Zion Lutheran Church Fifth Sunday in Lent/Camp Sunday March 17, 2024 9:00 AM

PRE-SERVICE MUSIC WELCOME & ANNOUNCEMENTS

CALL TO WORSHIP - Sunday School & Cornerstone Kids

Chorus: Baptized into the death of Christ and raised again new life.

v1- Down, down, down I was sinking deep in sin. Killing me, killing me from deep within. He put me to death that day, and the family of God stood up to say...

v2- Down, down, down in the water down I went. Lifted up in a brand new covenant. They made a sign on my brow and 'll do it again to remember now.

v 3- Sing, sing, sing to the ones who have not heard. We've been washed in the water and the word. We'll sing with every breath, we will share His life lie we've shared His death.

(*Please stand as you are comfortable)

GATHERING

The Holy Spirit calls us together as the people of God.

CONFESSION AND FORGIVENESS

In the name of the Father, and of the + Son, and of the Holy Spirit.

Amen.

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Jesus Christ our Lord.

Amen.

Let us confess our sin in the presence of God and of one another.

Most merciful God,

we confess that we are captive to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name.

Amen.

God, who is rich in mercy, loved us even when we were dead in sin, and made us alive together with Christ. By grace you have been saved. In the name of \oplus Jesus Christ, your sins are forgiven. Almighty God strengthen you with power through the Holy Spirit, that Christ may live in your hearts through faith. **Amen.**



GATHERING SONG "I Bind Onto Myself Today" # 450 vs.1-2,4-5

PEACE

The peace of Christ be with you always.

And also with you.

GREETING

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

And also with you.

KYRIE (ELW p. 203)

Have mercy on us, Lord, and hear our solemn prayer. We come to hear your living word; it saves us from despair.

Have mercy on us, Christ, and wash away our sin. Pour out your grace and make us whole that new life may begin.

Have mercy on us, Lord, make sin and shame depart. Renew us with your saving pow'r; create in us new hearts!

PRAYER OF THE DAY

Let us pray.

O God, with steadfast love you draw us to yourself, and in mercy you receive our prayers. Strengthen us to bring forth the fruits of the Spirit, that through life and death we may live in your Son, Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen.**

WORD

FIRST READING: Jeremiah 31:31-34

The Judeans in Babylon blamed their exile on their ancestors, who had broken the covenant established at Sinai. Here the prophet looks to a day when God will make a new covenant with the people. There will be no need to teach the law, because God will write it on their hearts.

³¹The days are surely coming, says the LORD, when I will make a new covenant with the house of Israel and the house of Judah. ³²It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt—a covenant that they broke, though I was their husband, says the LORD. ³³But this is the covenant that I will make with the house of Israel after those days, says the LORD: I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. ³⁴No longer shall they teach one another, or say to each other, "Know the LORD," for they shall all know me, from the least of them to the greatest, says the LORD; for I will forgive their iniquity, and remember their sin no more.

Word of God, Word of Life. Thanks be to God.

PSALM: Psalm 51:1-12

¹Have mercy on me, O God, according to your | steadfast love; in your great compassion blot out | my offenses.

²Wash me through and through from my wickedness, and cleanse me from my sin.

³For I know | my offenses, and my sin is ever before me.

⁴Against you only have I sinned and done what is evil | in your sight; so you are justified when you speak and right | in your judgment.

⁵Indeed, I was born | steeped in wickedness, a sinner from my | mother's womb.

⁶Indeed, you delight in truth | deep within me, and would have me know wisdom | deep within.

⁷Remove my sins with hyssop, and I | shall be clean; wash me, and I shall be purer than snow.

⁸Let me hear | joy and gladness;

that the body you have broken may rejoice.

⁹Hide your face | from my sins, and blot out | all my wickedness.

¹⁰Create in me a clean heart, O God, and renew a right spirit within me.

Cast me not away from your presence, and take not your Holy Spirit from me.

¹²Restore to me the joy of ¹ your salvation and sustain me with your bountiful Spirit.

