

Zion Lutheran Church
Thief River Falls, MN

New Traditions Worship
Sixth Sunday of Easter

9:00 AM Worship
May 14, 2023

Pre-service Music

Welcome & Announcements

Call to Worship - Sunday School kids

Gathering

Gathering and Forgiveness

All may make the sign of the cross, the sign that is marked at baptism



Blessed be the holy Trinity, one God,
by whose hand we are given new birth,
by whose speaking we are given new life.

Amen.

Joined to Christ in the waters of baptism,
we are welcomed, restored, and supported
as citizens of the new creation.

Let us pray.

Holy God, holy and merciful, holy and mighty,
you are the river of life, you are the everlasting wellspring.
In mercy and might you have freed us from death
and raised us with Jesus, the firstborn of the dead.
In the water and the word, our old life is washed away,
and in them we are born anew.

In confidence of your promise of grace and mercy we pray,

Gracious God, wash away our sin and all that separates us from you.

Empower our witness to your resurrection.

Strengthen our resolve in seeking justice for all. Amen.

In Christ, your sins are forgiven.

Lord, satisfy the world's need through the water of life.

Where drought dries the earth, bring refreshment.

Where despair prevails, grant hope.

Where chaos reigns, bring peace.

We ask this through Christ,

who with you and the Spirit reigns forever.

Amen.

Gathering Song "Open the Eyes of My Heart" printed in back pages

Greeting

From the one who is and who was and who is to come,
and from Jesus Christ, the first fruits of the resurrection,
grace and peace be with you all.

And also with you.

Prayer of the Day

Let us pray.

Almighty and ever-living God, you hold together all things in heaven and on earth. In your great mercy receive the prayers of all your children, and give to all the world the Spirit of your truth and peace, through Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

Amen.

Word

FIRST READING: Acts 17:22-31

²²Paul stood in front of the Areopagus and said, "Athenians, I see how extremely religious you are in every way. ²³For as I went through the city and looked carefully at the objects of your worship, I found among them an altar with the inscription, 'To an unknown god.' What therefore you worship as unknown, this I proclaim to you. ²⁴The God who made the world and everything in it, he who is Lord of heaven and earth, does not live in shrines made by human hands, ²⁵nor is he served by human hands, as though he needed anything, since he himself gives to all mortals life and breath and all things. ²⁶From one ancestor he made all nations to inhabit the whole earth, and he allotted the times of their existence and the boundaries of the places where they would live, ²⁷so that they would search for God and perhaps grope for him and find him—though indeed he is not far from each one of us. ²⁸For 'In him we live and move and have our being'; as even some of your own poets have said,

'For we too are his offspring.'

²⁹Since we are God's offspring, we ought not to think that the deity is like gold, or silver, or stone, an image formed by the art and imagination of mortals. ³⁰While God has overlooked the times of human ignorance, now he commands all people everywhere to repent, ³¹because he has fixed a day on which he will have the world judged in righteousness by a man whom he has appointed, and of this he has given assurance to all by raising him from the dead."

Word of God, Word of Life...**Thanks be to God.**

Psalm: Psalm 66:8-20

⁸Bless our God, you peoples;
let the sound of praise be heard.

⁹**Our God has kept us among the living
and has not allowed our feet to slip.**

¹⁰For you, O God, have tested us;
you have tried us just as silver is tried.

- ¹¹**You brought us into the net;
you laid heavy burdens upon our backs.**
- ¹²You let people ride over our heads; we went through fire and water,
but you brought us out into a place of refreshment.
- ¹³**I will enter your house with burnt offerings
and will pay you my vows—**
- ¹⁴those that I promised with my lips
and spoke with my mouth when I was in trouble.
- ¹⁵**I will offer you burnt offerings of fatlings with the smoke of rams;
I will give you oxen and goats.**
- ¹⁶Come and listen, all you who believe,
and I will tell you what God has done for me.
- ¹⁷**I called out to God with my mouth,
and praised the Lord with my tongue.**
- ¹⁸If I had cherished evil in my heart,
the Lord would not have heard me;
- ¹⁹**but in truth God has heard me
and has attended to the sound of my prayer.**
- ²⁰Blessed be God, who has not rejected my prayer,
nor withheld unfailing love from me.

