

Zion Lutheran Church, 9:00 AM
Thief River Falls, MN
Fifth Sunday of Easter— Holy Communion
May 7, 2023



Rogation Day: A Liturgy for Seedtime and Harvest

PRELUDE

ANNOUNCEMENTS

CALL TO WORSHIP God's Joy Choir

*INVOCATION

In the name of the Father, and of the † Son, and of the Holy Spirit.

Amen.

WELCOME TO NEW MEMBERS

Dear friends, we give thanks for the gift of baptism and for these people, one with us in the body of Christ, whom we welcome as new members into the life and ministry of this congregation.

Doreen Sigerud
Riley Henrickson
Rebecca Opdahl
Bryn & Sarah Nelson, Enzo & Penelope

Colin & Maia Beger, Quinn & Colbie
Kristin Ostercamp, Zachary & Cori
Waylon & Jennifer Hirst, Landon & Avery

have become members of this congregation.

Apostles' Creed

With the whole church, let us confess our faith.

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.***

**On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

Address and Questions

In baptism, we are welcomed into the body of Christ and sent to share in the mission of God. We are called to live among God's faithful people, to hear the word of God and share in the Lord's supper, to proclaim the good news of God in Christ through word and deed, to serve all people, following the example of Jesus, and to strive for justice and peace in all the earth. *Sisters and brothers* in Christ, do you intend to continue in the covenant of your baptism among God's people in this place?

Those being welcomed respond.

I do, and I ask God to help and guide me.

Question to the congregation.

People of God, do you promise to support and pray for these new members in their life in Christ?

We do, and we ask God to help and guide us.

Welcome

Those being welcomed face the assembly.

Let us welcome these sisters and brothers in Christ to this community of faith.

We rejoice with you in the life of baptism. Together we will give thanks and praise to God and proclaim the good news to all the world.

PEACE

The peace of Christ be with you always. **And also with you.**

SONG "Gather Us In" ELW #532

Leader: Let the people praise you, O God;

People: Let all the people praise you.

Leader: The earth has brought forth her increase;

People: May God, our own God, give us blessing.

Leader: May God give us blessing,

People: And may all the ends of the earth stand in awe of God.

Leader: the people praise you, O God; Let us pray.

People: We come before you our God and Sustainer, remembering that you are our Creator and the source of all being. Out of your love the universe was born. From primordial darkness you put in place all that is needed for growth and saw that it was good. You have put this world into our hands: may we recognize your Spirit within it, disturbing and challenging us to care for creation, for the weak and the deprived. Lord we remember that we are called by you to nourish the earth and its diversity of life, to share the gifts you have given, with one another and with the poor of the world. Amen

Leader: For all that has been – Thanks!

People: To all that shall be – Yes!

All: To you, Oh Lord, Our God.

Job 38:1-11, 16-18

¹Then the LORD answered Job out of the whirlwind:

²"Who is this that darkens counsel by words without knowledge?

³Gird up your loins like a man, I will question you, and you shall declare to me.

⁴"Where were you when I laid the foundation of the earth? Tell me, if you have understanding.

⁵Who determined its measurements — surely you know! Or who stretched the line upon it?

⁶On what were its bases sunk, or who laid its cornerstone

⁷when the morning stars sang together and all the heavenly beings shouted for joy?

⁸"Or who shut in the sea with doors when it burst out from the womb? —
⁹when I made the clouds its garment, and thick darkness its swaddling band,
¹⁰and prescribed bounds for it, and set bars and doors,
¹¹and said, 'Thus far shall you come, and no farther, and here shall your proud waves be stopped?'
¹⁶"Have you entered into the springs of the sea, or walked in the recesses of the deep?
¹⁷Have the gates of death been revealed to you, or have you seen the gates of deep darkness?
¹⁸Have you comprehended the expanse of the earth? Declare, if you know all this.
Word of God, Word of Life... **Thanks be to God.**

Psalm 104:1, 13-23

¹Bless the LORD, O my soul. O LORD my God, you are very great.
You are clothed with honor and majesty,
¹³From your lofty abode you water the mountains;
the earth is satisfied with the fruit of your work.
¹⁴You cause the grass to grow for the cattle, and plants for people to use,
to bring forth food from the earth,
¹⁵and wine to gladden the human heart, oil to make the face shine, and bread to strengthen the human heart.
¹⁶**The trees of the LORD are watered abundantly, the cedars of Lebanon that he planted.**
¹⁷In them the birds build their nests; the stork has its home in the fir trees.
¹⁸**The high mountains are for the wild goats; the rocks are a refuge for the coney.**
¹⁹You have made the moon to mark the seasons; the sun knows its time for setting.
²⁰**You make darkness, and it is night, when all the animals of the forest come creeping out.**
²¹The young lions roar for their prey, seeking their food from God.
²²**When the sun rises, they withdraw and lie down in their dens.**
²³People go out to their work
and to their labor until the evening.

