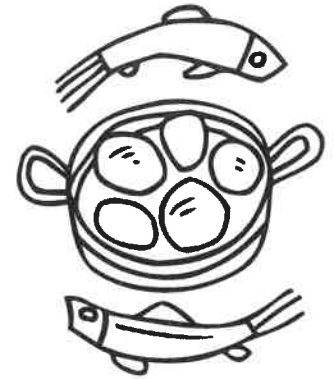


Zion Lutheran Church, 9:00 AM
Thief River Falls, MN
Season of Pentecost - Holy Communion
August 6, 2023



PRELUDE
ANNOUNCEMENTS

**Please stand as you are comfortable*

***CONFESSION AND FORGIVENESS**

In the name of the Father, and of the + Son, and of the Holy Spirit. **Amen.**

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Jesus Christ our Lord. **Amen.**

Let us confess our sin in the presence of God and of one another.

Most merciful God,

we confess that we are captive to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name. Amen.

In the mercy of almighty God, Jesus Christ was given to die for you, and for his sake God forgives you all your sins. To those who believe in Jesus Christ he gives the power to become the children of God and bestows on them the Holy Spirit. **Amen.**

***GATHERING SONG** "Rise, Shine, You People!" ELW # 665

Liturgy setting 10; page 203

***GREETING** (p. 203)

The grace of our Lord Jesus Christ, the love of God,
and the communion of the Holy Spirit be with you all. **And also with you.**

***CANTICLE OF PRAISE (p. 204)**

Congregation: Glory be to God in heaven; peace, goodwill to all the earth.
Mighty God of all creation, Father of surpassing worth:
we exalt you, we adore you, we lift high our thanks and praise.
Saints and angels bow before you; here on earth our songs we raise.

Glory be to Christ forever, Lamb of God and Lord of love.
Son of God and gracious Savior, you have come from heav'n above;
on the cross you died to save us; now you reign at God's right hand.
Hear our prayer; restore, forgive us; in your promise firm we stand.

Holy One we now acclaim you; Lord alone, to you we call;
Holy One in faith we name you, God most high, yet near to all:
Jesus Christ, with God the Spirit, in the Father's splendor bright.
For the peace that we inherit, glory be to God on high!

***PRAYER OF THE DAY**

Let us pray.

Glorious God, your generosity waters the world with goodness, and you cover creation with abundance. Awaken in us a hunger for the food that satisfies both body and spirit, and with this food fill all the starving world; through your Son, Jesus Christ, our Savior and Lord.
Amen.

FIRST READING: Isaiah 55:1-5

¹Ho, everyone who thirsts, come to the waters;
and you that have no money, come, buy and eat!
Come, buy wine and milk without money and without price.

²Why do you spend your money for that which is not bread,
and your labor for that which does not satisfy?
Listen carefully to me, and eat what is good,
and delight yourselves in rich food.

³Incline your ear, and come to me;
listen, so that you may live.
I will make with you an everlasting covenant,
my steadfast, sure love for David.

⁴See, I made him a witness to the peoples,
a leader and commander for the peoples.

⁵See, you shall call nations that you do not know,
and nations that do not know you shall run to you,
because of the LORD your God, the Holy One of Israel,
for he has glorified you. Word of God, Word of Life... **Thanks be to God.**

PSALM: Psalm 145:8-9, 14-21

⁸The LORD is gracious and full ¹ of compassion,
slow to anger and abounding in ¹ steadfast love.

⁹**LORD, you are ¹ good to all,
and your compassion is over ¹ all your works.**

¹⁴The Lord upholds all ¹ those who fall

and lifts up those who¹ are bowed down.
¹⁵**The eyes of all wait upon¹ you, O LORD,
and you give them their food¹ in due season.**
¹⁶You open¹ wide your hand
and satisfy the desire of every¹ living thing.
¹⁷**You are righteous in¹ all your ways
and loving in¹ all your works.**
¹⁸You are near to all who¹ call upon you,
to all who call upon you faithfully.
¹⁹**You fulfill the desire of¹ those who fear you;
you hear their¹ cry and save them.**
²⁰You watch over all¹ those who love you,
but all the wicked you¹ shall destroy.
²¹**My mouth shall speak the praise¹ of the LORD;
let all flesh bless God's holy name forever and ever.**

SECOND READING: Romans 9:1-5

¹I am speaking the truth in Christ—I am not lying; my conscience confirms it by the Holy Spirit—I have great sorrow and unceasing anguish in my heart. ³For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. ⁴They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; ⁵to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed forever. Amen.

Word of God, Word of Life... Thanks be to God.

***GOSPEL ACCLAMATION (p. 205)**

Alleluia! Lord and Savior: open now your saving word.

