

Zion Lutheran Church
Thief River Falls, MN

New Traditions Worship
Third Sunday of Easter

9:00 AM Worship
April 23, 2023

Pre-service Music

Welcome & Announcements

Call to Worship - Nora Fay

Gathering

Thanksgiving for Baptism

All may make the sign of the cross, the sign that is marked at baptism

Blessed be the holy Trinity, one God,
by whose hand we are given new birth,
by whose speaking we are given new life.

Amen.

Joined to Christ in the waters of baptism,
we are welcomed, restored, and supported
as citizens of the new creation.

Let us give thanks for the gift of baptism.

Holy God,

holy and merciful, holy and mighty,

you are the river of life, you are the everlasting wellspring.

In mercy and might you have freed us from death
and raised us with Jesus, the firstborn of the dead.

In baptismal waters our old life is washed away,
and in them we are born anew.

Water may be poured into the font as the presiding minister continues.

Glory to you for oceans and lakes, for rivers and streams.

Honor to you for waters that wash us clean,

quench our thirst, and nurture both crops and creatures.

Praise to you for the life-giving water of baptism,
the outpouring of the Spirit of the new creation.

Wash away our sin and all that separates us from you.

Empower our witness to your resurrection.

Strengthen our resolve in seeking justice for all.

Satisfy the world's need through this living water.

Where drought dries the earth, bring refreshment.

Where despair prevails, grant hope.

Where chaos reigns, bring peace.

We ask this through Christ,

who with you and the Spirit reigns forever.

Amen.



Gathering Song “The Trumpets Sound, the Angels Sing” ELW # 531

Greeting

From the one who is and who was and who is to come,
and from Jesus Christ, the first fruits of the resurrection,
grace and peace be with you all.

And also with you.

Prayer of the Day

Let us pray.

O God, your Son makes himself known to all his disciples in the breaking of bread. Open the eyes of our faith, that we may see him in his redeeming work, who lives and reigns with you and the Holy Spirit, one God, now and forever.

Amen.

Word

FIRST READING: Acts 2:14a, 36-41

^{14a}Peter, standing with the eleven, raised his voice and addressed [the crowd], ³⁶“Therefore let the entire house of Israel know with certainty that God has made him both Lord and Messiah, this Jesus whom you crucified.”

³⁷Now when they heard this, they were cut to the heart and said to Peter and to the other apostles, “Brothers, what should we do?” ³⁸Peter said to them, “Repent, and be baptized every one of you in the name of Jesus Christ so that your sins may be forgiven; and you will receive the gift of the Holy Spirit. ³⁹For the promise is for you, for your children, and for all who are far away, everyone whom the Lord our God calls to him.” ⁴⁰And he testified with many other arguments and exhorted them, saying, “Save yourselves from this corrupt generation.”

⁴¹So those who welcomed his message were baptized, and that day about three thousand persons were added. **Word of God, Word of Life...Thanks be to God.**

PSALM: Psalm 116:1-4, 12-19

¹I love the LORD, who has heard my voice, and listened to my supplication,

²**for the LORD has given ear to me whenever I called.**

³The cords of death entangled me; the anguish of the grave came upon me;
I came to grief and sorrow.

⁴**Then I called upon the name of the LORD: “O LORD, I pray you, save my life.”**

¹²How shall I repay the LORD for all the good things God has done for me?

¹³**I will lift the cup of salvation and call on the name of the LORD.**

¹⁴I will fulfill my vows to the LORD in the presence of all God’s people.

¹⁵**Precious in your sight, O LORD, is the death of your servants.**

¹⁶O LORD, truly I am your servant;

I am your servant, the child of your handmaid; you have freed me from my bonds.

¹⁷ I will offer you the sacrifice of thanksgiving and call upon the name of the LORD.
¹⁸ I will fulfill my vows to the LORD in the presence of all God's people,
¹⁹ in the courts of the LORD's house, in the midst of you, O Jerusalem. Hallelujah!

SECOND READING: 1 Peter 1:17-23

¹⁷ If you invoke as Father the one who judges all people impartially according to their deeds, live in reverent fear during the time of your exile. ¹⁸ You know that you were ransomed from the futile ways inherited from your ancestors, not with perishable things like silver or gold, ¹⁹ but with the precious blood of Christ, like that of a lamb without defect or blemish. ²⁰ He was destined before the foundation of the world, but was revealed at the end of the ages for your sake. ²¹ Through him you have come to trust in God, who raised him from the dead and gave him glory, so that your faith and hope are set on God.

