

Zion Lutheran Church  
Thief River Falls, MN

New Traditions Worship  
Epiphany 6

9:00 AM Worship  
February 12, 2023

Pre-service Music  
Welcome & Announcements  
Call to Worship - Cornerstone Kids  
“Heart of Worship”

### Gathering

#### **Confession and Forgiveness**

Blessed be the holy Trinity, one God,  
who makes all things new,  
whose mercy endures forever.

**Amen.**

Trusting in God’s mercy, let us confess our sin.

*Silence is kept for reflection.*

Holy One, source of our renewal,  
**we confess that we are wrapped up in sin,  
and cannot free ourselves.**

**We have not practiced your righteousness.**

**Our hearts have turned away from you.**

**For the sake of the world you so love,  
forgive us,**

**that we may be reconciled to one another  
for the glory of your holy name.**

**Amen.**

Thus says our God:

“The former things have come to pass  
and new things I now declare.”

God’s mercy has made you a new creation.

You are forgiven in the name of Christ our Savior.

**Amen.**

**Gathering Song** “How Great is Our God ” printed in back pages

#### **Greeting**

From the one who is and who was and who is to come,  
and from Jesus Christ, the first fruits of the resurrection,  
grace and peace be with you all.

**And also with you.**



## Prayer of the Day

Let us pray.

O God, the strength of all who hope in you, because we are weak mortals we accomplish nothing good without you. Help us to see and understand the things we ought to do, and give us grace and power to do them, through Jesus Christ, our Savior and Lord.

**Amen.**

## Word

### **FIRST READING: Deuteronomy 30:15-20**

[Moses said to the people:] <sup>15</sup>See, I have set before you today life and prosperity, death and adversity. <sup>16</sup>If you obey the commandments of the LORD your God that I am commanding you today, by loving the LORD your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the LORD your God will bless you in the land that you are entering to possess. <sup>17</sup>But if your heart turns away and you do not hear, but are led astray to bow down to other gods and serve them, <sup>18</sup>I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. <sup>19</sup>I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live, <sup>20</sup>loving the LORD your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the LORD swore to give to your ancestors, to Abraham, to Isaac, and to Jacob.

*Word of God, Word of Life...Thanks be to God.*

### **PSALM: Psalm 119:1-8**

<sup>1</sup>Happy are they whose way is blameless,  
who follow the teaching of the LORD!

<sup>2</sup>**Happy are they who observe your decrees  
and seek you with all their hearts,**

<sup>3</sup>who never do any wrong,  
but always walk in your ways.

<sup>4</sup>**You laid down your commandments,  
that we should fully keep them.**

<sup>5</sup>Oh, that my ways were made so direct  
that I might keep your statutes!

<sup>6</sup>**Then I should not be put to shame,  
when I regard all your commandments.**

<sup>7</sup>I will thank you with a true heart,  
when I have learned your righteous judgments.

**<sup>8</sup>I will keep your statutes;  
do not utterly forsake me.**

**SECOND READING: 1 Corinthians 3:1-9**

<sup>1</sup>Brothers and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. <sup>2</sup>I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, <sup>3</sup>for you are still of the flesh. For as long as there is jealousy and quarreling among you, are you not of the flesh, and behaving according to human inclinations? <sup>4</sup>For when one says, "I belong to Paul," and another, "I belong to Apollos," are you not merely human?

<sup>5</sup>What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. <sup>6</sup>I planted, Apollos watered, but God gave the growth. <sup>7</sup>So neither the one who plants nor the one who waters is anything, but only God who gives the growth. <sup>8</sup>The one who plants and the one who waters have a common purpose, and each will receive wages according to the labor of each. <sup>9</sup>For we are God's servants, working together; you are God's field, God's building. *Word of God, Word of Life...Thanks be to God.*

