

Zion Lutheran Church
Thief River Falls, MN

New Traditions Worship
12th Sunday After Pentecost

9:00 AM Worship
August 11, 2024



ANNOUNCEMENTS

INVOCATION

GATHERING SONG "Shout to the North"

GREETING

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all. *(2 Corinthians 13:13)*

And also with you.

You are the treasured people of the LORD,

a people holy to the LORD our God.

Keep the words of the LORD in your heart; teach them to your children.

Talk about them when you are at home and when you are away, when you lie down and when you rise.

One does not live by bread alone,

but by every word that comes from the mouth of the LORD.

(Deuteronomy 26, 11, 8)

PRAYER OF THE DAY

The Lord be with you.

And also with you.

Let us pray.

Gracious God, your blessed Son came down from heaven to be the true bread that gives life to the world. Give us this bread always, that he may live in us and we in him, and that, strengthened by this food, we may live as his body in the world, through Jesus Christ, our Savior and Lord.

Amen.

SCRIPTURE SONG "Word of God, Come Down on Earth" #510 v. 1&3

Word of God, come down on earth, living rain from heav'n descending;

touch our hearts and bring to birth faith and hope and love unending.

Word almighty, we revere you; Word made flesh, we long to hear you.

Word that speaks God's tender love, one with God beyond all telling,

Word that sends us from above God the Spirit, with us dwelling,

Word of truth, to all truth lead us; Word of life, with one bread feed us.

FIRST READING: 1 Kings 19:4-8

First Kings chapter 18 describes the contest between Elijah and the prophets of Baal. The contest proves that the LORD is God, and afterward Elijah orders the killing of the Baal prophets. Angered by the deaths of her prophets, Queen Jezebel threatens to kill Elijah. This reading finds Elijah fleeing, fatigued, and in utter despair.

⁴[Elijah] went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O LORD, take away my life, for I am no better than my ancestors."⁵ Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat."⁶ He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again.⁷ The angel of the LORD came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you."⁸ He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God. Word of God, word of life...**Thanks be to God.**

PSALM: Psalm 34:1-8

¹I will bless the LORD ¹ at all times;
the praise of God shall ever be ¹ in my mouth.

²**I will glory ¹ in the LORD;**
let the lowly hear ¹ and rejoice.

³Proclaim with me the greatness ¹ of the LORD;
let us exalt God's ¹ name together.

⁴**I sought the LORD, who ¹ answered me**
and delivered me from ¹ all my terrors.

⁵Look upon the LORD ¹ and be radiant,
and let not your faces ¹ be ashamed.

⁶**I called in my affliction, and ¹ the LORD heard me**
and saved me from ¹ all my troubles.

⁷The angel of the LORD encamps around those who ¹ fear the LORD
and de- ¹ livers them.

⁸**Taste and see that the ¹ LORD is good;**
happy are they who take refuge in God!

SECOND READING: Ephesians 4:25—5:2

Christians are called to be imitators of God. This does not mean Christians are perfect. Rather, the Spirit is at work in our lives so that our actions and attitudes genuinely reflect the love and forgiveness we have received through Christ and his death.

²⁵So then, putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. ²⁶Be angry but do not sin; do not let the sun go down on your anger, ²⁷and do not make room for the devil. ²⁸Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. ²⁹Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. ³⁰And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. ³¹Put away from you all bitterness and wrath and anger

and wrangling and slander, together with all malice,³² and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you.^{5:1} Therefore be imitators of God, as beloved children,² and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God. Word of God, word of life... **Thanks be to God.**

GOSPEL ACCLAMATION “Word of God, Come Down on Earth” #510, v2
Word eternal, throned on high, Word that brought to life creation,
Word that came from heav'n to die, crucified for our salvation,
saving Word, the world restoring, speak to us, your love outpouring.

GOSPEL: John 6:35, 41-51

After feeding more than five thousand people in the wilderness, Jesus teaches them regarding the true significance of this remarkable sign.