1 Timothy 6:6-10, 17-19

⁶Of course, there is great gain in godliness combined with contentment; ⁷for we brought nothing into the world, so that we can take nothing out of it; ⁸but if we have food and clothing, we will be content with these. ⁹But those who want to be rich fall into temptation and are trapped by many senseless and harmful desires that plunge people into ruin and destruction. ¹⁰For the love of money is a root of all kinds of evil, and in their eagerness to be rich some have wandered away from the faith and pierced themselves with many pains. ¹⁷As for those who in the present age are rich, command them not to be haughty, or to set their hopes on the uncertainty of riches, but rather on God who richly provides us with everything for our enjoyment. ¹⁸They are to do good, to be rich in good works, generous, and ready to share, ¹⁹thus storing up for themselves the treasure of a good foundation for the future, so that they may take hold of the life that really is life.

Word of God, Word of Life... **Thanks be to God.**

Song "Lord Let My Heart Be Good Soil" ELW #512 (2x)

Lord, let my heart be good soil, open to the seed of your word.
Lord, let my heart be good soil, where love can grow and peace is understood.
When my heart is hard, break the stone away.
When my heart is cold, warm it with the day.
When my heart is lost, lead me on your way.
Lord, let my heart, Lord, let my heart, Lord, let my heart be good soil.

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GOSPEL: Mark 4:26-32

P: The holy Gospel...

C: Glory to you O Lord.

Jesus said, "The kingdom of God is as if someone would scatter seed on the ground ²⁷ and would sleep and rise night and day, and the seed would sprout and grow, he does not know how. ²⁸ The earth produces of itself first the stalk, then the head, then the full grain in the head. ²⁹ But when the grain is ripe, at once he goes in with his sickle because the harvest has come." ³⁰ He also said, "With what can we compare the kingdom of God, or what parable will we use for it? ³¹ It is like a mustard seed, which, when sown upon the ground, is the smallest of all the seeds on earth, ³² yet when it is sown it grows up and becomes the greatest of all shrubs and puts forth large branches, so that the birds of the air can make nests in its shade."

P: The Gospel of our Lord.

C: Praise to you, O Christ.

THE BLESSING OF SEED

Leader: God you have given us these seeds.

People: They have a past. They are the fruit of the past. They have a present. They are to be planted into your soil. They have a future. They are to bear fruit for the harvest.

Leader: May the miracle of life within these seeds burst forth yielding a bountiful harvest.

Bless the seeds and those who plant them.

People: Amen.

Leader: For all that has been – Thanks!

People: To all that shall be – Yes!

All: To you, Oh Lord, Our God.

THE BLESSING OF SOIL

Leader: God you have created and given us this soil.

People: Soil serves as the medium for seeds to grow, it cleans water, it regulates climate. It provides warmth, nourishment and support so that new life may emerge.

Leader: Bless this soil that it may feed and nourish the seed. Bless those who work this soil and the harvest they produce.

People: Amen.

Leader: For all that has been – Thanks!

People: To all that shall be – Yes!

All: To you, Oh Lord, Our God.

THE BLESSING OF WATER

Leader: God, this water is your creation.

People: Water gives sustenance and nourishment to the soil and the seed.

Leader: Bless this water. Let it come as rain at the right time, in the proper amount so that the seed may flourish and grow. In your mercy send us favorable weather so that the harvest will be bountiful.

People: Amen.

Leader: For all that has been – Thanks!

People: To all that shall be – Yes!

All: To you, Oh Lord, Our God.

REFLECTION

RESPONSE TO THE REFLECTION

Leader: For all that has been – Thanks!

People: To all that shall be – Yes!

All: To you, Oh Lord, Our God.

THE PLANTING

During the Hymn the pastor and acolytes will process the water, soil, and seed outside and spread it in the church yard.

HYMN OF THE DAY “Sing to the Lord of Harvest” ELW #694

PRAYERS OF INTERCESSION

Leader: Lord in your mercy. **People: Hear our prayer.**

OFFERING *Ushers will bring the plates forward at this time.*

***OFFERTORY** ELW #184 “*Let the vineyards be fruitful Lord...*”

Let the vineyards be fruitful, Lord, and fill to the brim our cup of blessing.

Gather the harvest from the seeds that were sown,

That we may be fed with the bread of life.

Gather the hopes and the dreams of all; unite them with the prayers we offer,

Grace our table with your presence, and give us a foretaste of the feast to come.