Second Reading: 1 Peter 3:13-22

¹³Who will harm you if you are eager to do what is good? ¹⁴But even if you do suffer for doing what is right, you are blessed. Do not fear what they fear, and do not be intimidated, ¹⁵but in your hearts sanctify Christ as Lord. Always be ready to make your defense to anyone who demands from you an accounting for the hope that is in you; ¹⁶yet do it with gentleness and reverence. Keep your conscience clear, so that, when you are maligned, those who abuse you for your good conduct in Christ may be put to shame. ¹⁷For it is better to suffer for doing good, if suffering should be God's will, than to suffer for doing evil. ¹⁸For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, ¹⁹in which also he went and made a proclamation to the spirits in prison, ²⁰who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. ²¹And baptism, which this prefigured, now saves you—not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, ²²who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him. Word of God, Word of Life...**Thanks be to God.**

Song "Jesus Loves Me" ELW #595

Kid's Time

Noisy Offering—May noisy offering will go to Vacation Bible School

Song "Halle, Halle, Hallelujah" ELW #172

GOSPEL: John 14:15-21

[Jesus said to the disciples:] ¹⁵“If you love me, you will keep my commandments. ¹⁶And I will ask the Father, and he will give you another Advocate, to be with you forever. ¹⁷This is the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, because he abides with you, and he will be in you.

¹⁸“I will not leave you orphaned; I am coming to you. ¹⁹In a little while the world will no longer see me, but you will see me; because I live, you also will live. ²⁰On that day you will know that I am in my Father, and you in me, and I in you. ²¹They who have my commandments and keep them are those who love me; and those who love me will be loved by my Father, and I will love them and reveal myself to them.”

Sermon Pastor Kristin Ostercamp

Hymn of the Day “10,000 Reasons” *printed in back pages*

Apostle’s Creed

I believe in God, the Father almighty, creator of heaven and earth.

**I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit, born of the virgin Mary,
suffered under Pontius Pilate, was crucified, died, and was buried;
he descended to the dead.**

On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

**I believe in the Holy Spirit, the holy catholic church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and the life everlasting. Amen.**

Offering - *ushers bring offering forward*

Offertory “Sanctuary”

Lord prepare me to be a sanctuary, pure and holy, tried and true.

With thanksgiving, I’ll be a living sanctuary for you. (CCLI Lic. # 11095451)

Prayers of Intercession *response: Your mercy is Great.*

Lord’s Prayer

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

Sending

Blessing

The God of all, who raised Jesus from the dead, bless you by the power of the Holy Spirit to live in the new creation. **Amen.**

Sending Song “Days of Elijah” *printed in back pages*

Dismissal Go in peace. Serve the Risen One. **Thanks be to God.**

Post-service Music

Announcements - May 14, 2023

6th Sunday of Easter

WELCOME! ZION'S LAY MINISTRY/EVANGELISM BOARD SAYS A SPECIAL WELCOME TO YOU THIS MORNING AND MAY YOU BE FED SPIRITUALLY DURING THIS TIME OF WORSHIP.

OUR THANKS TO TODAY'S WORSHIP LEADERS/ASSISTANTS

Pastor: Kristin Ostercamp Pianist: Laura Rude Organist: Marie Longo Reader: Charlie Cornell
Greeters: LaDawn Olson, Wayne & Jeri Nomeland, Alex Hanson, Sienna Gregerson
Ushers: Jim Fulton, Dick Haugen; Acolytes: Livia Harbott, Karena Bakken

OUR PRAYERS of thanksgiving for the mothering love of women in our lives and care and support they give.

ZION WORSHIP SERVICE ONLINE Sunday mornings you can listen to the 9:00AM service online. Go to: www.ziontrf.org. in the black banner click Listen Online, Click on the RED link to KTRF.

BROADCASTS today are sponsored by Dick & Jan Haugen in memory of Louisa Haugen & Marion Oliver.

ZION'S WEBSITE for May is sponsored by Zion memorials

LISTENING DEVICES & LARGE PRINT bulletins are available from an usher.

CPR Algorithm Presentation will be held today, Sunday, May 14th following worship. Darlene Wiseth (Faith Community Nurse) will give a CPR demonstration and Jim & Joyce Carlson will share their experience of how CPR saved Joyce's life.

WELCA PRAYER BREAKFAST - May 16, 9:00 am

You are invited to the WELCA prayer breakfast on Tuesday, May 16 at 9:00 a.m. We will begin in the sanctuary with a program "A New Song" created by Carol Narverud, a devotion with Pastor Kristin, and communion. Refreshments will then be served in the Fellowship Hall; hostesses are Sharon Wagner, Wanda Schuster and Kittie Cornell. Board meeting will follow.

STEWARDSHIP (Envelopes/Vanco Electronic Giving/Silver Creek included in all totals)

May 1-7 income: \$8,317.

April 1-30 income: \$31,678. Electronic sign donations \$17,201.96

2023 Budget \$340,444. \$6,547. needed per week to meet budgeted expenses.

VANCO ELECTRONIC GIVING forms are in the wall rack by the office door. You can also set up contributions thru the link on Zion's website, or contact the church office.

