

Zion Lutheran Church, 9:00 AM
Thief River Falls, MN
Season of Pentecost - Holy Communion
June 18, 2023



PRELUDE
ANNOUNCEMENTS

**Please stand as you are comfortable*

***CONFESSION AND FORGIVENESS**

In the name of the Father, and of the + Son, and of the Holy Spirit. **Amen.**

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Jesus Christ our Lord. **Amen.**

Let us confess our sin in the presence of God and of one another.

Most merciful God,

we confess that we are captive to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name. Amen.

In the mercy of almighty God, Jesus Christ was given to die for you, and for his sake God forgives you all your sins. To those who believe in Jesus Christ he gives the power to become the children of God and bestows on them the Holy Spirit. **Amen.**

***GATHERING SONG** “In Christ Called to Baptize” ELW #575

Liturgy setting 10; page 203

***GREETING** (p. 203)

The grace of our Lord Jesus Christ, the love of God,
and the communion of the Holy Spirit be with you all.
And also with you.

***CANTICLE OF PRAISE (p. 204)**

Congregation: Glory be to God in heaven; peace, goodwill to all the earth.
Mighty God of all creation, Father of surpassing worth:
we exalt you, we adore you, we lift high our thanks and praise.
Saints and angels bow before you; here on earth our songs we raise.

Glory be to Christ forever, Lamb of God and Lord of love.
Son of God and gracious Savior, you have come from heav'n above;
on the cross you died to save us; now you reign at God's right hand.
Hear our prayer; restore, forgive us; in your promise firm we stand.

Holy One we now acclaim you; Lord alone, to you we call;
Holy One in faith we name you, God most high, yet near to all:
Jesus Christ, with God the Spirit, in the Father's splendor bright.
For the peace that we inherit, glory be to God on high!

***PRAYER OF THE DAY**

Let us pray.

God of compassion, you have opened the way for us and brought us to yourself.
Pour your love into our hearts, that, overflowing with joy, we may freely share
the blessings of your realm and faithfully proclaim the good news of your Son,
Jesus Christ, our Savior and Lord.

Amen.

FIRST READING: Exodus 19:2-8a

²[The Israelites] had journeyed from Rephidim, entered the wilderness of Sinai, and camped in the wilderness; Israel camped there in front of the mountain.³Then Moses went up to God; the LORD called to him from the mountain, saying, "Thus you shall say to the house of Jacob, and tell the Israelites: ⁴You have seen what I did to the Egyptians, and how I bore you on eagles' wings and brought you to myself. ⁵Now therefore, if you obey my voice and keep my covenant, you shall be my treasured possession out of all the peoples. Indeed, the whole earth is mine, ⁶but you shall be for me a priestly kingdom and a holy nation. These are the words that you shall speak to the Israelites."

⁷So Moses came, summoned the elders of the people, and set before them all these words that the LORD had commanded him. ^{8a}The people all answered as one: "Everything that the LORD has spoken we will do." Word of God, Word of Life... **Thanks be to God.**

PSALM: Psalm 100

¹Make a joyful noise to the LORD, all you lands!

²**Serve the LORD with gladness; come into God's presence with a song.**

³Know that the LORD is God, our maker to whom we belong;
we are God's people and the sheep of God's pasture.

⁴Enter the gates of the LORD with thanksgiving and the courts with praise;
give thanks and bless God's holy name.

⁵Good indeed is the LORD, whose steadfast love is everlasting,
whose faithfulness endures from age to age.

SECOND READING: Romans 5:1-8

¹Since we are justified by faith, we have peace with God through our Lord Jesus Christ, ²through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. ³And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, ⁴and endurance produces character, and character produces hope, ⁵and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

⁶For while we were still weak, at the right time Christ died for the ungodly. ⁷Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. ⁸But God proves his love for us in that while we still were sinners Christ died for us. Word of God, Word of Life... **Thanks be to God.**

***GOSPEL ACCLAMATION (p. 205)**

Congregation: Alleluia! Lord and Savior: open now your saving word.
Let it burn like fire within us; speak until our hearts are stirred
Alleluia! Lord, we sing for the good news that you bring.

GOSPEL: Matthew 9:35—10:8 [9-23]

The mission of Jesus' followers is to continue the mission of Jesus himself. Here, he instructs his first disciples as to how they might proclaim the gospel through their words and deeds.

P: The holy Gospel...

C: Glory to you O Lord.

³⁵Jesus went about all the cities and villages, teaching in their synagogues, and proclaiming the good news of the kingdom, and curing every disease and every sickness. ³⁶When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. ³⁷Then he said to his disciples, "The harvest is plentiful, but the laborers are few; ³⁸therefore ask the Lord of the harvest to send out laborers into his harvest."