*WORDS OF INSTITUTION

*LORD’S PRAYER

Our Father, who art in heaven, hallowed be thy name,

thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread; and forgive us our trespasses,

as we forgive those who trespass against us;

and lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory,

forever and ever. Amen.

COMMUNION DISTRIBUTION

*POST COMMUNION BLESSING & BENEDICTION

SENDING SONG “Shout to the Lord” ELW #821 (2x)

DISMISSAL

Leader: For all that has been – Thanks!

People: To all that shall be – Yes!

All: To you, Oh Lord, Our God.

Leader: Go into the world knowing Christ and making him known!

People: Thanks be to God!

Announcements - May 7, 2023

5th Sunday of Easter

WELCOME! ZION'S LAY MINISTRY/EVANGELISM BOARD SAYS A SPECIAL WELCOME TO YOU THIS MORNING AND MAY YOU BE FED SPIRITUALLY DURING THIS TIME OF WORSHIP.

OUR THANKS TO TODAY'S WORSHIP LEADERS/ASSISTANTS

Pastor: Kristin Ostercamp Pianist: Laura Rude Organist: Marie Longo Reader: Beth Nelson
Greeters: LaDawn Olson, Sharon Vathauer, Jerlyn Lunsetter, Ella Gust; Ushers: Rodney Knutson, Dick Haugen; Acolytes: Dawson Colden, Ava Niebuhr; Communion Servers: Charlie & Kittie Cornell

OUR PRAYERS to the family & friends of Harvey Hanson, and the Richard Kostrzewski family on the death of his daughter, Tammy Mattern.

WE REJOICE with Duane Hagman III & Kaylin Williams Hagman who were married at Zion May 4th.

ZION WORSHIP SERVICE ONLINE Sunday mornings you can listen to the 9:00AM service online. Go to: www.ziontrf.org in the black banner click Listen Online, Click on the RED link to KTRF.

BROADCASTS today are sponsored by Diane Baune in memory of Keith Baune and Jim & Darlene Hulteen in memory of Gretchen Rivers.

ZION'S WEBSITE for May is sponsored by Zion memorials

LISTENING DEVICES & LARGE PRINT bulletins are available from an usher.



DON'T FORGET – The second session of directory pictures is scheduled for Thursday, May 11, through Saturday, May 13. If you haven't scheduled pictures and would like to, the website is ucdir.com, church code – mn321, and password – photos. If you need to change the time of your photos or schedule photos, please call Darlene at 689-8921.

ALL ARE INVITED to a Voice Recital today, May 7th @ 7PM for the students of Laura Rude. Zion members include Julia Rude, Andraya Bakken, Hailee Halvorson & Nora Fay.

FALLS DELIVERED MEALS - the week of May 8 -12 is Zion's week for deliveries, If you can help with deliveries please call Koni Johnson at 681-1344 or 686-7746.

CPR Algorithm Presentation (date change!) will be held Sunday, May 14th following worship. Darlene Wiseth (Faith Community Nurse) will give a CPR demonstration and Jim & Joyce Carlson will share their experience of how CPR saved Joyce's life.

WELCA PRAYER BREAKFAST - May 16, 9:00 am

You are invited to the WELCA prayer breakfast on Tuesday, May 16 at 9:00 a.m. We will begin in the sanctuary with a program "A New Song" created by Carol Narverud, a devotion with Pastor Kristin, and communion. Refreshments will then be served in the Fellowship Hall; hostesses are Sharon Wagner, Wanda Schuster and Kittie Cornell. Board meeting will follow.

STEWARDSHIP (Envelopes/Vanco Electronic Giving/Silver Creek included in all totals)

April 24-30 income: \$5,112.

April 1-30 income: \$31,678. Electronic sign donations \$17,181.96

2023 Budget \$340,444. \$6,547. needed per week to meet budgeted expenses.

VANCO ELECTRONIC GIVING forms are in the wall rack by the office door. You can also set up contributions thru the link on Zion's website, or contact the church office.

Direct Thrivent Choice Dollars® Eligible Thrivent Financial members: Show your appreciation for Zion Lutheran Church by directing Choice Dollars. The individual recommendations you make through Choice Dollars directions can make a profound impact. *Thank you to all who have directed dollars!*

THE GROCERIES TO GO & HANDYMAN PROGRAMS are available through our church. If you need this service or would like to be a volunteer for grocery delivery, call the church office at 218-681-3296 and Darlene will get back to you.

LSS RESPITE CARE - Thursdays, 2:00 to 4:30 PM in the Lounge. For more info or to sign up please contact Lutheran Social Service at 866-787-9802.