³⁵Jesus said to [the crowd,] “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.⁴¹ Then the Jews began to complain about him because he said, “I am the bread that came down from heaven.”⁴² They were saying, “Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, ‘I have come down from heaven?’”⁴³ Jesus answered them, “Do not complain among yourselves.⁴⁴ No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day.⁴⁵ It is written in the prophets, ‘And they shall all be taught by God.’ Everyone who has heard and learned from the Father comes to me.⁴⁶ Not that anyone has seen the Father except the one who is from God; he has seen the Father.⁴⁷ Very truly, I tell you, whoever believes has eternal life.⁴⁸ I am the bread of life.⁴⁹ Your ancestors ate the manna in the wilderness, and they died.⁵⁰ This is the bread that comes down from heaven, so that one may eat of it and not die.⁵¹ I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh.”

Sermon Pastor Kristin Ostercamp

Hymn of the Day “Oceans”

RESPONSE TO THE WORD: CREED AND CONFESSION

In Christ, you have heard the word of truth, the gospel of your salvation.

We believe in him and are marked with the seal of the promised Holy Spirit.

(Ephesians 1:13-14)

Living together in trust and hope, we confess our faith.

Apostles Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord,

who was conceived by the Holy Spirit, born of the virgin Mary,

suffered under Pontius Pilate, was crucified, died, and was buried;
he descended to the dead.

On the third day he rose again; he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and the life everlasting. Amen.

Build yourselves up on your most holy faith;

pray in the Holy Spirit.

Keep yourselves in the love of God;

look forward to the mercy of our Lord Jesus Christ.

If anyone is in Christ, there is a new creation:

Everything old has passed away; behold, everything has become new!

God has given us the ministry of reconciliation.

Therefore, let us be reconciled to God and to one another.

Gracious God,

**have mercy on us. In your compassion forgive us our sins,
known and unknown, things done and left undone.**

**Uphold us by your Spirit so that we may live and serve you in newness of life,
to the honor and glory of your holy name; through Jesus Christ our Lord. Amen**

Almighty God has mercy on you,

Your sins are forgiven through our Lord Jesus Christ,

Be strengthened in all goodness,

and the power of the Holy Spirit keep you in eternal life.

Amen

PEACE

Sisters and brothers, rejoice.

Mend your ways, encourage one another, agree with one another, live in peace.

The peace of the Lord be with you always.

And also with you. Peace be with you.

OFFERING/ OFFERTORY "Create in Me a Clean Heart" ELW #186

Create in me a clean heart, O God,

and renew a right spirit within me.

Cast me not away from your presence,

and take not your Holy Spirit from me.

Restore to me the joy of your salvation,

and uphold me with your free Spirit.

God, our Creator,

you open wide your hand and satisfy the desire of every living creature. With these gifts we bless you for your tender nurture and care. Help us to delight in your will and walk in your ways, through Jesus Christ our Lord. Amen

THE PRAYERS

Response: Merciful God, receive our prayer.

Words of Institution

Lord's Prayer

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

Holy Communion

BLESSING

May the God and Father of our Lord Jesus Christ fill you with every spiritual blessing.

Amen

May the God of faithfulness and encouragement grant you to live in harmony with one another, in accordance with Christ Jesus.

Amen

May the God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the Holy Spirit.

Amen

Sending Song "In Christ Alone"

Dismissal

Go into the world knowing Christ and making Christ known. Thanks be to God.

Post-service Music

WELCOME! ZION'S LAY MINISTRY/EVANGELISM BOARD EXTENDS A SPECIAL WELCOME TO YOU THIS MORNING. MAY YOU BE FED SPIRITUALLY DURING THIS TIME OF WORSHIP.

OUR THANKS TO TODAY'S WORSHIP LEADERS/ASSISTANTS

Pastor: Kristin Ostercamp Pianists: Laura Rude, Jenna Von Holtum Organist: Marie Longo
Greeters: Jamie Bakken Ushers: Andy & Brittany Hart
Reader: Communion asst: Patty Schob, Vivian Knutson

OUR PRAYERS TO ALL GOD'S CHILDREN STANDING IN THE NEED OF PRAYER.