^{10:1}Then Jesus summoned his twelve disciples and gave them authority over unclean spirits, to cast them out, and to cure every disease and every sickness. ²These are the names of the twelve apostles: first, Simon, also known as Peter, and his brother Andrew; James son of Zebedee, and his brother John; ³Philip and Bartholomew; Thomas and Matthew the tax collector; James son of Alphaeus, and Thaddaeus; ⁴Simon the Cananaean, and Judas Iscariot, the one who betrayed him.

⁵These twelve Jesus sent out with the following instructions: "Go nowhere among the Gentiles, and enter no town of the Samaritans, ⁶but go rather to the lost sheep of the house of Israel. ⁷As you go, proclaim the good news, 'The kingdom of heaven has come near.' ⁸Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment. [⁹Take no gold, or silver, or copper in your belts, ¹⁰no bag for your journey, or two tunics, or sandals, or a staff; for laborers deserve their food. ¹¹Whatever town or village you enter, find out who in it is worthy, and stay there until you leave. ¹²As you enter the house, greet it. ¹³If the house is worthy, let your peace come upon it; but if it is not worthy, let your peace return to you. ¹⁴If anyone will not welcome you or listen to your words, shake off the dust from your feet as you leave that house or town. ¹⁵Truly I tell you, it will be more tolerable for the land of Sodom and Gomorrah on the day of judgment than for that town.

¹⁶"See, I am sending you out like sheep into the midst of wolves; so be wise as serpents and

innocent as doves. ¹⁷Beware of them, for they will hand you over to councils and flog you in their synagogues; ¹⁸and you will be dragged before governors and kings because of me, as a testimony to them and the Gentiles. ¹⁹When they hand you over, do not worry about how you are to speak or what you are to say; for what you are to say will be given to you at that time; ²⁰for it is not you who speak, but the Spirit of your Father speaking through you. ²¹Brother will betray brother to death, and a father his child, and children will rise against parents and have them put to death; ²²and you will be hated by all because of my name. But the one who endures to the end will be saved. ²³When they persecute you in one town, flee to the next; for truly I tell you, you will not have gone through all the towns of Israel before the Son of Man comes.”]

P: The Gospel of our Lord...

C: **Praise to you, O Christ.**

SERMON PASTOR KRISTIN OSTERCAMP

HYMN OF THE DAY “I Come With Joy” ELW #482

***APOSTLES’ CREED**

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God’s only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

***PRAYERS OF INTERCESSION** *response: hear our prayer.*

***SHARING OF PEACE**

The peace of Christ be with you always. **And also with you.**

OFFERING *Ushers will bring the plates forward at this time.*

OFFERTORY ELW #184 “*Let the vineyards be fruitful Lord...*”

Let the vineyards be fruitful, Lord, and fill to the brim our cup of blessing.

Gather the harvest from the seeds that were sown,

That we may be fed with the bread of life.

Gather the hopes and the dreams of all; unite them with the prayers we offer,

Grace our table with your presence, and give us a foretaste of the feast to come.

***WORDS OF INSTITUTION**

***LORD'S PRAYER**

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

COMMUNION DISTRIBUTION

***POST COMMUNION BLESSING & BENEDICTION**

SENDING HYMN "Praise to the Lord, The Almighty" ELW #858

DISMISSAL

Go into the world knowing Christ and making him known.

Thanks be to God.

WELCOME! ZION'S LAY MINISTRY/EVANGELISM BOARD SAYS A SPECIAL WELCOME TO YOU THIS MORNING AND MAY YOU BE FED SPIRITUALLY DURING THIS TIME OF WORSHIP.

OUR THANKS TO TODAY'S WORSHIP LEADERS/ASSISTANTS

Pastor: Kristin Ostercamp

Pianist: Laura Rude Organist: Marie Longo

Greeters: Sharon & Larry Efteland

Reader: David Lee

Ushers: Glenice Johnson, Krista Johnson

Communion assistants: Patty Schob, Sharon Wagner

We Pray for those families who grieve especially the family & friends of Donna Larson, Arlyne Forsberg and Paulette Augustine who gather for memorial services this week.

ZION WORSHIP SERVICE ONLINE Sunday mornings you can listen to the 9:00AM service online. Go to: www.ziontrf.org. in the black banner click Listen Online, Click on the RED link to KTRF.

BROADCASTS today are sponsored in memory of Bud Bueng and Robert Looker by Jon & Junelle Looker.

ZION'S WEBSITE for June is sponsored by Zion Memorials.

LISTENING DEVICES & LARGE PRINT bulletins are available from an usher.

WEDNESDAY WORSHIP Supper served at 5:30 and Worship at 6:15 PM.

STEWARDSHIP (Envelopes/Vanco Electronic Giving/Silver Creek included in all totals)

June 5-11 income: \$2,330.

June 1-11 income: \$6,628.

Electronic sign donations \$20,201.