Let it burn like fire within us; speak until our hearts are stirred

Alleluia! Lord, we sing for the good news that you bring.

GOSPEL: Matthew 14:13-21

After John the Baptist is murdered, Jesus desires a time of solitude. Still, his compassion for others will not allow him to dismiss those who need him, and he is moved to perform one of his greatest miracles.

P: The holy Gospel...

C: Glory to you O Lord.

¹³Now when Jesus heard [about the beheading of John the Baptist], he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. ¹⁴When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. ¹⁵When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." ¹⁶Jesus said to them, "They need not go away; you give them something to eat." ¹⁷They replied, "We have nothing here but five loaves and two fish." ¹⁸And he said, "Bring them here to me." ¹⁹Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. ²⁰And all ate and were

filled; and they took up what was left over of the broken pieces, twelve baskets full. ²¹And those who ate were about five thousand men, besides women and children.

P: The Gospel of our Lord...

C: Praise to you, O Christ.

SERMON “SATISFACTION IN CHRIST” PASTOR KRISTIN OSTERCAMP

HYMN OF THE DAY “The Numberless Gifts of God’s Mercies” ELW #683

***APOSTLES’ CREED**

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

PRAYERS OF INTERCESSION *response: Your mercy is great.*

***SHARING OF PEACE**

The peace of Christ be with you always. **And also with you.**

OFFERING *Ushers will bring the plates forward at this time.*

OFFERTORY ELW #184 *“Let the vineyards be fruitful Lord...”*

Let the vineyards be fruitful, Lord, and fill to the brim our cup of blessing.

Gather the harvest from the seeds that were sown,

That we may be fed with the bread of life.

Gather the hopes and the dreams of all; unite them with the prayers we offer,

Grace our table with your presence, and give us a foretaste of the feast to come.

***WORDS OF INSTITUTION**

***LORD'S PRAYER**

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

COMMUNION DISTRIBUTION

***POST COMMUNION BLESSING**

SENDING

The God who calls across the cosmos and speaks in the smallest seed † bless, keep, and sustain you now and to the end of the age.

Amen.

SENDING HYMN “My Life Flows in in Endless Song” ELW #763

DISMISSAL

Go into the world knowing Christ and making him known. **Thanks be to God.**

WELCOME! ZION'S LAY MINISTRY/EVANGELISM BOARD SAYS A SPECIAL WELCOME TO YOU THIS MORNING AND MAY YOU BE FED SPIRITUALLY DURING THIS TIME OF WORSHIP.

OUR THANKS TO TODAY'S WORSHIP LEADERS/ASSISTANTS

Pastor: Kristin Ostercamp

Pianist: Laura Rude

Organist: Marie Longo

Greeters:

Reader: Mike Swenson

Ushers:

Communion assistants: Kittie & Charlie Cornell

OUR PRAYERS TO ALL GOD'S CHILDREN STANDING IN THE NEED OF PRAYER. Especially: Lori Wetzel (daughter of Dick & Jan Haugen). Richard Kostrzewski on the death of his brother, Jerry, and the family of Ione Poole.

ZION WORSHIP SERVICE ONLINE Sunday mornings you can listen to the 9:00AM service online. Go to: www.ziontrf.org. in the black banner click Listen Online, Click on the RED link to KTRF.

BROADCASTS today are sponsored by Zion memorials

ZION'S WEBSITE for July is sponsored by David & Karen Kirkeby in memory of Cody Lundgren.

LISTENING DEVICES & LARGE PRINT bulletins are available from an usher.

WEDNESDAY WORSHIP at 6:15 PM. Supper served at 5:30 PM

WELCA Ladies: We are hosting the NW MN Synodical Women's Convention here at Zion on Sept. 9. We would like to have someone attend as our voting delegate and the deadline for that registration is Aug. 1. If you are interested in being our representative, please call Glenice at 681-4472. Or you might be interested to attend as a non-voting delegates with registration due by Sept. 1.

THANK YOU FOR SUPPORTING OUR WORK AND WITNESS!

July 24-30 Offerings \$3,175.

July 1-31 Offerings \$26,769.

Weekly Goal: \$6,547.

VANCO ELECTRONIC GIVING –Sign up available on Zion's website or contact the church office.

Direct Thrivent Choice Dollars® Eligible Thrivent Financial members: Show your appreciation for Zion Lutheran Church by directing Choice Dollars. The individual recommendations you make through Choice Dollars directions can make a profound impact. *Thank you to all who have directed dollars!*

THE GROCERIES TO GO & HANDYMAN PROGRAMS are available through our church. If you need this service or would like to be a volunteer for grocery delivery, call the church office at 218-681-3296 and Darlene will get back to you.

