attend the WELCA meeting on Oct. 11, 10:00 a.m. in the Fellowship Hall. Join in the fellowship, refreshments, and Bible study. Hostesses are the Sarah circle. Board meets at 9:00 a.m.

PRAYER SHAWL GROUP will meet the 1st Thursday of the month. Next group Nov. 3 at 10am.

LUTHERAN WORLD RELIEF "PICK UP" NOV. 5 the truck will be in Thief River Falls on Saturday, Nov. 5, 8 a.m. - noon. Any group, circle or individuals with quilts, baby care kits, personal care kits or school kits for missions can bring them to Zion the week before to be packed into shipping cartons.

LSS RESPITE CARE - Thursdays, 12 Noon to 4:00 PM in the Lounge. For more info and to sign up please contact Julie Praska Moser at 218-686-6229

LSS CAREGIVERS SUPPORT GROUP will meet on Thursday, October 13th from 10-11:00 AM at Zion. All caregivers are welcome, you do not need to register. Please spread the word to those who can benefit from this group. More info Julie Praska Moser 218-686-6228

BENEFIT FOR CHRIS CUPPETT Today, Oct. 9 Pancake Breakfast at the St Hilaire Community Center from 9-1PM. Chris is in need of new artificial eyes. Free will offering. Sponsored by the St Hilaire Lions Club.

ST PAULI ANNUAL FALL EVENT "Just Fiddling Around" Today, Oct. 9 at 3PM. Historian, life-long fiddle player, & story teller Hillary Stoltman and orchestra director & violinist Derek Druse will provide the program & entertainment. Homemade pie & ice cream following the program. Free-will donation. Proceeds to benefit various charities.

STEWARDSHIP (Envelopes/Vanco Electronic Giving/Silver Creek included in all totals)

Sept. 26-Oct. 2 income: \$7,666.

Sept 1-30 income: \$20,805.

Jan 1– Oct. 2 income: \$217,217.

2022 Budget \$324,553./ \$6,241. needed per week to meet budgeted expenses.

VANCO ELECTRONIC GIVING forms are on the table by the office. You can also set up contributions thru the link on Zion's website.

PARISH HEALTH -Do you need to be convinced that exercise is a good idea? Exercise and fitness offer you all kinds of rewards and you probably know most of them....but did you know it can decrease cognitive decline? New findings through the Alzheimers Association have good news about ways to potentially reduce risk of developing Alzheimer's and related dementia. Physical exercise may protect against cognitive decline because it boosts proteins in the brain that facilitate sharing of information between cells. What a great motivator to exercise!

This finding offers hope to the more than 6 million Americans living with Alzheimers and others who are worried about declining cognition. Our cognition destinies are likely much more within our control. Here are 5 habits that can be helpful.

1. **Let's Get Physical.** Getting some form of routine physical activity like walking every day is a great way of building your muscles and boosting your brain.
2. **Here Comes The Sun.** The sun does wonders for our brains. Just 15 minutes is enough to maintain an adequate Vitamin D level.
3. **You Are What You Eat.** Eating a well-balanced diet by simply increasing the number of servings of fresh fruits, vegetables, legumes, and whole grains we eat each day can be a great jump start to healthier eating.
4. **You've Got A Friend.** Staying connected helps maintain a positive mental outlook and helps our brains retain our memories better.
5. **Get To Bed.** Sleep is when our bodies and brains clear out all the accumulated junk and repair themselves. A good night's sleep may be the highest priority when it comes to keeping cognitively healthy. There really is a lot of power in these five simple steps. Why not take charge of your cognitive destiny starting today.

God's Blessing and Peace- Parish Health

SCHEDULE FOR THE WEEK:

Today, Sunday, Oct 9:

9:00 Zion Worship/ New Members received/ Choir S

Broadcast ch. 3; KTRF;

10 November Sharing Servants

10-11:30 Food & Fellowship

10 Sunday School; 2nd Grade Bible Class

10:30 Silver Creek Worship

12:00 Zion broadcast on cable ch. 37

Monday, Oct 10:

9 SAIL

Tuesday, Oct. 11:

9 WELCA Exec Board

9:30 Staff Meeting

9-12 PM Parish Nurse Hours

10 WELCA meeting

4 Parish Health mtg

Wednesday, Oct 12:

5:15 Confirmation supper

6 God's Joy choir

6 Confirmation classes

7 Senior Choir

Thursday, Oct 13:

9 SAIL exercise

10 Prayer Shawl Ministry

10 LSS Caregivers Discussion in Lounge

12-4 LSS Respite Care in lounge

Friday, Oct 14:

7 Men's Breakfast /Biffs

Saturday, Oct 15:

10-2 SAM training at Zion

Next Sunday, Oct 16:

9:00 Zion Holy Communion Worship/ Bibles presented to 2nd Graders

Broadcast ch. 3; KTRF;

10 Sunday School

10:30 Silver Creek Worship

12:00 Zion broadcast on cable ch. 37



- Sunday School 10:00-11:00 AM
- **2nd Grade Bible Class** October 2nd & 9th during Sunday school time. A parent is required to attend with their student.
- New student families - please contact the church office to register so you receive mailings/ information.
- **Noisy Offering** collected in September/October will go for Operation Christmas Child. Noisy Offering is on the 2nd and 4th Sundays.

Muffin Makers: Thank you for providing treats for Coffee Fellowship! (proceeds go to youth funds)
 October 16: Brittani Panek, Aaron & Alissa Halvorson, Aaron & Ashley Holtan, Aaron & Brit-tany Munter

October 23: Adam Lian, Alecia Hunt, Alissa Wagner, Amanda Jeworrek, Amber Holtan

Spotlight Family



Please consider being our next Spotlight Family and helping with Food & Fellowship on October 9th. You can contact Kami at 218-689-4266 with any questions or to get your family signed up!!

FOOD AND FELLOWSHIP –TODAY 10-11:30



Come and enjoy a yummy French toast breakfast!
 Free will donation.

2023 GOD’S CREATION CALENDARS WILL BE AVAILABLE FOR PURCHASE DURING FOOD & FELLOWSHIP. CALENDARS ARE \$8.00 each



FORMATION



IMPORTANT DATES FOR CONFIRMATION- —PUT THESE ON YOUR CALENDAR!

→ Confirmation Supper served at 5:15– Spaghetti & Meatballs, Garlic toast

11th Grade:

- October 11, 12, 13th- Faith Statement Reviews
- October 26th- Confirmation pictures- time: TBD
- October 29th- 6:00 pm- Confirmation Banquet
- October 30, 2022- Confirmation service for 11th graders