2023 Budget \$340,444.

\$6,547. needed per week to meet budgeted expenses.

VANCO ELECTRONIC GIVING forms are in the wall rack by the office door. You can also set up contributions thru the link on Zion's website, or contact the church office.

Direct Thrivent Choice Dollars[®] Eligible Thrivent Financial members: Show your appreciation for Zion Lutheran Church by directing Choice Dollars. The individual recommendations you make through Choice Dollars directions can make a profound impact. *Thank you to all who have directed dollars!*

THE GROCERIES TO GO & HANDYMAN PROGRAMS are available through our church. If you need this service or would like to be a volunteer for grocery delivery, call the church office at 218-681-3296 and Darlene will get back to you.

LSS RESPITE CARE - Thursdays, 2:00 to 4:30 PM in the Lounge. For more info or to sign up please contact Lutheran Social Service at 866-787-9802.

Vacation Bible School led by Pathways Staff will be held August 6-10th.

Check out the Youth Bulletin Board for information on Pathways Bible Camp and the 2024 ELCA Youth Gathering July 16-20 in New Orleans.

Pastor Kristin Ostercamp, pastorkristin@mncable.net

Office Phone: 681-3296 Fax: 681-3048

Linda Hamrick, Office Manager ziontrf@mncable.net

Darlene Wiseth, Faith Community Nurse zionph@mncable.net

David Lee / Tiffany Sterry, Custodial

PARISH HEALTH -

Stepping Out, First Thing! Stepping out and spending time outside right away in the morning can have several benefits for overall health and well-being and it just feels good! Exposure to natural light early in the day can help regulate circadian rhythms, which are our body's internal biological clocks that regulate sleep, hormones, and other bodily functions. This can help improve sleep quality, energy levels, and mood throughout the day.

It's time for a BOOST!

Additionally, spending time outside in the morning can also help reduce stress and anxiety, improve cognitive function and creativity, and increase physical activity levels. Exposure to natural elements such as fresh air and greenery has also been shown to have a positive impact on mental health and overall sense of well-being. Spend at least 10-15 minutes to experience benefits.

Overall, spending time outside in the morning can be a simple yet effective way to improve our physical and mental health, boost energy levels, and set a positive tone for the rest of the day.

Enjoy the warmer weather, summer is soon here!

God's Peace and Blessings to you. Parish Health

SCHEDULE FOR THE WEEK:

Today, Sunday, June 18:

Father's Day

9:00 Zion Holy Communion Worship/

Broadcast ch. 3; KTRF

10 Coffee fellowship in lounge

10:30 Silver Creek Holy Communion Worship

12 Zion broadcast on cable ch. 37

Monday, June 19:

9 SAIL exercise

Tuesday, June 20:

5:30 Zion Council meeting

9:30-12 Pastors meeting in lounge

Wednesday, June 21:

5:30 Supper

6:15 Worship

Thursday, June 22:

9 SAIL Exercise

9-1 Faith Community Nurse Office hours

2:00-4:30 Respite Care in Lounge

Pauline Augustine Memorial at Silver Creek

Friday, June 23:

Church offices closed

Next Sunday, June 25:

9:00 Zion Worship/ Pr Mark

Broadcast ch. 3; KTRF

10 Coffee fellowship in lounge

10:30 Silver Creek Holy Communion Worship

12 Zion broadcast on cable ch. 37

GOSPEL MESSAGE

June 18, 2023

LECTIONARY 11

Assembly Required

Many of us are dumbfounded by instructions, even if we have the patience to read them. We may in fact ignore them, ripping open a cardboard box holding a new gadget, toy, or piece of furniture and launching into assembly without bothering to find the enclosed paperwork. In this story from Matthew, the instructions for the twelve laborers are clear: cure the sick, raise the dead, cleanse the lepers, and cast out demons. Having watched Jesus' ministry of proclamation and healing, they are sent out on their own ministry to do the same.

Are they ready? Who knows. If we're honest, we seldom feel completely ready for tasks before us, even if we've read or heard the instructions. Instructions only take us so far, after all. Then we're on our own. Or better yet, on a team. That's where our creativity and can-do spirit kick in.

Sounds like the church, doesn't it? In this sending of the disciples, the church is cast into the world with the mission of preaching, teaching, and healing. These verses from Matthew, filled with both compassion and urgency, are for the original audience and for us. Jesus sends us too. And more than "some" assembly is required. We need the entire assembly! We laborers are sent first from the font, then week after week from the table.

The words in the service of Holy Baptism send us into the world to "proclaim Christ through word and deed, care for others and the world God made, and work for justice and peace" (*ELW*, p. 228). Thank God for those who labor with us and cheer us on our way. We need both the instructions and the assembly. And most importantly, the Holy One who sends us out.

From sundaysandseasons.com.

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