Those under a doctor's care, those who grieve, all who are moving through a challenging season, especially Dan Bartsch, Diane Sundby, and Patty Dicken.

ZION WORSHIP SERVICE ONLINE Sunday mornings you can listen to the 9:00AM service online. Go to: www.ziontrf.org. in the black banner click Listen Online, Click on the RED link to KTRF.

BROADCASTS today are sponsored by Betty Amiot (Clarence) on the 70th Anniversary of their wedding. They were married August 7, 1954 at Zion by Pr Walter Pederson.

WEBSITE sponsor for August is David & Karen Kirkeby in memory of Cody Lundgren.

LISTENING DEVICES & LARGE PRINT worship folders & bulletins are available from an usher.

WEDNESDAY WORSHIP - Join us for supper at 5:30 and worship at 6:15 on Wednesdays.

SCHOOL KITS FOR MISSIONS Each year our Zion congregation assembles many school kits which are sent to mission sites around the world. Without these basic supplies, many children are unable to go to school. Now is a great time to purchase these basic items during "back-to-school" sales. A box is located in the narthex for donated items. They can include: 70-page wide-ruled spiral notebooks, pencils, ball point pens, crayons, ruler, pencil sharpener, lg. eraser.

TRF Food Shelf Mortgage Reduction - Zion Mission fund will match donations up to \$2000 to help reduce the mortgage at the Thief River Falls Food Shelf. Helping the Food Shelf reduce this debt will free more funds to share vital resources for those who face food insecurity. *Donations can be made payable to Zion Lutheran Church with TRF Food Shelf in the memo line.* Thank you for supporting this important community resource. **Donations currently \$1,357.**

THANK YOU FOR SUPPORTING OUR WORK AND WITNESS!

Aug 1-4:\$7,008. July 1-28: \$20,747. YTD: \$188,342. Weekly Goal: \$6,523.

Offering plates are available on the table at the back of the church

Direct Thrivent Choice Dollars® Eligible Thrivent Financial members: Show your appreciation for Zion Lutheran Church by directing Choice Dollars. The individual recommendations you make through Choice Dollars can make a profound impact. *Thank you to all who have directed dollars!*
YTD: \$2,033.

Scan to Give



Thank you for your generosity!

PARISH NURSE NOTES —

Whether you work from home, are a stay-at-home parent, or work outside of the house, you need a go-to list of practical summer activities for your kids to keep them busy, and learning, during the dog days of summer. Otherwise, you run the risk of them getting too much screen time, which is not good for their mental and physical health. **Save this list of activities for a fun time for the whole family!**

PICK YOUR OWN FRUITS AND VEGETABLES Find a farm with blueberries, strawberries, raspberries, veggies, or flowers and get picking.

PLAY WATER BALLOON BASEBALL Use a plastic bat, a bucket of water balloons, and old towels as bases and you are all set. Play the traditional way or create some water balloon games of your own.

GO TO A CARNIVAL OR COUNTY FAIR Not only should you enjoy the rides and entertainment, but you also should eat a sugary treat at least once a summer, like cotton candy!

ATTEND A BASEBALL GAME Minor league baseball parks are super family-friendly, and there's sometimes a fun giveaway or chance to win a prize.

BUILD A BACKYARD OBSTACLE COURSE Pretend to be America Ninja Warriors and see how quickly you can each get through the course.

BUILD A FORT Put pillows in the living room or cardboard boxes in the yard to create a hideaway of your child's dream.

MAKE A TIME CAPSULE Have everyone write something they are grateful for and add a special item in the capsule. Store it away until a designated date.

PACK A PICNIC Plop down to eat your picnic just about anywhere such as a free concert, at a playground, or in a state park.