**Song** "Jesus Loves Me" ELW #595

**Kid's Time-** Pastor Kristin

**Noisy Offering**—February noisy offering will go to Pathways Bible Camp

**Song** "Halle, Halle, Hallelujah" ELW #172

**GOSPEL: Matthew 5:21-37**

[Jesus said to the disciples:] <sup>21</sup>"You have heard that it was said to those of ancient times, 'You shall not murder'; and 'whoever murders shall be liable to judgment.' <sup>22</sup>But I say to you that if you are angry with a brother or sister, you will be liable to judgment; and if you insult a brother or sister, you will be liable to the council; and if you say, 'You fool,' you will be liable to the hell of fire. <sup>23</sup>So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, <sup>24</sup>leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. <sup>25</sup>Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison. <sup>26</sup>Truly I tell you, you will never get out until you have paid the last penny.

<sup>27</sup>"You have heard that it was said, 'You shall not commit adultery.' <sup>28</sup>But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. <sup>29</sup>If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. <sup>30</sup>And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell.

<sup>31</sup>"It was also said, 'Whoever divorces his wife, let him give her a certificate of divorce.'  
<sup>32</sup>But I say to you that anyone who divorces his wife, except on the ground of unchastity, caus-

es her to commit adultery; and whoever marries a divorced woman commits adultery.

<sup>33</sup>“Again, you have heard that it was said to those of ancient times, ‘You shall not swear falsely, but carry out the vows you have made to the Lord.’ <sup>34</sup>But I say to you, Do not swear at all, either by heaven, for it is the throne of God, <sup>35</sup>or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. <sup>36</sup>And do not swear by your head, for you cannot make one hair white or black. <sup>37</sup>Let your word be ‘Yes, Yes’ or ‘No, No’; anything more than this comes from the evil one.”

**Sermon**      **“You Can Do Hard Things”**      Pastor Kristin Ostercamp

**Hymn of the Day**    **“Amazing Love”**    *printed in back pages*

### **Apostle’s Creed**

**I believe in God, the Father almighty, creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,  
who was conceived by the Holy Spirit, born of the virgin Mary,  
suffered under Pontius Pilate, was crucified, died, and was buried;  
he descended to the dead.**

**On the third day he rose again; he ascended into heaven, he is seated at the right  
hand of the Father, and he will come to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic church,  
the communion of saints, the forgiveness of sins,  
the resurrection of the body, and the life everlasting. Amen.**

**Offering** - *ushers bring offering forward*

**Offertory**    **“Sanctuary”**

Lord prepare me to be a sanctuary, pure and holy, tried and true.

With thanksgiving, I’ll be a living sanctuary for you.      (CCLI Lic. # 11095451)

**Prayers of Intercession**    *response: receive our prayer.*

### **Lord’s Prayer**

**Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done,  
on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as  
we forgive those who trespass against us; and lead us not into temptation, but deliver us  
from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.**

### **Sending**

**Blessing**    The God who faithfully brings forth justice and breaks the oppressor’s rod  
bless, strengthen, and uphold you, today and always. **Amen.**

**Sending Song**      **“We Are Marching in the Light of God”**    ELW #866

**Dismissal**    Go in peace. Follow the way of Jesus. **Thanks be to God.**

**Post-service Music**

**WELCOME!** ZION'S LAY MINISTRY/EVANGELISM BOARD SAYS A SPECIAL WELCOME TO YOU THIS MORNING AND MAY YOU BE FED SPIRITUALLY DURING THIS TIME OF WORSHIP.

**OUR THANKS** TO TODAY'S WORSHIP LEADERS/ASSISTANTS

Pastor: Kristin Ostercamp

Pianist: Laura Rude

Organist: Marie Longo

Greeters: Ray & Kathy Wagner

Reader: Kami Spears

Ushers: Sheryl Melin, Kerry Melin

Usher/Greeters: Parker Lundgren, Lucas Rantanen

Acolyte: Jaycee Klaven, Jenna Lian

**OUR SYMPATHY** to the families of Ardelle Hjelle and Kathy Nelson. Kathy's funeral will be held at 2PM today at Silver Creek, Ardelle's funeral was held Saturday.