²² Now that you have purified your souls by your obedience to the truth so that you have genuine mutual love, love one another deeply from the heart. ²³ You have been born anew, not of perishable but of imperishable seed, through the living and enduring word of God.
Word of God, Word of Life... **Thanks be to God.**

Song "Jesus Loves Me" ELW #595

Noisy Offering—April noisy offering will go to Vacation Bible School

Song "Halle, Halle, Hallelujah" ELW #172

GOSPEL: Luke 24:13-35

¹³ Now on that same day [when Jesus had appeared to Mary Magdalene,] two [disciples] were going to a village called Emmaus, about seven miles from Jerusalem, ¹⁴ and talking with each other about all these things that had happened. ¹⁵ While they were talking and discussing, Jesus himself came near and went with them, ¹⁶ but their eyes were kept from recognizing him. ¹⁷ And he said to them, "What are you discussing with each other while you walk along?" They stood still, looking sad. ¹⁸ Then one of them, whose name was Cleopas, answered him, "Are you the only stranger in Jerusalem who does not know the things that have taken place there in these days?" ¹⁹ He asked them, "What things?" They replied, "The things about Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people, ²⁰ and how our chief priests and leaders handed him over to be condemned to death and crucified him. ²¹ But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things took place. ²² Moreover, some women of our group astounded us. They were at the tomb early this morning, ²³ and when they did not find his body there, they came back and told us that they had indeed seen a vision of angels who said that he was alive. ²⁴ Some of those who were with us went to the tomb and found it just as the women had said; but they did not see him." ²⁵ Then he said to them, "Oh, how foolish you are, and how slow of heart to believe all that the prophets have declared! ²⁶ Was it not necessary that the Messiah should suffer these things and then enter into his glory?" ²⁷ Then beginning with Moses and all the prophets, he interpreted to them the things about himself in all the scriptures.

²⁸As they came near the village to which they were going, he walked ahead as if he were going on. ²⁹But they urged him strongly, saying, "Stay with us, because it is almost evening and the day is now nearly over." So he went in to stay with them. ³⁰When he was at the table with them, he took bread, blessed and broke it, and gave it to them. ³¹Then their eyes were opened, and they recognized him; and he vanished from their sight. ³²They said to each other, "Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?" ³³That same hour they got up and returned to Jerusalem; and they found the eleven and their companions gathered together. ³⁴They were saying, "The Lord has risen indeed, and he has appeared to Simon!" ³⁵Then they told what had happened on the road, and how he had been made known to them in the breaking of the bread.

Sermon "Caught in Negative Thought" Pastor Mark Helgeland

Hymn of the Day "Christ is Arisen, Alleluia" ELW # 364

Apostle's Creed

I believe in God, the Father almighty, creator of heaven and earth.

**I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit, born of the virgin Mary,
suffered under Pontius Pilate, was crucified, died, and was buried;
he descended to the dead.**

On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

**I believe in the Holy Spirit, the holy catholic church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and the life everlasting. Amen.**

Offering - *ushers bring offering forward*

Offertory "Sanctuary"

Lord prepare me to be a sanctuary, pure and holy, tried and true.

With thanksgiving, I'll be a living sanctuary for you. (CCLI Lic. # 11095451)

Prayers of Intercession *response: Your mercy is Great.*

Lord's Prayer

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

Sending

Blessing

The God of all, who raised Jesus from the dead, bless you by the power of the Holy Spirit to live in the new creation. **Amen.**

Sending Song “Shine, Jesus, Shine” ELW #671

Dismissal Go in peace. Serve the Risen One. **Thanks be to God.**

Post-service Music

WELCOME! ZION'S LAY MINISTRY/EVANGELISM BOARD SAYS A SPECIAL WELCOME TO YOU THIS MORNING AND MAY YOU BE FED SPIRITUALLY DURING THIS TIME OF WORSHIP.

OUR THANKS TO TODAY'S WORSHIP LEADERS/ASSISTANTS

Pastor: Mark Helgeland Pianist: Laura Rude Organist: Marie Longo
Greeters: Ella Gust, Mikkel Bertilrud Ushers: Craig & Marcy Mickelson
Acolytes: Lydia Walseth, Lexie Walseth Reader: Russell Rhen

OUR PRAYERS TO Harvey Hanson who is Hospice Care in Fargo; Andy Hart recovering in Rochester; and the family & friends of Garrett Qualley.

ZION WORSHIP SERVICE ONLINE Sunday mornings you can listen to the 9:00AM service online. Go to: www.ziontrf.org in the black banner click Listen Online, Click on the RED link to KTRF.

BROADCASTS today are sponsored by Ron & Ruth Ostby in memory of Mary & Harold Dupree

ZION'S WEBSITE for April is sponsored by Chris & Nicky, Brianne & Caitlynn Ellison in memory of Joe & Ginny Armstrong.

LISTENING DEVICES & LARGE PRINT bulletins are available from an usher.

DORCAS CIRCLE—will meet Tuesday, April 25th at 9:30 in the fellowship hall

SARAH CIRCLE - will meet Wednesday, April 26, 2023 at 1:30 PM in the church lounge.

NEXT SUNDAY, April 30th, Zion and Silver Creek will worship together at Zion at 9AM.



DON'T FORGET – The second session of directory pictures is scheduled for Thursday, May 11, through Saturday, May 13. If you haven't scheduled pictures and would like to, the website is ucdir.com, church code – mn321, and password – photos. If you need to change the time of your photos or schedule photos, please call Darlene at 689-8921.

NEW MEMBER RECOGNITION SUNDAY will be May 7th. If you haven't been contacted and are interested in joining at this time, please contact the church office. Any orientation will be held May 4th.