SECOND READING: Hebrews 5:5-10

Using priestly imagery and references to the Old Testament, the author explains how Christ lived in trusting obedience to God, and so God has made Christ the source of our eternal salvation.

⁵Christ did not glorify himself in becoming a high priest, but was appointed by the one who said to him, "You are my Son, today I have begotten you"; ⁶as he says also in another place, "You are a priest forever, according to the order of Melchizedek."

⁷In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission. ⁸Although he was a Son, he learned obedience through what he suffered; ⁹and having been made perfect, he became the source of eternal salvation for all who obey him, ¹⁰having been designated by God a high priest according to the order of Melchizedek. Word of God, Word of Life. **Thanks be to God.**

KIDS TIME

GOSPEL ACCLAMATION (ELW p. 205)

We are turning, Lord, to hear you; you are merciful and kind—slow to anger, rich in blessing, and with love to us inclined.

GOSPEL: John 12:20-33

Jesus entered Jerusalem for the last time to celebrate the Passover festival. Here Jesus' words about seeds planted in the ground turn the disaster of his death into the promise of a harvest in which everyone will be gathered.

The holy gospel according to John. Glory to you, O Lord.

²⁰Now among those who went up to worship at the festival were some Greeks. ²¹They came to Philip, who was from Bethsaida in Galilee, and said to him, "Sir, we wish to see Jesus." ²²Philip went and told Andrew; then Andrew and Philip went and told Jesus. ²³Jesus answered them, "The hour has come for the Son of Man to be glorified. ²⁴Very truly, I tell you, unless a grain of

wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit. ²⁵Those who love their life lose it, and those who hate their life in this world will keep it for eternal life. ²⁶Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honor.

²⁷"Now my soul is troubled. And what should I say—'Father, save me from this hour'? No, it is for this reason that I have come to this hour. ²⁸Father, glorify your name." Then a voice came from heaven, "I have glorified it, and I will glorify it again." ²⁹The crowd standing there heard it and said that it was thunder. Others said, "An angel has spoken to him." ³⁰Jesus answered, "This voice has come for your sake, not for mine. ³¹Now is the judgment of this world; now the ruler of this world will be driven out. ³²And I, when I am lifted up from the earth, will draw all people to myself." ³³He said this to indicate the kind of death he was to die.

The gospel of the Lord. Praise to you, O Christ.

SERMON Pastor Kristin Ostercamp

HYMN OF THE DAY "O Christ the Same" #760

APOSTLES' CREED

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.*
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

OFFERTORY ELW #186 "Create in Me a Clean Heart" Create in me a clean heart, O God, and renew a right spirit within me.
Cast me not away from your presence, and take not your Holy Spirit from me.
Restore unto me the joy of your salvation, and uphold me with your free Spirit.

OFFERING PRAYER

Let us pray.

God our provider, you have not fed us with bread alone, but with words of grace and life. Bless us and these your gifts, which we receive from your bounty, through Jesus Christ our Lord.

Amen.

PRAYERS OF INTERCESSION

Hear us, O God... Your mercy is great.

*WORDS OF INSTITUTION

*LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

LAMB OF GOD Page 208

O Lamb of God, you bear the sin of all the world away; You suffered death our lives to save: have mercy now, we pray.

O Lamb of God, you bear the sin of all the world away; You set us free from guilt and grave: have mercy now we pray.

O Lamb of God, you bear the sin of all the world away; Eternal peace with God you made: give us your peace, we pray.

COMMUNION DISTRIBUTION (Ushers will guide you forward)

BLESSING

Almighty God, Father, + Son, and Holy Spirit, bless you now and forever. **Amen.**

SENDING SONG "Be Thou My Vision" #793

DISMISSAL

Go in peace. Christ is with you.

Thanks be to God.

From sundaysandseasons.com.Copyright $\ @$ 2024 Augsburg Fortress. All rights reserved. Reprinted/Streamed with permission under One License #A-721628. All rights reserved.