LSS RESPITE CARE - Thursdays, 2:00 to 4:30 PM in the Lounge. For more info or to sign up please contact Lutheran Social Service at 866-787-9802.

Vacation Bible School Week August 7th-10th 9:00-3:00 "Wholly Loved"

Theme verse: I am the Alpha and the Omega, the first and the last, the beginning and the end. Rev.22:13
Pathways Bible Camp staff will be here to lead this exciting week. 50+ youth are registered for VBS!

PARISH HEALTH - Good feet are incredibly important and not always appreciated until something goes wrong with them. People suffering from flat feet, plantar fasciitis, Achilles tendonitis, bunions or shin splints might all be able to improve lives with properly prescribed and fitted insoles. Properly fitted insoles can solve a lot of problems from the ground up.

There is not what you'd call a "typical" person who will benefit from using insoles. It could be a 12-year old who is just getting into athletics, or a high school hockey player who has ankle pain and needs the support and stability an insole provides. It could be a 50-something 10K runner intent on piling up the miles, or possibly someone in their 70's who is dealing with hip pain.

For those spending a lot of time on their feet because they're athletes or they have a physical job or they're doing some kind of high-caliber activity that is leading to discomfort, legs get tired! The majority of the time an off-the-shelf product will be helpful. The additions of insoles for athletes can be game-changing. It reduces shock absorption and helps stabilize the foot. This more stable and comfortable foundation can decrease pain and improve performance.

Finding the right insoles can be the key. It may be beneficial to visit a podiatrist or your primary provider for a recommendation to try a particular over-the-counter product. A physical therapist consult might be needed for the best results. They will look at the dynamics of your movement and watch you run and walk. This provides a load of information to them to make the best decision on what insole to use. Inserts can often help people walk away from not only foot pain but back, knee and hip pain as well. Wouldn't that be GREAT!

Sometimes making simple changes can make a BIG difference. It's definitely worth considering if you have any of these symptoms. *Happy August...God's Blessing and Peace, Parish Health*

SCHEDULE FOR THE WEEK:

Today, Sunday, August 6:

9:00 Zion Holy Communion Worship
Broadcast ch. 3; KTRF
10 Coffee fellowship in lounge
10:30 Silver Creek Worship
12 Zion broadcast on cable ch. 37

Monday, August 7:

9 Sail Exercise Group

9-3 VBS

Tuesday, August 8:

9-12 Faith Community Nurse Hours

9-3 VBS

10:30 Ev/ Lay Ministry meeting
5:30 Worship Board
6:30 Parish Education
6:30 Public Relations
7 Property Board
7 Parish Fellowship

Wednesday, August 9:

9-3 VBS

5:30 Supper

6:15 Wednesday Worship

Thursday, August 10:

9-3 VBS

9 SAIL Exercise

2:00-4:30 Respite Care in Lounge

Friday, August 11:

Offices closed

Next Sunday, August 13:

9:00 Zion Worship

Broadcast ch. 3; KTRF

10 Coffee fellowship in lounge

10:30 Silver Creek Worship

12 Zion broadcast on cable ch. 37

GOSPEL MESSAGE

August 6, 2023

LECTIONARY 18

The Problem with Numbers

So much attention to numbers! Five. Two. Twelve. Five thousand. And far more than five thousand when the women and children are included in the count (almost as if it's a census-taker's afterthought). But who, really, was doing the counting? And why? Was there a crew in that deserted place tallying attendance like ushering teams who survey church pews on Sunday mornings? Probably not. Yet the numbers often dominate this story, a miraculous story so significant to the evangelists that it is, unlike any other miracle, written into all four gospels.

What might be lost from this story when the numbers—how many people, so few loaves, only a couple fish, and even the counted leftovers—command our attention? The numbers apparently consumed the disciples' imaginations and produced their reaction: "Send them away."

Consider how often stories end like this: "Send them away." How quickly, even easily, numbers settle an issue and decide a story's conclusion, people's fate. But for Jesus the story is not over. Instead he says, "They need not go away" (Matthew 14:16). The numbers neither control nor tell the story. Compassion does. And more, that is not only how the story ends; compassion is how the story begins: "When he went ashore, he saw a great crowd; and he had compassion for them" (Matt. 14:14).

Rather than the numbers, it is the "where" of this story that is significant. We easily overlook where Jesus is doing his ministry: Ashore. In a deserted place. It is not in the religious space of the synagogue. In the religious space, Jesus' teaching so offended the congregation that, dishonored, he left unable to accomplish anything among them. Unable to make a space of compassion and care there, he goes out to where the people are. If this doesn't give us pause, we are not paying attention.

We see where Jesus is. Where is the church?

From sundaysandseasons.com.

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