**OUR PRAYERS TO** Andy Hart recovering in Rochester. Joyce Swenson hospitalized at Sanford TRF.

**ZION WORSHIP SERVICE ONLINE** Sunday mornings you can listen to the 9:00AM service online. Go to: [www.ziontrf.org](http://www.ziontrf.org) in the black banner click Listen Online, Click on the RED link to KTRF.

**BROADCASTS** today are sponsored in honor of Pastor Kristin, our newly installed Pastor.

**ZION'S WEBSITE** for February is sponsored by Zion memorials

**LISTENING DEVICES & LARGE PRINT** bulletins are available from an usher.

### ONE LAST REMINDER TO BECOME PART OF ZION'S 2023 CHURCH DIRECTORY



• We really want you to be a part of our directory. Because of a smaller than anticipated number of families that have scheduled pictures, Universal Church Directories has eliminated one of our photo days. The 14 families who scheduled pictures for Friday, March 3, were requested to choose another date for photos. This has already been done.

• **If you want your photo in the book, PLEASE schedule your photos as soon as possible. We don't want to lose another day.**

• **ucdir.com – Church code: mn321, Password: photos or call Darlene at 689-8921**

**ENVELOPE BOXES FOR 2023** are available to pick up in the narthex. If you do not currently have envelopes and would like them contact the church office.

**VANCO ELECTRONIC GIVING** forms are on the table by the office. You can also set up contributions thru the link on Zion's website.

**STEWARDSHIP** (Envelopes/Vanco Electronic Giving/Silver Creek included in all totals)

Jan 1-31 income: \$31,358.

Feb 1-5 income: \$8,897.

2023 Budget \$340,444. \$6,547. needed per week to meet budgeted expenses.

**Direct Thrivent Choice Dollars®** Eligible Thrivent Financial members: Show your appreciation for Zion Lutheran Church by directing Choice Dollars. The individual recommendations you make through Choice Dollars directions can make a profound impact.

**OUTDOOR ELECTRONIC SIGN** Donations & Pledges: \$16,968. If you wish to contribute to this project you can drop off or mail to the church office. Placement of the sign has been delayed until spring. *Thank you for your continued donations!*

**LSS CAREGIVERS SUPPORT GROUP** will meet on Thursday, March 9th from 10-11:00 AM at Zion. **All caregivers are welcome, you do not need to register.** More info Julie Praska Moser 218-686-6228

**LSS RESPITE CARE** - Thursdays, 12 Noon to 4:00 PM in the Lounge. For more info or to sign up please contact Julie Praska Moser at 218-686-6229

**PARISH NURSE NOTES** - Soon it will be Valentines Day! A day marked by expressing love, sending poems, cards and simple gifts such as flowers to loved ones. I'd like to share some quotes appropriate for the day.....

"Our purpose in life is to simply share God's love that is already ours with each other. This love in its many forms is what each one of us craves. It is the greatest blessing we can give another of ourselves. There is no better exercise for the heart than reaching down and lifting someone up." *Reverend Christopher Ian Chenoweth*

"Where there is love, there is life" *Mahatma Gandhi*

"To love is to receive a glimpse of heaven" *Karen Sunde*

"At the touch of love everyone is a poet" *Plato*

"The Grand essentials of happiness are: something to do, someone to love, and something to hope for." *Allan K. Chalmers*

"If you have love in your life it can make up for a great many things you lack. If you don't have it, no matter what else there is, it's not enough" *Ann Landers*

Happy Valentines Week! Have a great week showing love and kindness to all. — *God's Blessing's and Peace, Parish Health.*

**THE GROCERIES TO GO PROGRAM** is available through our church if you'd like to use that option. If you need this service or would like to be a volunteer for grocery delivery, call the church office at 218-681-3296 and we'll get back to you.