PARISH HEALTH - As the summer approaches and we spend more time in the sun, skin cancer is also on the rise making it more important than ever to protect yourself. May is National Skin Cancer and Melanoma Awareness Month, an appropriate time to review the precautions needed to prevent and avoid skin cancer from sun exposure. Melanoma makes up for 1% of all skin cancers and it is the deadliest and most aggressive form of it. If caught in it's early stages, it has a 99% survival rate in the first 5 years. According to the CDC and Prevention it causes more than 8,000 deaths per year and about 1 in 5 will develop skin cancer by age 70.

Experts suggest to check your skin yourself on a monthly basis and have it done yearly by a physician or dermatologist. Think about the ABCDEF acronym to help remember what to look for in moles...

A-Asymmetry. The shape of the mole is not round, the halves are different.

B-Border. The border would be irregular, scalloped, or poorly defined.

C-Color. It may have multiple colors, tan, brown, black, and sometimes white, red, and blue. Usually at least 2 colors are present.

D-Diameter. An upper limit normal for moles is 6 mm (size of a pencil eraser) so if larger than that, it is concerning.

E-Evolving. Note changes in size, color, shape, or if a new one pops up.

F-Feels Funny. May be itchy, painful, bleeding, or burning.

It's the "ugly duckling".....a mole that looks different from the rest!

Melanoma risk factors include fair skin, moles, a family history, and UV exposure from the sun and indoor tanning.

Key Preventions Tips....

1) Seek shade. If possible avoid mid day hours when the sun is at it's peak and monitor your skin while out in it.

2)Wear Protective Clothing. Adding a hat and sunglasses would be great too.

3) Use SPF 30+ sunscreen. Apply 2 hours before going out, reapply every 2 hours and more often if in the water.

4) Avoid indoor tanning. Those that do this before 20 years of age have a 47% increased risk of melanoma.

"Summer has a flavor like no other. Always fresh and simmering in sunshine." Oprah Winfrey.

May you be able to enjoy the warmer weather and sunshine every day we are blessed with it!

-God's Blessing and Peace, Parish Health

Last Day of Sunday School is May 14th. Kids will sing in church.

Parents are invited to stay for coffee fellowship in the basement following worship. All are welcome!



Muffin Makers: Thank you for providing treats for Coffee Fellowship! (proceeds go to youth program)
(Please bring 2 dozen baked goods to the fellowship hall on or before Sunday morning.)

May 7: Sean & Ashley Ranum, Seri Russillo, Shawn & Amber Larson, Shawn & Kelly Bugge,
Taryn Hoverson

May 14: Tim & Kirsten Michalke, Travis & Sara Scheef, Tyler & Jenna Holen, Wade & Koni Johnson

SAVE THE DATE Vacation Bible School will be held August 6-10th

CONFIRMATION SCHEDULE - Meals available at 5:15; Classes at 6:00 May 10: Tacos

SENIOR RECOGNITION SUNDAY will be May 21st.

FOOD AND FELLOWSHIP May 21st

Check out the Youth Bulletin Board for information on **Pathways Bible Camp** and the **2024 ELCA Youth Gathering** July 16-20 in New Orleans.

Pastor Kristin Ostercamp, pastorkristin@mncable.net Office Phone: 681-3296 Fax: 681-3048
Linda Hamrick, Office Manager zionrf@mncable.net
Darlene Wiseth, Faith Community Nurse zionph@mncable.net
David Lee / Tiffany Sterry, Custodial

SCHEDULE FOR THE WEEK:

Today, Sunday, May 7:

NEW MEMBERS RECEIVED

9 Zion Holy Communion Worship Broadcast
ch. 3; KTRF

10 Sunday School

10 Coffee Fellowship

11 Silver Creek Worship

12 Zion broadcast on cable ch. 37

Monday, May 8:

9 SAIL Exercise

Falls Delivered Meals week

6:30 Den meeting

Tuesday, May 9:

9-1 Faith Community Nurse Office hours

9:30 Rostered Leader Gathering

Wednesday, May 10:

5:15 Confirmation Supper

6 Confirmation Classes

6 God's Joy Choir

7 Senior Choir

Thursday, May 11:

9 SAIL Exercise

2:00-4:30 Respite Care in Lounge

2-8:30 Directory Photos

Friday, May 12:

8:00 Men's Breakfast at Biff's

2-8:30 Directory Photos

Saturday, May 13:

10-4 Directory Photos

Next Sunday, May 14:

MOTHER'S DAY/ LAST SS DAY

9 Zion Worship/ SS Sings

Broadcast ch. 3; KTRF

10 Sunday School

10 June Sharing Servants

10 Coffee Fellowship

10 CPR Presentation

11 Silver Creek Worship

12 Zion broadcast on cable ch. 37

Coming Up -

May 16 -WELCA Prayer Breakfast

May 21- Senior Recognition /
Food & Fellowship