FALLS DELIVERED MEALS - the week of May 8 -12 is Zion's week for deliveries, If you can help with Falls Delivered Meals, please call Koni Johnson at 681-1344 or 686-7746.

STEWARDSHIP (Envelopes/Vanco Electronic Giving/Silver Creek included in all totals)

April 10-16 income: \$3,769.

April 1-16 income: \$20,704.

2023 Budget \$340,444. \$6,547. needed per week to meet budgeted expenses.

Electronic sign donations \$17,161.96

VANCO ELECTRONIC GIVING forms are in the wall rack by the office door. You can also set up contributions thru the link on Zion's website, or contact the church office.

Direct Thrivent Choice Dollars® Eligible Thrivent Financial members: Show your appreciation for Zion Lutheran Church by directing Choice Dollars. The individual recommendations you make through Choice Dollars directions can make a profound impact. *Thank you to all who have directed dollars*

THE GROCERIES TO GO & HANDYMAN PROGRAMS are available through our church if you'd like to use that option. If you need this service or would like to be a volunteer for grocery delivery, call the church office at 218-681-3296 and Darlene will get back to you.

LSS RESPITE CARE - Thursdays, 12 Noon to 4:00 PM in the Lounge. For more info or to sign up please contact Julie Praska Moser at 218-686-6229

PARISH HEALTH NOTE - April is National Humor Month! Did you know that laughter is the best medicine? Larry Wilde, an author and humorist, created National Humor Month in 1976 to show people how humor is a useful tool to improve our ways of life. He stated "The idea of laughing and the use of humor as a tool to lift ailing spirits is growing. Scientific research now indicates that the curative power of laughter and its ability to relieve debilitating stress and burnout may indeed be one of the great medical discoveries of our times." Through laughing, we're reducing our stress and pain levels, strengthening our immune systems, and recharging our bodies. You may have many examples where this has worked for you.

Humor plays an important role in our overall health. Due to scientific research, it is proven that humor is a useful tool that heals us emotionally and physically and laughter is an expression of happiness and inner joy. In social interactions, it is a sign of acceptance and positive interactions with others. It is contagious and often times, the laughter of one person provokes the laughter of another. The average adult laughs 17 times a day. Laughter has a positive effect on our bodies, it relaxes our muscles, increases our blood flow, and boosts our heart rate so.....**Laugh It Up!!**

Q. How can you make God laugh? A. Tell him your plans.

Q. If anyone needs an ark, I happen to Noah a guy! **HaHaHaHa!!**

May all your days be filled with the benefits of laughter. -*God's Blessings and Peace, Parish Health.*

Pastor Kristin Ostercamp, pastorkristin@mncable.net

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Darlene Wiseth, Faith Community Nurse zionph@mncable.net

David Lee / Tiffany Sterry, Custodial

April Noisy Offering: Vacation Bible School

Last Day of Sunday School is May 14th. Kids will sing in church.



SAVE THE DATES: Vacation Bible School will be held August 6-10th.

More information to come.

Parents are invited to stay for coffee fellowship in the basement following worship. All are welcome!

Muffin Makers: Thank you for providing treats for Coffee Fellowship! (proceeds go to youth program)
(Please bring 2 dozen baked goods to the fellowship hall on or before Sunday morning.)

April 23: Paul & Becky Peterson, Robert & Laura Fay, Romaine Wilson, Ron & Mandi Lund, Ryan & Jamie Bakken

April 30: Ryan & Kayla Bruggeman, Ryan & Roberta Sagstuen, Sam & Kayla Kofstad

CONFIRMATION SCHEDULE -

Meals available at 5:15; Classes at 6:00

April 26: Chicken Alfredo & breadsticks

May 3: Baked Mac & Cheese

May 10: Tacos

SENIOR RECOGNITION SUNDAY will be May 21st.

FOOD AND FELLOWSHIP May 21st

SCHEDULE FOR THE WEEK:

Today, Sunday, April 23:

9 Zion Worship, Broadcast ch. 3; KTRF
10 Sunday School
10 Coffee Fellowship
11:00 Silver Creek
12 Zion broadcast on cable ch. 37

Monday, April 24:

9 SAIL Exercise
6:30 Den meeting

Tuesday, April 25:

9-1 Faith Community Nurse Office hours
9:30 Dorcas circle in fellowship hall
10:30 Bereavement Group
Noon - Pastor's text study
1:30 Holy communion at TRCC
2:30 Holy communion at Oakland Park

Wednesday, April 26:

1:30 Sarah circle in the church lounge
5:15 Confirmation Supper
6 Confirmation Classes
6 God's Joy Choir
7 Senior Choir

Thursday, April 27:

NEWSLETTER ARTICLES DUE

9 SAIL Exercise
12:30-4:30 Respite Care in Lounge
1:00 Advanced Care Directive presentation in the Patio Room

Friday, April 28:

8:00 Men's Breakfast at Biff's
9:30 Coffee with staff

Next Sunday, April 30:

9 Zion & Silver Creek Worship together at Zion, Broadcast ch. 3; KTRF
10 Sunday School
10 Coffee Fellowship
12 Zion broadcast on cable ch. 37