Direct Thrivent Choice Dollars® Eligible Thrivent Financial members: Show your appreciation for Zion Lutheran Church by directing Choice Dollars. The individual recommendations you make through Choice Dollars directions can make a profound impact. *Thank you to all who have directed dollars!*

THE GROCERIES TO GO & HANDYMAN PROGRAMS are available through our church. If you need this service or would like to be a volunteer for grocery delivery, call the church office at 218-681-3296 and Darlene will get back to you.

LSS RESPITE CARE - Thursdays, 2:00 to 4:30 PM in the Lounge. For more info or to sign up please contact Lutheran Social Service at 866-787-9802.

PARISH HEALTH - With so much technology in our world and it's easy accessibility, it can be difficult to minimize screen time with our children. Even with the best tips, it can be a struggle. According to the CDC, kids age 8-18 years spend an average of 7.5 hours in front of a screen every day.

The American Academy of Pediatrics newest recommendation for children usage is....

Under 18 months- avoid screens

18-24 months- Limit time to only introducing them to occasional educational pieces. (Phone chats are fine!)

2-5 years- Limit screen time to 1 hour per day while co-viewing media

6+ years- No set limits on time but place consistent limits on time using media, types of media, and where media usage is taking place.

What can be done to start cutting back on screen time?

Take small steps to create long-term changes. Cut back by 1 hour each week for a start.

Make a screen free bedroom. Keep as many screens as you can out of the bedroom and place in a central location. It will provide better sleeping with less temptation to use them.

Create a screen time schedule. Once established, have your child help with figuring out how they plan to use it.

Out of sight, out of mind. Put devices in a place where you and your children cannot see them. It's easier to forget they exist.

Mind your own screen time. If you are spending a lot of time on your phone or in front of a screen with social media, your children will want to also.

Encourage other activities. Reading, doing puzzles, playing board games, playing outside or with friends could be encouraged.

Consistency is the key. Stay calm and remind your child why limits are important.

Motivate your kids to be active. Children enjoy doing activities, especially if you keep it as a habit from early age.

Encourage activities that involve socializing. Look for activities that engage you child socially, such as school and church groups, camps or volunteer work.

By instilling a healthy relationship with devices as early as possible you will provide a great foundation for your child to continue with in the future. — *God's Patience and Presence be with you!* Parish Health

Parents are invited to stay for coffee fellowship in the basement following worship. All are welcome!



Muffin Makers: Thank you for providing treats for Coffee Fellowship! (proceeds go to youth program)

(Please bring 2 dozen baked goods to the fellowship hall on or before Sunday morning.)

May 14: Tim & Kirsten Michalke, Travis & Sara Scheef, Tyler & Jenna Holen, Wade & Koni Johnson

May 28: Zac & Jenna Svir, Zach & Chelsey Bladow, Zach & Kelsey Johnson

SAVE THE DATE Vacation Bible School led by Pathways Staff will be held August 6-10th.

SENIOR RECOGNITION SUNDAY will be May 21st.

FOOD AND FELLOWSHIP May 21st

Check out the Youth Bulletin Board for information on **Pathways Bible Camp** and the **2024 ELCA Youth Gathering** July 16-20 in New Orleans.

SCHEDULE FOR THE WEEK:

Today, Sunday, May 14:

MOTHER'S DAY/ LAST SS DAY

9 Zion Worship/ SS Sings

Broadcast ch. 3; KTRF

10 Sunday School

10 June Sharing Servants

10 Coffee Fellowship

10 CPR Presentation

11 Silver Creek Worship

12 Zion broadcast on cable ch. 37

Monday, May 15:

9 SAIL Exercise

6:30 Den meeting

Tuesday, May 16:

9-1 Faith Community Nurse Office hours

9 WELCA Prayer Breakfast

10 WELCA Board

12 Pastor's Text Study

5:30 Zion Council

6:30 Scouts in fellowship hall

Wednesday, May 17:

6 God's Joy Choir

6 Parish Ed Sub Committee meeting

7 Senior Choir

Thursday, May 18:

9 SAIL Exercise

1 Quilting

2:00-4:30 Respite Care in Lounge

Friday, May 19:

8:00 Men's Breakfast at Biff's

Saturday, May 20:

Newsletter items due

Next Sunday, May 21:

SENIOR RECOGNITION

9 Zion Holy Communion Worship/ Baptism

Broadcast ch. 3; KTRF

10 Food & Fellowship

11 Silver Creek Worship

12 Zion broadcast on cable ch. 37

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