Announcements - March 17, 2024

Fifth Sunday in Lent

WELCOME! ZION'S LAY MINISTRY/EVANGELISM BOARD EXTENDS A SPECIAL WELCOME TO YOU THIS MORNING, MAY YOU BE FED SPIRITUALLY DURING THIS TIME OF WORSHIP.

OUR THANKS TO TODAYS WORSHIP LEADERS/ASSISTANTS

Pastor: Kristin Ostercamp Pianist: Laura Rude Organist: Marie Longo

Greeters: Jessica Jimison, Dawson Colden Ushers: Tom & Kaylynn Wold Reader: Ron Ostby Acolytes: Austin Lawrence, Paizleigh Klaven

Communion asst: Ruth Ostby, Sharon Wagner

OUR PRAYERS TO ALL GOD'S CHILDREN STANDING IN THE NEED OF PRAYER.

Those under a doctor's care, those who grieve, all who are moving through a challenging season, and especially the family and friends of Vi Grant.

WE PRAY for the 5th Grade class as they begin to prepare for First Communion which will be celebrated Maundy Thursday, March 28th.

ZION WORSHIP SERVICE ONLINE Sunday mornings you can listen to the 9:00AM service online. Go to: www.ziontrf.org. in the black banner click Listen Online, Click on the RED link to KTRF.

BROADCASTS today are sponsored by Zion memorials.

WEBSITE sponsor for March is Zion memorials.

LISTENING DEVICES & LARGE PRINT worship folders & bulletins are available from an usher.

WEDNESDAY LENT WORSHIP Supper will be served at 5:30 followed by 6:30 worship.

ATTENTION: Again, during the Lenten season we will be collecting items for the Personal Care Kits. Items needed for the kits are: bath towels (may be used, but clean and in good condition), nail clippers, adult-size toothbrushes, sturdy combs, and two bath-size bars of soap. A container will be available for you to deposit your items. Also, we use flannel sheets to make diapers for the Baby Care Kits. Any used sheets you no longer use are greatly appreciated. Hand towels are also needed for these kits.

The confirmands assist with assembling these kits and then the kits are sent to Lutheran World Relief in early May along with the quilts the ladies are making. For more info, call Sharon Wagner at 681-2473 or Sharon Jorde at 681-4739. Thank you for your donations!

EASTER FLOWERS such as tulips, azaleas and daffodils may be dropped off at the church between Palm Sunday and Easter Sunday. Due to concerns with allergic reactions, Lilies may be delivered to the church the Saturday before Easter or Easter Sunday morning. Lilies must be removed immediately following worship. If you wish to honor or remember a loved one with your floral gift, please contact the church office by Tuesday, March 26 to be included in the bulletin.

NEW MEMBER SUNDAY is May 7th. If you are considering becoming a member, please contact the church office or Pastor Kristin.

THANK YOU FOR SUPPORTING OUR WORK AND WITNESS!

March 4-10: \$3,978. March 1-17: \$9,845. Weekly Goal: \$6,523.

VANCO ELECTRONIC GIVING –Sign up available on Zion's website or contact the church office.

OR code to giving page:

ing page:

Direct Thrivent Choice Dollars[®] Eligible Thrivent Financial members: Show your appreciation for Zion Lutheran Church by directing Choice Dollars.

The individual recommendations you make through Choice Dollars directions can make a profound impact. *Thank you to all who have directed dollars!*

PARISH NURSE NOTES— FALLS HAPPEN, NO MATTER your age. But the truth is, the higher your age, the more susceptible you are to falling. The Center for Disease Control and Prevention has pegged falling the leading cause of injury and death among adults age 65 and older. One is 3 adults age 60 and older suffer from severe muscle loss called sarcopenia. This drastically affects the strength of the legs, hips and core, all which are critical to mobility and maintaining independence. Since the muscles of the body act as a sort of protection for the bones, if you fall because of inadequate muscle mass, you may be more likely to suffer a bone break. Common health conditions such as heart disease and diabetes can also impact your risk of falling by contributing to nerve damage in the legs and feet. When your legs and feet go numb, staying upright is next to impossible.