Pastor Kristin Ostercamp, [pastorkristin@mncable.net](mailto:pastorkristin@mncable.net)

Linda Hamrick, Office Manager [ziontrf@mncable.net](mailto:ziontrf@mncable.net)  
[onph@mncable.net](mailto:onph@mncable.net)

David Lee / Tiffany Sterry, Custodial

Office Phone: 681-3296 Fax: 681-3048

Darlene Wiseth, Faith Community Nurse [zi-](mailto:zi-)

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## **SCHEDULE FOR THE WEEK:**

### **Today, Sunday, Feb. 12:**

9:00 Zion worship; Broadcast ch. 3; KTRF

10 Sunday School

#### **10 Food & Fellowship**

10:30 Silver Creek worship

12:00 Zion broadcast on cable ch. 37

1:30 Blue & Gold Banquet at Zion/ Scouts

2:00 Kathy Nelson funeral at Silver Creek

### **Monday, Feb 13:**

9 SAIL Exercise

6:30 Scouts

### **Tuesday, Feb. 14:**

9:30 Staff Meeting

Noon - Pastor's text study

6:30 Parish Fellowship Board

### **Wednesday, Feb. 15:**

5:15 Confirmation supper

6 Confirmation classes

6 God's Joy Choir

7 Senior Choir

### **Thursday, Feb. 16:**

9 SAIL Exercise

1 Quilting/ LWR Workshop

6:30 Zion/Silver Creek meeting

### **Friday, Feb. 17:**

No Coffee with Staff today

### **Saturday, Feb. 18:**

3-5 Cub Scouts

### **Next Sunday, Feb. 19:**

9:00 Zion Holy Communion worship;  
Broadcast ch. 3; KTRF

10 Sunday School

10 Coffee fellowship

10:30 Silver Creek Holy Communion worship

12:00 Zion broadcast on cable ch. 37



**Sunday School 10:00-11:00 AM**

**Sunday School students will be singing Call to Worship Sunday February 26th.**

**February Noisy Offering: Pathways Bible Camp**

**Parents are invited to stay for coffee fellowship in the basement following worship. All are welcome!**

**Muffin Makers:** Thank you for providing treats for Coffee Fellowship! (proceeds go to youth funds) (Please bring 2 dozen baked goods to the fellowship hall on or before Sunday morning.)

**Feb. 19:** Josh & Sallie Lawrence, Justin & Katie Kunz, Justin & Sarah Van de Streek, Kelsey DeFrang, Kelsey Dondelinger

**Feb. 26:** Kerry Melin, Kevin & Alisha Walseth, Kevin & Tayna Ek, Kim Hanson, Krista Johnson

**Feb. 12 Coffee assistants:** Jaycee Klaven, Jenna Lian



**FOOD AND FELLOWSHIP –Today, February 12!**

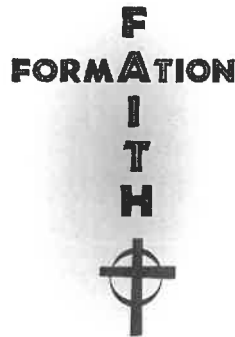
Come and enjoy a French toast breakfast! Free will donation will go to the Andy Hart family. Andy recently had a heart transplant.

**CONFIRMATION SCHEDULE -**

**Meal at 5:15, Classes at 6 PM**

Feb. 15 Lasagna & Garlic toast

Feb 22 Ash Wednesday - No Class



**BUENA VISTA SKI TRIP**

**Grades 6-12**

**MONDAY, FEBRUARY 20, 2023**



**Cost: \$38 Lift ticket only (if you have your own skis or snowboard)**

**\$64 Lift ticket & ski rental; \$70 Lift ticket & snowboard rental**

Zion is joining with Trinity youth again this year. Prices listed do not include transportation or food. You will need to bring money to purchase food at the lodge. More information to follow with departure and return times. Contact Kami Spears to sign up or for more information, message at 218-689-4266. or contact Lisa LeClaire at Trinity at [youth@trinitylutherantrf.org](mailto:youth@trinitylutherantrf.org)