DO SIDEWALK CHALK Decorate your sidewalks with chalk using regular sidewalk chalk or make your own using cornstarch, water, and food coloring.

GO TO A FLEA MARKET OR GARAGE SALE Explore local communities and discover if the kids are better negotiators than you!

It all sounds like great fun! ENJOY!!

God's Blessing and Peace....Parish Health

THE GROCERIES TO GO & HANDYMAN PROGRAMS are available through our church. If you need this service or would like to be a volunteer for grocery delivery, call the church office at 218-681-3296 and Darlene will get back to you.

AFTERNOON OUT - LSS Group Respite is a great place to bring your loved one to enjoy playing cards, bingo and reminiscing to their favorite music. Volunteers are also needed to socialize over coffee and interactive videos during Group Respite. Please contact Debi Retzlaff at 218.593.1333 or email at debi.retzlaff@lssmn.org for more information. Thursdays, 2:00 to 4:30 PM in the Lounge.

VOLUNTEERS NEEDED for LSS Caregiver Respite & Support Program. Training provided for In-Home and Group Respite. 4 hour increments. Volunteers will Socialize, Reminice, play cards, misc. crafts, baking, reading, go for walks, music. For more information call Deb Retzlaff at 218-620-1295 or Debi.retzlaff@lssmn.org. 2 people are needed for the Respite program at Zion.

Pastor Kristin Ostercamp, pastorkristin@mncable.net

Office Phone: 681-3296 Fax: 681-3048

Linda Hamrick, Office Manager ziontrf@mncable.net

Darlene Wiseth, Faith Community Nurse zionph@mncable.net

David Lee / Tiffany Sterry, Custodial

SCHEDULE FOR THE WEEK:

Today: Sunday, August 11:

9:00 Zion HC worship/Broadcast ch. 3; KTRF
10 Coffee Fellowship
10 September Sharing Servants meeting
10:30 Silver Creek Worship
12 GV broadcast ch. 37



Monday, August 12:

9 SAIL exercise
5:30 Worship Board

Tuesday, August 13:

9-12 Faith Community Nurse hours
5:30 Parish Education Board

Wednesday, August 14:

5:30 Supper
6:15 Worship

Thursday, August 15:

9 SAIL exercise
2:30 LSS Respite Care

Friday, August 16:

Church offices closed
Wedding Rehearsal

Saturday, August 17:

2:30 Wedding

Next Sunday, August 18:

9:00 Zion HC worship/Broadcast ch. 3; KTRF
10 Coffee Fellowship
10:30 Silver Creek HC Worship
12 GV broadcast ch. 37

**Wednesday Worship
Meal at 5:30, Worship at 6:15
August 14, 21**

GOSPEL MESSAGE

August 11, 2024

LECTIONARY 19

Jesus, Living Bread

What is meant by “living bread”?

When the Israelites were wandering in the desert, God gave them manna from heaven to sustain them on their way. They had to collect this manna every day and could not harvest more than one day’s portion, except to prepare for the sabbath, because if they did, the manna would go bad. That is the fate of everything that is not living: cars rust, food molds, even still water stagnates. But to be living is to find renewal over and over and over again. One of the defining characteristics of life is the ability to be renewed.

By proclaiming “I am the living bread,” Jesus reminds us this week that he is the embodiment of God’s sustaining presence. Through Jesus’ life, death, and resurrection we are brought into a covenantal relationship with God that has been established for all time. In the sacrament of communion we are brought to Christ’s table to be renewed again and again and again.

God’s renewal also comes to us throughout our daily lives. God’s redeeming love for us is often most present at the edge of our sin and brokenness, where we are most in need of healing and redemption. God’s redeeming love is present every time we find reconciliation with a loved one or forgive one another. Anywhere we experience healing and wholeness in our daily lives, God’s renewal is present, and we are reminded of the renewal we receive through the sacrament of the altar. Thanks be to God for providing us with the living bread that is Jesus, through whom we find renewal and peace.

From sundaysandseasons.com.

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