As you well know, a diet rich in Vitamin D, calcium and protein and certain exercises can strengthen muscles to boost fall prevention. That is easier said than done. But....there's strong evidence that having your home assessed and improved for fall safely by an occupational therapist or other specialist can be an effective part of reducing fall risk.

Often there are hazards in your home that can easily trip you up that you may have not thought about. At home, some of the many possible situations that could trigger a fall include clutter in high-traffic areas, unsecured throw rugs, slippery areas on steps or in the bathroom or kitchen, poorly lit areas, stairs without proper railings, and frequent needed items stored in hard to reach areas.

Pets can increase fall risk by getting into walking pathways, or by causing you to bend down to pick up waste or put on a leash. Climbing on ladders and step stools when you are having balance difficulties also can lead to falls.

A Home Health visit or an occupational therapist can suggest devices to help prevent falls. In the bathroom, that might include a grab bars, raised toilet seats, and a sturdy seat for the shower and tub. Take a look around and see if you can improve your safety! **BE SAFE!** - God's Blessing and Peace. Parish Health

Pastor Kristin Ostercamp, pastorkristin@mncable.net
Linda Hamrick, Office Manager ziontrf@mncable.net
Darlene Wiseth, Faith Community Nurse zionph@mncable.net

Office Phone: 681-3296 Fax: 681-3048 David Lee / Tiffany Sterry, Custodial

SCHEDULE FOR THE WEEK:

Today: Sunday, March 17: Pathways Camp Day

9:00 Zion HC worship/ Kids Sing

Broadcast ch. 3; KTRF

10 Sunday School/Cornerstone

10 Food & Fellowship

11 Silver Creek HC Worship

12 GV broadcast ch. 37

4:00 Hotdish Cookoff in fellowship hall

Monday, March 18:

9 SAIL exercise

Tuesday, March 19:

9-12 Faith Community Nurse hours

5:30 Zion Council

Wednesday, March 20:

Newsletter Deadline

5:30 Lenten supper

6:30 Worship

7:15 Senior Choir

Thursday, March 21:

9 SAIL exercise

1 Quilting/ LWR workshop

2-4:30 LSS Respite Care

Friday, March 22:

8 Men's Breakfast at Biff's

Next Sunday, March 24: Palm Sunday

9:00 Zion HC worship

Broadcast ch. 3; KTRF

10 Sunday School/ Cornerstone

10 Coffee Fellowship

11 Silver Creek Worship

12 GV broadcast ch. 37

Holy Week Schedule

Maundy Thursday, Mar 28

6:30 First Communion Worship

Good Friday, Mar 29

Noon-Prayer Vigil

6:30Worship

Easter Sunday, Mar 31

7 am Sunrise Worship

7:45 Easter Breakfast

9 am Zion Easter Worship

11 am Silver Creek Easter Worship



Sunday School— age 3 thru Grade 5 from 10-11 AM

Cornerstone Kids—Grade 6 & 7 meet from 10-11 in the youth room.

- Sunday School & Cornerstone Sing in church March 17th
- Pathways Camp Sunday is March 17th
- Noisy Offering taken March 10th will go to the Humane Society

First Communion

First Communion for 5th Grade students will take place at the Maundy Thursday worship, Marr. 28 at 6:30 PM



Thank you to our families for providing treats for coffee following worship each Sunday. Please bring 2 dozen baked goods on or before Sunday,

March 24: Mark & Jenny Johnson, Matt & Chantilly Opdahl, Matt & Kasey Olson, Max & Vanessa Thompson

April 7: Megan Klamar, Mike & Jodi Flaagan, Nick & Ashley Beito



FOOD & FELLOWSHIP - Join us for breakfast served after worship on Sunday, March 17. Free-will donation goes to youth programming.

Breakfast will be served by 10th Grade students.

Confirmation Classes— Resume after Lent/Easter



Lent Clean-Up Schedule

March 20: Grade 9

HOTDISH COOKOFF

March 17th at 4PM

Sign up by March 13th. Sheet on youth office door. \$5 to sample hotdishes. Tickets can be purchased to vote. Proceeds go toward updating the youth room.

